

HOW TO PREPARE FOR A BED BUG TREATMENT

First understand that it is not your fault that you have bed bugs. Bed bugs hitchhike on clothing, etc. You may pick them up on a bus, train, airplane, or in a hotel or private residence, anywhere there is an existing infestation. While you may have brought them into your home unwittingly, the exterminator will not be successful in eliminating them without your complete cooperation. Pesticides alone will not eliminate a bed bug problem. You must follow the instructions below very carefully and perform each requirement in the stated order.

YOU WILL NEED

- Strong trash bags with ties.
- Access to a Washer & Dryer (High Heat)
- Vacuum Cleaner with disposable bags. (Strong Suction)
- Vinyl mattress and pillow covers with zippers.

Complete these steps on the extermination day, all at once, all in one day.

1. **Collect all fabric items and place in plastic bags.** Collect and remove **ALL** washable fabric items (pillows, sheets, blankets, clothing, rugs, curtains, towels) from **ALL** rooms (closets, bedrooms, living room, bathrooms, and kitchen). Place into trash bags and seal.
2. **REMOVE** all of the bags from your home.
3. **WASH & DRY on HOT, then seal them in bags.** Wash **ALL** items in **HOT** water in a washing machine. Seal and throw away the empty trash bags. Dry **ALL** items on the **highest heat setting** in a dryer. Place the clean items in **NEW, UNUSED PLASTIC BAGS AND TIE CLOSED. DO NOT BRING CLEAN BAGS OF CLEAN LAUNDRY INTO THE HOME UNTIL AFTER THE EXTERMINATION.**
4. **REMOVE ALL CLUTTER, BOXES, BAGS, ETC. VACUUM ALL SURFACES WITH A STRONG SUCTION VACUUM.** (All furniture, mattresses, floors, walls, crevices, heating units, baseboards, picture frames, etc..)
5. **DISPOSE OF THE VACUUM BAG.** Immediately place vacuum bag in trash bag, seal and throw away in a waste container outside of the building.
6. **DESTROY & THROW AWAY INFESTED ITEMS** and furniture you are willing to dispose of. Prevent re-use. When you throw furniture away, wrap it in plastic, break it apart, slash it with a scissors, and/or smear ketchup so that no one picks it up off the street, bringing insects into another house.
7. **HAVE PROFESSIONAL EXTERMINATOR TREAT THE HOME AND FURNITURE.**
8. **SEAL MATTRESSES & PILLOWS.** Completely seal mattresses/pillows in zippered vinyl coverings. **Keep sealed for one year.**
9. **RETURN CLEAN ITEMS TO YOUR HOME.**

A FOLLOW-UP INSPECTION WILL BE NECESSARY IN TWO WEEKS.