The Links Between Forest and Public Health

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Our Journey

- Will discuss humans as part of the ecosystem
- Will discuss our work in unhealthy forests
  - Dominated by invasive plants
  - And public health risks
- Will discuss forested vs. residential habitats
  - Wildlife and health risks
- Will discuss “next steps” in statewide project
Connecticut’s Forest

- 58% forested and stable
- 20th most heavily forested state
  - (ME 89%, ND 1.8%)
- 3.59 million people in CT (2017)
- 4th most densely populated state
- Which make us all forest dwellers
White-tailed Deer in Northeastern Forests: Understanding and Assessing Impacts

U.S. Department of Agriculture
Forest Service
Northeastern Area
State and Private Forestry
Newtown Square, PA
Japanese barberry
*(Berberis thunbergii)*

- Escaped ornamental
- Native to Japan
- Forms dense stands
- Forests, wetlands, and fields
- Displaces native vegetation
- Reduces litter layer in forests
- Alters soil pH and N
- Reduces habitat and forage.
- Common barberry
- Wheat rust
- US Dept AG

- “The Japanese barberry is harmless”
Japanese barberry
We Burned It
We Really Burned It!!!
We Cut It
We Chopped It Up
We Poisoned It
We Burned It Some More!
Tick Sampling

- For 10 years, we sampled ticks
  - 7,500 of them……..

- Intact barberry
- Managed barberry
- No barberry
Healthy Forest = 10 *Borrelia* infected ticks/acre
Unhealthy Forest = 130 *Borrelia* infected ticks/acre
40-60% reduction
Connecticut’s Forest

- In 1972, 50% of CT was forested
  - 33% of trees were small (< 5” DBH)
  - 33% of trees were medium (5 – 10”)
  - 33% of trees were large (> 10”)

- In 2015, 58% of CT was forested
  - 6% of trees were small (< 5” DBH)
  - 11% of trees were medium (5 – 10”)
  - 83% of trees were large (> 10”)

Connecticut’s Wildlife

- In the past, it was thought wildlife needed huge areas of unbroken land
  - Turkeys
  - Deer
  - Fisher
  - Bobcat
- Do not need vast acreage, but respond to quality habitat
A Thought Crossed Our Minds

- Let’s see the diversity and abundance of wildlife in residential Connecticut as compared to large, wooded areas

- And look at ticks and associated pathogen prevalence as well
Backyard Photo
Backyard Photo
Woodland Photo
Woodland Photo
Woodland Photo
Backyard Photo
Differences between Landscapes

- Shows greater diversity and abundance of hosts in residential settings as compared with woodlands.
Ticks/mouse Between Landscapes

- Suggests a lack of host diversity/availability in woodlands
*Borrelia* antibodies in captured mouse blood

- Suggests a lack of host diversity/availability
- Ticks prioritize bloodmeals on competent mice
- Ramps up infection
Mouse Captures Between Landscapes

- No difference in mouse abundances between residential and woodland landscapes.
In Summary

- Residential areas have better habitat diversity
- Wildlife are responding and living with people
- A diversity of wildlife spreads less disease
- Unhealthy forests harbor more infection and higher tick abundances
- Need better forest management practices
Active Tick Surveillance
Next Steps

- Currently sampling ticks at all 40 locations
- Eventually will quantify a measure of forest health at each site
  - Invasive plants
  - Tree species, age, abundance
  - Understory vegetation
- Then be able to compare forest health with tick abundance