CONNECTICUT TRAVEL ADVISORY

This travel advisory supersedes the Connecticut Travel Advisory issued by the Commissioner of Public Health (Commissioner) on July 2, 2020.

Pursuant to Governor Ned Lamont’s Executive Order 7III, I am hereby issuing a travel advisory, effective at 12:01 a.m. on July 24, 2020, which shall be communicated widely at all major points of entry into Connecticut, including on highway message boards and in all Connecticut airports, that:

1. Self-Quarantine and Travel Health Form Requirements:

A. Affected State. An Affected State is a state that has either (1) a new daily COVID-19 positive test rate higher than 10 per 100,000 residents over a 7-day rolling average or (2) a 10% or higher test positivity rate over a 7-day rolling average. As of July 21, 2020, the current Affected States are: Alaska, Alabama, Arkansas, Arizona, California, Delaware, Florida, Georgia, Iowa, Idaho, Indiana, Kansas, Louisiana, Maryland, Missouri, Mississippi, Montana, North Carolina, North Dakota, Nebraska, New Mexico, Nevada, Ohio, Oklahoma, South Carolina, Tennessee, Texas, Utah, Virginia, Washington, and Wisconsin. This list of states is fluid and will be updated weekly on the Connecticut Travel Advisory webpage of Connecticut’s COVID-19 Response website.

B. Affected Traveler. An Affected Traveler is someone who has spent twenty-four (24) hours or longer in an Affected State within fourteen (14) days prior to arriving in Connecticut but does not include an individual remaining in Connecticut for less than twenty-four (24) hours. The term “Affected Traveler” includes Connecticut residents who are returning from a visit to an Affected State.

C. Mandatory Self-Quarantine Requirement. All Affected Travelers shall self-quarantine for a period of fourteen (14) days from the time of last contact with such Affected State, for any portion of such fourteen (14) day period they spend in Connecticut, or for the duration of such Affected Travelers’ stay in Connecticut, whichever is shorter. Affected Travelers shall self-quarantine at their home, or a hotel or other temporary lodging. If a person’s last contact with an Affected State is more than fourteen (14) days prior to such person’s arrival in Connecticut, such person is not required to self-quarantine upon arrival to Connecticut.

D. Mandatory Travel Health Form Requirement. All Affected Travelers shall complete a Travel Health Form and provide such completed form to the Department of Public Health online at ct.gov/travelform.
or to any person or drop location designated and authorized by the Commissioner before or immediately upon arrival in Connecticut. The Travel Health Form requires an Affected Traveler to disclose his or her name, the last Affected State in which such Affected Traveler has spent twenty-four (24) hours or longer, last date of stay in such Affected State, date of arrival in Connecticut, address of designated self-quarantine location in Connecticut, length of stay, address in home state, cell phone number, contact phone number while in Connecticut, method of travel into Connecticut, and information regarding accompanying minors. Such Travel Health Form shall be modified by the Commissioner as may be necessary.

E. Civil Penalties.

(i) An Affected Traveler who willfully refuses or fails to self-quarantine shall be subject to a civil penalty of one thousand dollars ($1,000.00).

(ii) An Affected Traveler who willfully refuses or fails to complete the mandatory Traveler Health Form truthfully and accurately shall be subject to a civil penalty of one thousand dollars ($1,000.00).

(iii) Any person assessed with a notice of civil penalty may, within five (5) business days of the date of the notice of civil penalty, request a hearing before the Commissioner.

2. Exemptions from the Mandatory Self-Quarantine Requirement:

A. Testing Alternative. If an Affected Traveler is unable to self-quarantine for the required fourteen (14) day period, the self-quarantine requirement will not apply provided that the Affected Traveler has (i) had a negative test result for COVID-19 in the seventy-two (72) hours prior to arriving in Connecticut and (ii) provided written proof of such test result to the Commissioner via email to: DPH.COVID-Travel@ct.gov or via facsimile to: (860) 326-0529. If a test was obtained in the seventy-two (72) hours prior to travel but the result is still pending at the time of arrival in Connecticut, such Affected Traveler shall remain in self-quarantine in Connecticut until the test result is received and, if such test result is negative, the result is submitted to the Commissioner. If the test result is positive and the Affected Traveler is asymptomatic, he or she shall self-isolate for ten (10) days from the date of the test; if symptomatic, he or she should seek medical assistance. Travelers who test positive for COVID-19 prior to traveling to Connecticut should delay such travel and consult with a medical professional.

B. Essential Workers. Workers traveling from Affected States to Connecticut who work in critical infrastructure as designated by the Cybersecurity and Infrastructure Security Agency, including students in exempt health care professions, are exempted from the self-quarantine requirement when such travel is related to their work in Connecticut. This includes any state, local, and federal officials and employees traveling in their official capacities on government business. If such worker was in an Affected State for a reason other than Connecticut-related work (e.g., vacation), such worker shall self-quarantine and complete the Travel Health Form in accordance with this travel advisory.

Issued on this 23rd day of July 2020.

Deidre S. Gifford, MD, MPH
Acting Commissioner