

STATE OF CONNECTICUT

DEPARTMENT OF PUBLIC HEALTH

Deidre S. Gifford, MD, MPH
Acting Commissioner



Ned Lamont
Governor
Susan Bysiewicz
Lt. Governor

CONNECTICUT TRAVEL ADVISORY

This travel advisory supersedes the Connecticut Travel Advisories issued by the Commissioner of Public Health (Commissioner) on July 2 and July 23, 2020.

Pursuant to Governor Ned Lamont's [Executive Order 7III](#), I am hereby issuing a travel advisory, effective at 12:01 a.m. on August 20, 2020, which shall be communicated widely at all major points of entry into Connecticut, including on highway message boards and in all Connecticut airports, that:

1. Self-Quarantine and Travel Health Form Requirements:

- A. Affected State.** An Affected State is a state with (1) a positive test rate higher than 10 per 100,000 residents, or (2) higher than a 10% test positivity rate over a seven (7) day rolling average. The list of Affected States is fluid and is updated weekly on Tuesday on the [Connecticut Travel Advisory webpage](#) of Connecticut's COVID-19 Response website.
- B. Affected Traveler.** An Affected Traveler is someone who has spent twenty-four (24) hours or longer in an Affected State within fourteen (14) days prior to arriving in Connecticut but does not include an individual remaining in Connecticut for less than twenty-four (24) hours. The term "Affected Traveler" includes Connecticut residents who are returning from a visit to an Affected State.
- C. Mandatory Self-Quarantine Requirement.** All Affected Travelers shall self-quarantine for a period of fourteen (14) days from the time of last contact with such Affected State, for any portion of such fourteen (14) day period they spend in Connecticut, or for the duration of such Affected Travelers' stay in Connecticut, whichever is shorter. Affected Travelers shall self-quarantine at their home, or a hotel or other temporary lodging. If a person's last contact with an Affected State is more than fourteen (14) days prior to such person's arrival in Connecticut, such person is not required to self-quarantine upon arrival to Connecticut. For purposes of this travel advisory, an Affected Traveler who is under self-quarantine may leave his or her designated self-quarantine location for medical visits, to obtain medication or to shop for groceries.
- D. Mandatory Travel Health Form Requirement.** All Affected Travelers shall complete a Travel Health Form and provide such completed form **prior to or immediately upon arrival in Connecticut** to the Department of Public Health online at ct.gov/travelform or to any person or drop location designated and authorized by the Commissioner. The Travel Health Form requires an Affected Traveler to disclose



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his or her name, the last Affected State in which such Affected Traveler has spent twenty-four (24) hours or longer, last date of stay in such Affected State, date of arrival in Connecticut, address of designated self-quarantine location in Connecticut, length of stay, address in home state, cell phone number, contact phone number while in Connecticut, method of travel into Connecticut, and information regarding accompanying minors. Such Travel Health Form shall be modified by the Commissioner as may be necessary.

E. Civil Penalties.

- (i) An Affected Traveler who fails or willfully refuses to self-quarantine shall be subject to a civil penalty of **one thousand dollars (\$1,000.00)**.
- (ii) An Affected Traveler who fails or willfully refuses to complete the mandatory Traveler Health Form truthfully and accurately shall be subject to a civil penalty of **one thousand dollars (\$1,000.00)**.
- (iii) Any person assessed with a notice of civil penalty may, within five (5) business days of the date of the notice of civil penalty, request a hearing before the Commissioner.

