# What to know during COVID-19



#### **Testing for COVID-19**

Getting tested for COVID-19, and getting next steps if you test positive can save lives. It can protect your health and the health of your family, friends, neighbors, and many others.

Be sure to look for information from your church, community health center, hospital systems, or other organizations in your community about testing events in your area to get you tested routinely at no cost to you, regardless of immigration status or insurance.

Guidance from health care experts suggest you get tested regularly, even without symptoms, if you're living in some of our most populated cities and towns, especially if you live in close proximity to others.

Visit <a href="https://portal.ct.gov/Coronavirus/Priority-Populations">https://portal.ct.gov/Coronavirus/Priority-Populations</a> to find a free testing site near you.

#### **COVID-19 Contact Tracing**

If you test positive, you can expect a call from a contact tracer, and to have a detailed conversation with them about who you have been in contact with. Conversations with contact tracers can save lives, and stop the spread of COVID-19.

Calls from a contact tracer will show up on your phone as CTCOVIDTRACE, or may be from your local health department. You should know that your personal health information will be protected in this process.

Contact tracers will not ask you to call a "1-900" or "900" number, will not contact you via social media, and will not ask you for financial information.

Visit ct.gov/coronavirus for more information about COVID-19 in Connecticut

#### Access to Health Insurance



Access Health CT (AHCT) is on a mission to increase the number of insured residents in our state. Now more than ever is it important to protect your health and your finances.

Our team can help you shop, compare and enroll in quality healthcare plans from brand-name insurance companies. And it's the only place where you could qualify for free or low-cost coverage.

You may be able to enroll right now if you qualify for HUSKY Health (Medicaid/ Children's Health Insurance Program) OR if you experience a Qualifying Life Event that opens a Special Enrollment. These events include losing coverage due to job loss/change and losing coverage through a spouse or parent. In these challenging times, help Access Health CT spread the word that we are here to help keep Connecticut residents covered!

## Census 2020



The Census is more than a head count. Census data is used to determine how much money Connecticut receives in federal funding allocations to support critical services like schools, hospitals, transportation projects, and so much more.

Without a full count, your school's lunch and special education programs could get cut. Your fire department could buckle in the face of disaster. And you could see rollbacks in the vital healthcare services that the most vulnerable among us depend on.

Respond now online at <u>2020Census.gov</u> or by phone at 844-330-2020 (English) or 844-468-2020 (Español).

### If you need support

**2-1-1**Get Connected. Get Help.™

If you need access to any resources including food, housing, or childcare, please dial 2-1-1, or visit <a href="https://www.211ct.org">www.211ct.org</a>.

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