

# Virtual - Real Life/Real Talk for Parents & Caregivers

## 2023 Healthy Relationships Series

### Communicating with your Family Members and People you Work with about Relationships and Sexuality



**DDS**

 **Planned Parenthood®**

Adults with intellectual and developmental disabilities want and deserve close and satisfying relationships. As the trusted person in their lives, you are the best person to support your family member through the ups and downs of love and relationships.

This workshop is open to all parents, siblings, family caring for their adult family member with disabilities. This workshop will focus on what and how to talk about intimate relationships and learn new ways to support their family members to have healthy and fulfilling relationships.

### Parent & Caregiver Virtual Session Dates:

**October 18, 2023, 5-7- p.m.**

**November 1, 2023, 5-7 p.m.**

**Click to register:**

<https://ppone-org.zoom.us/meeting/register/tZcof-utqTgsE91D63aDjmVfhWYZhcWCQCUD>

For questions or concerns, contact Kim at [Kimberley.Butts@ct.gov](mailto:Kimberley.Butts@ct.gov), or by cell, 860-942-6948