

Series 1 - 2023 Virtual Healthy Relationship Series



***15 participants maximum registered for each class. Classes are from 4 – 5:30 p.m.**

In these classes, you will learn about yourself and how to have healthy relationships with others! Topics include basics about your body, pregnancy, birth control, sexually transmitted infections, and how to protect yourself.

We will also talk about different types of relationships and how to have healthy relationships by learning about and practicing communication skills and consent.

10/19: Gender and Identity

10/24: Consent and Communication

10/26: Types of Relationships

10/31: Dating and Romantic Relationships

11/2: Online Dating

11/7: Healthy Relationships

11/9: Break ups and Disagreements

11/14: Abusive Relationships and Getting Help

11/16: Anatomy: Public and Private Places, Activities, and Body Parts

11/21: Pregnancy and Birth Control Methods

11/28: Sexually Transmitted Infections

Makeup days: December 5, 7, and 12

Please complete the Referral Form to register:

https://forms.office.com/Pages/ResponsePage.aspx?id=-nyLEd2juUiwJjH_abtzi9fvBM7dHt5KmIRHuDwEa11UQIJLTVJBWkw1V1IJSzRYSVFUMkVBMFRNRy4u

For questions or concerns, contact Kim at Kimberley.Butts@ct.gov, or by cell, 860-942-6948