

## **Scope of Practice Request: Allow Estheticians to Perform Dermaplaning Treatments**

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1. To allow Licensed Estheticians in the State of CT to perform Dermaplaning services provided they have completed a certification course for the treatment.
2. I do not believe public health and safety benefits will negatively be impacted by allowing a licensed Esthetician who's undergone the necessary training and certification for this treatment to perform this type of manual exfoliation. By allowing Estheticians who have undergone the necessary licensure and certification process, it will ensure that individuals are receiving the service from a knowledgeable and trained expert.
3. I do not believe there are any negative impacts of this request on public access to health care.
4. Per current CT state guidelines, esthetic services are skin care treatments, including, but not limited to, cleansing, toning, stimulating, and exfoliating (including chemical peels of 30% with a pH of 3 or more) on the face, neck, hands and also includes performing any similar procedure on the human body. Esthetic procedures employ cosmetic preparations via hands, devices, apparatus, or appliances to enhance or improve the appearance of the skin. This includes esthetician grade equipment and electrical or mechanical devices which include but are not limited to: LEDs (Light Emitting Diodes), Ultrasonic/Ultrasound, High Frequency, Radio Frequency, Microcurrent, Galvanic, and Diamond or Crystal Microdermabrasion. Further, the esthetic services also include: makeup application, tinting and beautifying lashes and brows, including strip lashes, removal of unwanted hair on the face and body using manual and mechanical means; excludes the use of prescriptive laser devices, the performance of a cosmetic medical procedure, as defined in section 19a-903c of the general statutes or any practice, activity or treatment that constitutes the practice of medicine and covered under another State Statute before June 2019 passage of Bill 7424.
5. Since October 2014, dermaplaning has been categorized as a "cosmetic medical procedure" and is not allowed to be performed by Estheticians in CT. Dermaplaning is a form of MANUAL exfoliation with the use of a tool to scrape the outermost layer of skin, the stratum corneum. The "tool" or blade being used for the treatment has been specifically modified for this treatment and is different from a scalpel blade used by medical professionals. This special tool when used properly, should be used at a 45-degree angle to gently exfoliate the skin by scraping dead skin cells. It is not intended to puncture or pierce the skin, but all movement is based on removing dead skin cells only from the outermost layer or stratum corneum. I believe by allowing a licensed Esthetician who has undergone the necessary amount of training to achieve his/her licensure status to perform this service will improve the state's current regulatory oversight of the profession.
6. I propose that Licensed Estheticians should be allowed to perform dermaplaning services IF they have completed a continuing education course or advanced education with certification showing completion of the course to ensure services are being performed correctly and safely for the public.
7. Per CT state guidelines, as of June 2020, all skin care services must be performed by a licensed Esthetician and is limited to items described above in point #4, which does not include dermaplaning.

8. I do not believe this request will negatively impact existing relationships within the health care delivery system but improve them. By allowing a change in scope of practice and allowing Licensed Estheticians who have undergone the necessary certification process, this will ensure proper implementation of this service along with other medical professionals.

9. There is no way to anticipate the economic impact of the request on the health care delivery system, but the hope is for a positive impact as more licensed professionals are allowed to perform the service and generate more revenue for the State.

10. Other states allow estheticians a much more extensive scope of practice, with proper training which are not allowed in CT such as dermaplaning, micro-needling, and laser

**AZ:** *Aesthetics" means any one or a combination of the following practices if they are performed for cosmetic purposes: massaging, cleansing, stimulating, manipulating, exercising, beautifying or applying oils, creams, antiseptics, clays, lotions or other preparations, either by hand or by mechanical or electrical appliances. Removing superfluous hair by any means other than electrolysis or threading.*

**NY:** *The practice of "esthetics" means providing for a fee, or any consideration or exchange, whether direct or indirect, services to enhance the appearance of the face, neck, arms, legs, and shoulders of a human being by the use of compounds or procedures including makeup, eyelashes, depilatories, tonics, lotions, waxed, sanding and tweezing, whether performed by manual, mechanical, chemical, or electrical means and instruments but shall not include the practice of electrology.*

**FL:** *Allows licensed estheticians to perform micro needling and dermaplaning*

11. The addition of Estheticians being allowed to perform this service will effect Med Spas positively as they will be allowed another service to perform, increasing revenue for businesses and overall economy for the State.

12. This request to allow Estheticians to perform dermaplaning treatments with proper licensure and certification will assist Estheticians in offering more dynamic services to their clients. Further, this request will allow estheticians to earn a competitive income, as well as increasing their skill set while optimizing results and providing the safest procedures under their license.