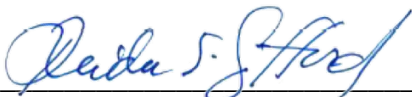
2. Exemptions from the Mandatory Self-Quarantine Requirement:

- A. Testing Alternative.** An Affected Traveler who is unable to self-quarantine for the required fourteen (14) day period shall be exempt from the self-quarantine requirement strictly for the limited purpose of attending to the circumstance that renders him or her unable to self-quarantine. Any such Affected Traveler shall self-quarantine for any portion of the fourteen (14) day self-quarantine period that he or she is not attending to the circumstance for which he or she is unable to self-quarantine. For purposes of this subparagraph, “unable to self-quarantine” means the following circumstances: travel to Connecticut to drop-off a child at school, to attend to a family member or a loved one whose physical or mental health or well-being is at risk, to attend to a family member or loved one’s medical procedure, or to assist with end of life care, to have an end of life visit, or to attend the funeral of a family member or loved one. In such circumstance, the Affected Traveler shall (i) have had a negative test result for COVID-19 in the seventy-two (72) hours prior to arriving in Connecticut and (ii) have provided written proof of such test result to the Commissioner via email to: DPH.COVID-Travel@ct.gov or via facsimile to: (860) 326-0529. Only results for nucleic acid COVID-19 tests, such as reverse transcriptase polymerase chain reaction (RT-PCR) tests, shall be accepted. If a test was obtained in the seventy-two (72) hours prior to travel but the result is still pending at the time of arrival in Connecticut, such Affected Traveler shall remain in self-quarantine in Connecticut until the test result is received and, if such test result is negative, the result is submitted to the Commissioner. If the test result is positive and the Affected Traveler is asymptomatic, he or she shall self-isolate for ten (10) days from the date of the test; if symptomatic, he or she should seek medical assistance. Travelers who test positive for COVID-19 prior to traveling to Connecticut should delay such travel and consult with a medical professional. An Affected Traveler who is exempt from the self-quarantine requirement pursuant to this subparagraph is required to complete the Travel Health Form in accordance with this travel advisory.
- B. Essential Workers.** Essential workers are workers who work in critical infrastructure as designated by the Cybersecurity and Infrastructure Security Agency, including students in exempt health care professions, and any state, local, and federal officials and employees.

- (i) An essential worker who is an Affected Traveler either traveling from an Affected State to Connecticut or returning to Connecticut from travel to an Affected State, is exempt from the self-quarantine requirement when such travel is related to his or her work.
- (ii) An essential worker who is an Affected Traveler returning to Connecticut after traveling to an Affected State for any of the circumstances that meet the definition of “unable to self-quarantine” under Paragraph 2A of this travel advisory, shall be exempt from the self-quarantine requirement upon satisfying the testing alternatives set forth in Paragraph 2A of this travel advisory, but strictly for the purposes of working at the job that qualifies him or her as an essential worker. Any such essential worker shall self-quarantine for any portion of the fourteen (14) day self-quarantine period that he or she is not working.
- (iii) Essential workers subject to subdivisions (i) and (ii) of this subparagraph are required to complete the Travel Health Form in accordance with this travel advisory.
- (iv) Essential workers who are Affected Travelers arriving in Connecticut following travel for a purpose other than for work or a circumstance that meets the definition of “unable to self-quarantine” in Paragraph 2A (e.g., vacation) shall self-quarantine and complete the Travel Health Form in accordance with this travel advisory.

C. Positive Test Result. If an Affected Traveler has tested positive for COVID-19 within the three (3) months prior to his or her arrival in Connecticut and has clinically recovered, or has not been symptomatic for a period of ten (10) days since symptom onset or such positive test if not symptomatic, the self-quarantine requirement will not apply, provided the Affected Traveler has submitted, prior to or immediately upon arrival in Connecticut, written proof of such test result to the Commissioner via email to: DPH.COVID-Travel@ct.gov or via facsimile to: (860) 326-0529. Only results for nucleic acid COVID-19 tests, such as reverse transcriptase polymerase chain reaction (RT-PCR) tests, shall be accepted. Such Affected Traveler who is exempted from the self-quarantine requirement pursuant to this subparagraph is required to complete the Travel Health Form in accordance with this travel advisory. An Affected Traveler who has had a positive test result for COVID-19 more than three (3) months prior to arriving in Connecticut shall self-quarantine and complete the Travel Health Form in accordance with this travel advisory.

Issued on this 19th day of August 2020.



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