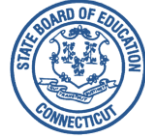






STATE OF CONNECTICUT
DEPARTMENT OF EDUCATION



TO: Superintendents of Schools

FROM: John D. Frassinelli, Division Director 
Irene Parisi, Chief Academic Officer 

DATE: August 17, 2023

RE: Components of Social, Emotional and Intellectual Habits

In 2018, the State Board of Education (SBE) approved the *Connecticut Components of Social, Emotional and Intellectual Habits: Kindergarten - Grade 3*. Based on feedback from stakeholders, there was an overwhelming request to extend those guidelines across all grade levels. The guidelines reinforced the premise that social-emotional learning helps every learner improve academic achievement and prepare for successful careers after graduation.

Through stakeholder engagement, the Connecticut State Department of Education (CSDE) developed, and the SBE adopted, the Components of Social, Emotional and Intellectual Habits: Grades 4-12 (Habits) at the March 2023 SBE meeting. The Habits represent the knowledge, skills, and dispositions that form an essential blueprint for social-emotional wellness and academic success. The purpose of the document is to provide a model for districts and schools to integrate social and emotional habits into academic content areas so that learners will develop and model essential positive life skills. The beneficial outcomes of articulating the continuum of development support an individual's learning progression and growth over time, so both documents are combined from [Kindergarten through Grade 12 \(K-12 Habits\)](#) to allow for flexibility to customize the areas of development based on learner needs.

Forthcoming in the next few months, the CSDE will provide resources, webinars, and materials to assist district implementation of the K-12 Habits to support social-emotional learning and promote the well-being of all students.

We hope you find the information useful. Please contact us if you have questions at kimberly.traverso@ct.gov or Joanne.R.White@ct.gov.

Thank you for all your hard work and dedication.

Attachment

cc: Charlene M. Russell-Tucker, Commissioner of Education
Sinthia Sone-Moyano, Deputy Commissioner
John D. Frassinelli, Division Director
Irene Parisi, Chief Academic Officer
Kimberly S. Traverso, Education Consultant
Joanne R. White, Education Consultant