

FAB Topics by Month FY 22



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| <u>August</u> – Be Kind to Each Other | Bullying/Cyberbullying; Spiritual Connections |
| <u>September</u> – How to Live My Life | Self-Direction, Self Determination |
| | Having a Job – Employment |
| | ADA Accessibility in our Community & Home |
| | Supported Decision Making |
| <u>October</u> - Politics | Voting; Working with Your Legislature |
| | Understanding Legislation |
| <u>November</u> – Rights and Diversity | Interacting with Law Enforcement |
| | Human Rights; Understanding Diversity |
| | Being Safe with Law Enforcement |
| <u>December</u> & <u>January</u> – Maintain Good Mental Health | Positive Things to Do During the Pandemic |
| | Positive Things to Do in General to Maintain a Positive Attitude |
| | Understanding and Identifying Mental Health Challenges; Resources |
| <u>February</u> – Building Relationships | How to Make Friends/Connections |
| | Moving through Different Steps in Relationships; Virtual Relationships |
| | Understanding All of Our Abilities |
| | PRIDE – LGBTQIA+ |
| | Parenting as a Person with Various Abilities |
| | Sexual Abuse and Prevention |
| | Family Relationships & Understanding Advocacy |
| | Women’s Health Issues |
| | Sexual Diseases |
| <u>March</u> – Disability History – Building Self Advocacy | |
| <u>April</u> – Home Life | Housing/Community Connections; 211 |
| | Resources; Being as Independent as Possible |
| | Responsible Pet Ownership |
| | Assistive Technology |
| <u>May</u> - Aging | Telehealth; Elder Abuse |
| | Supporting Our Parents as They Age |
| <u>June</u> – Budgeting | Money Management |
| | Identity Theft – ABLE Accounts |
| <u>July</u> – Building Relationships | How to Make Friends/Connections |
| | Moving through Different Steps in Relationships |
| | Virtual Relationships |
| | Understanding All of Our Abilities |
| | PRIDE – LGBTQAI+ |
| | Parenting as a Person with Various Abilities |