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*The research found 8- to 12-year-olds spend an average of five and a half hours a day on screens and consuming media. That rate climbs to over eight and a half hours a day for teens.*

*[The Common Sense Census: Media Use by Tweens and Teens, 2021 Read Report](#)*

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## INTERNET SAFETY TRAINING FOR PARENTS, TEACHERS, & CHILD WORKERS

LEARN HOW TO KEEP CHILDREN SAFE  
WHILE ON THE INTERNET, CELL PHONE, AND PLAYING VIDEO GAMES

THERE IS NO COST!

**Thursday, January 25<sup>th</sup>, 6pm to 7:30pm via Zoom**

**Link for Evening of the Training:**

<https://us02web.zoom.us/j/89055726810?pwd=TVhyc3BxWlVUaGxHZmtpeDRoSHlTZz09>

Provided by:

*U.S. Attorney's Office, District of Connecticut and  
Connecticut Department of Children & Families*