WHO IS A PEER SUPPORT?

- Person/peer who is paid to provide their expertise.
- Person/peer who has life experiences to share.
- Person/peer who presently receives support through a waivered service.
- Person/peer who has developed a resume explaining their experiences and can support others on their life journey.
- Person/peer who is qualified to provide Peer Support.

- Be at least 21 years old.
- Possess a high school diploma, GED or Certification of Completion.

HOW DO I BECOME A PEER SUPPORT?

- Develop a resume.
- Complete the Qualified Vendor Form on DDS Website.
- Submit resume and Qualified Vendor Form to Debra Lynch, DDS Central Office.
- Application will be reviewed and you will be notified if accepted.

TIPS TO BEING A PROFESSIONAL PEER SUPPORT

- Have your own email address.
- Be professional.
- Dress for success.
- Create a resume.
- Have reliable transportation.
- Know how to track your work time.
- Remember this is short term so make the most of the time.

Resources/Contact Info:

- Self Determination Director’s Email: BethAura.Miller@ct.gov
Do you want to offer SUPPORT?

Do you want to create CHANGE?

What is “Peer Support”?
- A peer/individual who has experiences and strategies to SHARE with you.
- LEARN from others
- ASSISTS you on your “life journey”
- HIRE a peer support with your DDS funding.
- Short term SUPPORT based on life goals.

I NEED A PEER SUPPORT TO LEARN:
- How to manage and be independent at home.
- How to self-direct your own supports.
- How to find, get and maintain a job.
- How to advance in a chosen career.
- How to access and build community supports.

LOCATING A PEER SUPPORT
- Look on DDS Advocate’s Corner for contacts.
- Contact the Peer Support through email.
- Request the Peer Support’s resume.
- Interview the Peer Support and see if they have experience and skills you like.
- Do you feel comfortable with the Peer Support?
- Contact your Case Manager to assist.

Make My Life Happen
- Peer Support should ASSIST you but not tell you what to do.
- Agree to MEET and get together to talk.
- Be RESPECTFUL of each other.
- Learn from Peer Support to make the changes YOU WANT in life.