

You Have
CHOICES



For aging and long-term needs.

To reach CHOICES, call
1-800-994-9422, or call the
Area Agency on Aging that
serves your town.

CHOICES is a partnership between the CT Dept. of Aging and Disability Services State Unit on Aging, the Center for Medicare Advocacy, and the Area Agencies on Aging.

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Senior Resources Agency on Aging

19 Ohio Avenue
Norwich, CT 06360
860-887-3561
www.seniorresourcesec.org

Service area: Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Chester, Clinton, Colchester, Columbia, Coventry, Cromwell, Deep River, Durham, East Haddam, East Hampton, East Lyme, Eastford, Essex, Franklin, Griswold, Groton, Haddam, Hampton, Killingly, Killingworth, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Middlefield, Middletown, Montville, New London, North Stonington, Norwich, Old Lyme, Old Saybrook, Plainfield, Pomfret, Portland, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Westbrook, Willington, Windham, and Woodstock.

North Central Area Agency on Aging

151 New Park Ave
Hartford, CT 06106
860-724-6443
www.ncaaact.org

Service area: Andover, Avon, Berlin, Bloomfield, Bolton Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hartland, Hebron, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, and Windsor Locks.

Agency on Aging of South Central CT

117 Washington Ave, Suite 17
North Haven, CT 06473
203-785-8533
www.aoascc.org

Service area: Ansonia, Bethany, Branford, Derby, East Haven, Guilford, Hamden, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Orange, Oxford, Seymour, Shelton, Wallingford, West Haven, and Woodbridge.

Southwestern CT Agency on Aging

1000 Lafayette Boulevard, 9th Floor
Bridgeport, CT 06604
203-814-3698
www.swcaa.org

Service area: Bridgeport, Darien, Easton, Farfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, and Wilton.

Western CT Area Agency on Aging

84 Progress Lane
Waterbury, CT 06705
203-757-5449
www.wcaaa.org

Service area: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Wolcott, and Woodbury.

Questions about
Medicare?



**YOU HAVE
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What is CHOICES?

CHOICES helps Connecticut's older adults and other people with Medicare understand their Medicare coverage and healthcare options. CHOICES offers a number of free programs, as well as community outreach, and information and assistance on a wide variety of topics.

**Statewide Toll-Free Hotline:
1-800-994-9422**

YOU HAVE CHOICES

To make informed health insurance decisions.

State Health Insurance Assistance Program (SHIP)

CHOICES staff and volunteer counselors provide free, unbiased counseling on health insurance options, including:

- Traditional Medicare
- Medicare Advantage
- Medicare Part D
- Supplemental Medigap policies
- Medicaid

Counselors do not sell insurance or recommend one plan over another.

To prevent, detect and report healthcare fraud and abuse.

Senior Medicare Patrol (SMP)

SMP counselors and volunteers help Medicare beneficiaries and their families become better informed healthcare consumers. They empower consumers and help protect them from becoming victims of scams by teaching them to recognize and report healthcare fraud.

CHOICES and SMP counselors provide free and objective information by phone and in person at sites throughout the state. They also provide individual guidance for handling suspected fraud and scams.

To manage your quality of life.

Information and Assistance

CHOICES is a one-stop shop for information about aging and long-term care services, referring consumers to appropriate agencies and programs that provide services to address many problems and concerns encountered by older adults, people with disabilities, their families, and caregivers, such as:

- Adult Day Centers
- Housing Options
- Transportation
- Elder Abuse and Exploitation
- Congregate and Home Delivered Meals
- Legal Matters

CHOICES also offers counseling on options for long-term care.

To receive the benefits you are entitled to.

Eligibility Screening

Using *Benefits Check-Up*, CHOICES counselors provide information and preliminary screening for more than 20 federal and state programs that may help pay for some prescription drugs, healthcare, utilities, and other needs.

To make a difference in your community.

Volunteer Opportunities

CHOICES trains volunteers for the gratifying work of helping older adults and other Medicare beneficiaries and their families to better understand all of their options for current and long-term needs. To learn more about becoming a CHOICES volunteer, call 1-800-994-9422.

