



**State of Connecticut
Department of Emergency Services & Public Protection
Commission on Fire Prevention and Control**

- 1. Recruit Firefighter Program Preparation**
- 2. CT Fire Academy Summer Recruit Orientation**
- 3. VFIS Ruffling Baseball Tickets to Help Firefighters Memorial**
- 4. Wanted - Used 2-1/2" Hose with BRASS Couplings**
- 5. For Sale 5 Year Old Scott/Luxfer 4500 PSI. 30 Min Carbon Fiber Bottles**
- 6. Firefighter 1 – HazMat Ops and Firefighter 2 Classes**
- 7. There's No Safe Way to Use Consumer Fireworks!**

1. Recruit Firefighter Program Preparation

As a way to better serve the state fire service, the Connecticut Firefighter Health and Safety Consortium has formalized our recommendations for preparation for the Recruit Firefighter Program. Historically over the past 5 years, using field-level fitness testing, greater than 40% of incoming recruits have been determined to be obese and otherwise deconditioned for their start as Recruits.

All future recruit classes will require this greater preparation for the rigors of training in order to address the obvious inherent physical risks of not being adequately prepared for both training and the beginning of a tremendously demanding profession.

These current modest but bold steps will address the obvious physical risks of poor conditioning, and ensure that each sponsoring fire department gets the most benefit from their respective investment in our Recruit Firefighter Program.

2. CT Fire Academy Summer Recruit Orientation

The Connecticut Fire Academy Recruit Firefighter Program is a 14 week resident course that focuses on developing the knowledge, skills, and abilities needed for the newly hired career firefighter, or for the volunteer firefighter to perform entry-level tasks under direct supervision. The Academy is offering two orientation sessions to anyone interested in learning about the Recruit Program and its comprehensive classroom instruction and training in firefighting techniques and equipment use. The orientation offers insights into what to expect, and how to prepare for this intensive training opportunity.

The 2016 Summer Recruit Orientation dates are:

- ❖ **Wednesday: July 13, 2016 from 6:00 p.m. – 8:00 p.m. Course Number 17042**
- ❖ **Thursday: July 14, 2016 from 10:00 a.m. – 12:00 a.m. Course Number 17043**

Registration Required: Use the Standard CFA Application – Write “No Fee”

Recruit Class 58 will be held from August 29, 2016 to December 09, 2016.

Recruit Class 59 will be held from February 14, 2017 to May 24, 2017.

The next Orientation will be held during December of 2016.

For any questions, please contact: cfprecruit@ct.gov or 860-264-9243

3. VFIS Ruffling Baseball Tickets to Help Firefighters Memorial

CT Firefighters, and Baseball fans, it's that time of year again....

VFIS of Southern New England has a set of 4 – New York Yankee Baseball Tickets it is currently raffling off to the highest bidder – *All money raised will be donated to the “Connecticut Firefighters Memorial”*. Last year VFIS donated \$300 to the Memorial fund.

*Help us beat the \$300 donation made last year.... Current “high” bid is... \$300.00
Deadline is Monday morning, July 11th*

New York Yankees vs Boston Red Sox

Sunday, July 17 – 8:05 pm

Section: 312

Row: 2

To enter a bid, please contact Jeff Rudzavice by e-mail (jeffr@gowrie.com) or by telephone (860-274-7601)

4. Wanted - Used 2-1/2" Hose with BRASS Couplings

The CT Firemen's Historical Society is in need of 8 lengths of 2-1/2" fire hose with BRASS couplings to place on their restored and recently displayed 1911 Seagrave pumper. Looking for a donation of the hose or may pay a reasonable price.

Please contact Museum Manager Len Luzusky - 860-338-3192.

5. For Sale 5 Year Old Scott/Luxfer 4500 PSI. 30 Min Carbobn Fiber Bottles

Simsbury Fire District has available for sale 5 year old Scott/Luxfer 4500 psi. 30 min carbon fiber bottles. These bottles were removed from service due to a department wide upgrade to the new 5500 psi snap lock system. All bottles were in full service at the time of removal from operation. If interested please contact Chief Jim Baldis at Simsbury Fire District by email: jbaldis@simsburyfd.org.

6. Firefighter 1 – HazMat Ops and Firefighter 2 Classes

Hartford County is now accepting applications for its fall Firefighter 1- Haz Mat Ops and Firefighter 2 classes which begin the end of August. Classes are held on Tuesday and Thursday evenings and some Saturdays. Go to our website at www.HCFEP.org for information, schedule of classes and application. Classes do fill up fast so please get your applications in early. For question or other information please contact us by email: hartfordcountyfireschool@gmail.com

7. There's No Safe Way to Use Consumer Fireworks!

NFPA shares eye-opening statistics and recommends revelers attend public fireworks displays put on by trained professionals

As the Fourth of July approaches, the [National Fire Protection Association](http://www.nfpa.org) (NFPA) is reminding the public that there's no safe way to use consumer fireworks. According to NFPA, coordinator of the [Alliance to Stop Consumer Fireworks](http://www.nfpa.org), U.S. fire departments responded to an annual average of 18,500 fires caused by fireworks between 2009 and 2013. These fires included 1,300 structure fires, 300 vehicle fires, 16,900 outside and other fires, and killed two people per year.

Last year, two NFL players made headlines by losing fingers in accidents involving fireworks. The two separate high-profile incidents raised awareness about the dangers of consumer fireworks.

Almost half (47 percent) of the fires reported on Independence Day in the U.S. during this period were started by fireworks, more than any other cause of fire. However, the vast majority of fireworks injuries occur without a fire starting. According to the Consumer Product Safety Commission (CPSC), more than half of fireworks injuries each year are to extremities – hand or finger (36 percent), legs (14 percent), and arms (5 percent). Most of the remaining injuries were to parts of the head (38 percent), including the eye (16 percent of total).

“Each year, thousands of people are injured from using consumer fireworks and some of those injuries are extremely serious,” said Lorraine Carli, NFPA’s vice president of Outreach and Advocacy. “Even sparklers, which are often thought of as harmless enough for children to hold, burn at 1,200 degrees Fahrenheit and can cause significant injuries.”

The [Consumer Product Safety Commission's 2014 Fireworks Annual Report](http://www.cpsc.gov) shows fireworks were involved in an estimated 10,500 injuries that were treated in hospital emergency departments across the United States in 2014. The report indicated that 67 percent of these incidents occurred from June 20-July 20, 2014. That

year, there were also 11 non-occupational fireworks-related deaths in the U.S., several of which involved people who were not using fireworks but were trapped in house fires that were caused by them.

Thirty-five percent of people injured by fireworks were under the age of 15, with children between the ages of five and nine requiring the highest level of emergency treatment. Seventy-four percent of the victims that sustained fireworks-related injuries were males, while 26 percent were females.

So how can you celebrate the holiday safely? Attend public fireworks displays put on by trained professionals.

“Knowing the harm fireworks inflict each year, particularly on young people, we urge everyone to leave fireworks to the professionals who are trained to safely put on spectacular displays. It is by far the safest way to enjoy them,” said Carli.

NFPA offers a wealth of information on [fireworks safety](#), including videos and tip sheets that demonstrate just how dangerous consumer fireworks can be.

More fireworks statistics can be found in [NFPA’s 2016 Fireworks Report](#).

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