

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

---

**Compendium Program: 12 Step Program**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

---

*Description:*

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- \* Alcoholics Anonymous
  - \* Narcotics Anonymous
  - \* NA Writing Step for Recovery - correspondence based.
  - \* Al-Anon (YCI only)
  - \* Alcoholics Anonymous - Spanish
  - \* Alcoholics Anonymous - English
  - \* CODA - Codependents Anonymous
  - \* Wellbriety
- \*\*\* 12 Step programming availability can vary by facility

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

*Domains:*

Self Efficacy; Substance Abuse; Substance Abuse and Mental Health

*Types:*

Substance Abuse Services/Treatment

*Program Status:*

Active Program Category Level: 1

---

**Compendium Program: 24/7 Dad**

---

**Gender Specific for: MALE; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

---

*Description:*

Program to assist dads look at their own backgrounds to help them understand how their history effect their fathering.

*Facilities:*

MANSON YI

*Auspices:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Programs & Treatment Unit*

***Treatment Types:***

*Education (Ed);Family Support (FS);Life Skills (LS)*

***Domains:***

*Family and Social Support;Parenting;Relationships*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: 5 or 7 Day Job Assignments**

---

**Gender Specific for:BOTH; RT Program Code: L1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

***Facilities:***

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

***Auspices:***

*Unknown*

***Treatment Types:***

*Life Skills (LS)*

***Domains:***

*Education, Employment, and Financial Situation;Employment/Financial*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:2*

---

**Compendium Program: Addiction Services - Assessment & Orientation**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

Addiction Services - Assessment and Orientation consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

***Facilities:***

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

MANSON YI;WALKER RC;YORK CI

*Auspices:*  
Addiction Treatment Unit

*Treatment Types:*  
Substance Abuse (SA)

*Domains:*  
Substance Abuse;Substance Abuse and Mental Health

*Types:*  
Addiction;Re-Entry

*Program Status:*  
Active Program Category Level:1

---

**Compendium Program: Anger Management Program**

---

**Gender Specific for:BOTH; RT Program Code: 26**

---

**Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:False**

---

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

*Facilities:*  
BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*  
All Facility Staff;Programs & Treatment Unit

*Treatment Types:*  
Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Life Skills (LS);Victim Impact (VI)

*Domains:*  
Anger/Hostility;Criminal Attitudes and Behavioral Patterns

*Types:*  
Anger Management;Mental Health;Self Improvement

*Program Status:*  
Active Program Category Level:1

---

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

---

**Compendium Program: Behavior Intervention - Unlock Your Thinking**

---

**Gender Specific for:MALE; RT Program Code: BG**

---

**Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False**

---

*Description:*

This 4 session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff;Programs & Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

*Domains:*

Criminal Attitudes and Behavioral Patterns

*Types:*

Self Improvement

*Program Status:*

Active Program Category Level:1

---

**Compendium Program: Catholic Bible Study**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Catholic Worship Service**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

*Religious Services ;Volunteer Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Worship Services*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: CBTeens Group**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

10 week skill building sessions for healthy relationships and coping

*Facilities:*

MANSON YI

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Family Support (FS);Life Skills (LS)*

*Domains:*

*Family and Social Support;Mental Health*

*Types:*

*Unknown*

*Program Status:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Active Program Category Level:3*

---

**Compendium Program: CCAR RECOVERY COACHING PROGRAM**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

This program creates an opportunity for recovery Coaches to meet with returning citizens, either in person or via telephone, who are within 30 to 90 days from discharge. They provide seamless transition to community providers and other recovery support services that are vital to re-entry success. The CCAR Recovery Coaching program works has the ability to work with individuals in any DOC facility. The CCAR Recovery Coaching program also provides recovery coaching services to those individuals engaged in the therapeutic communities within Osborn C.I., Carl Robinson C.I. , Cybulski C.I. and York C.I.

***Facilities:***

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

***Auspices:***

*Addiction Treatment Unit*

***Treatment Types:***

*Unknown*

***Domains:***

*Substance Abuse;Substance Abuse and Mental Health*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: CLICC Literacy Program**

---

**Gender Specific for:BOTH; RT Program Code: CL**

---

**Open Close:True, Session Group:True, Session Numbers: 24, Evidence Based:False**

---

***Description:***

**Facility-Based Services**

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These exercises will be facilitated by The Center staff, partners and mentors.

***Facilities:***

*BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;HARTFORD CC;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI*

***Auspices:***

*Addiction Treatment Unit;Contracted Program;Volunteer Services*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Treatment Types:*

*Education (Ed);Family Support (FS)*

*Domains:*

*Education, Employment, and Financial Situation;Family;Family and Social Support;Parenting*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: CONNTAC-EOC (CT Talent Assistance Cooperative-Education Opportunity Center)**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Representatives from CONNTAC-EOC are provided with names of students to meet with while the student is still incarcerated. The representatives assist students with their post-secondary plans and financial aid.

*Facilities:*

*BROOKLYN CI;CYBULSKI CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education;Education, Employment, and Financial Situation;Employment/Financial*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

---

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types*

---

**Compendium Program: CT Money School**

---

**Gender Specific for:FEMALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False**

---

*Description:*

1. Setting Goals
2. Saving
3. Tracking Income and Benefits
4. Paying Bills
5. Getting through the Month
6. Dealing with Debt
7. Understanding Credit Reports and Scores
8. Choosing Financial Products and Services
9. Protecting your Money

*Facilities:*

MANSON YI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Life Skills (LS)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Current Events Group**

---

**Gender Specific for:MALE; RT Program Code: G8**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Offenders discuss media messages from television and social media outlets. The media messages about current events are often politically biased, polarizing in nature and potentially inaccurate especially on social media platforms.

Facilitators models how to evaluate media for potential biases, showing students that political content is not off limits for discussion.

*Facilities:*

MANSON YI

*Auspices:*

Health Services;Programs & Treatment Unit

*Treatment Types:*

As of :04/03/2024



*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Education (Ed);Mental Health (MH)*

***Domains:***

*Education;Family and Social Support;Substance Abuse and Mental Health*

***Types:***

*Mental Health;Recreation*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: DBT Trauma Group**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:False, Session Group:True, Session Numbers: 9, Evidence Based:True**

---

***Description:***

The Dialectical Behavior group therapy approach is evidence based for treating trauma for adults 12-21. Group practices includes practical exercises to treat trauma and PTSD. Using DBT skills which include mindfulness, distress tolerance, emotion regulation, dialectical thinking and interpersonal effectiveness skills. Activities help group members cope with stress, manage intense emotions, identify triggers and move pass unhealthy thoughts.

***Facilities:***

*MANSON YI*

***Auspices:***

*Mental Health*

***Treatment Types:***

*Mental Health (MH)*

***Domains:***

*Substance Abuse and Mental Health*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:2*

---

**Compendium Program: Discharge Orientation**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

Discharge Orientation is conducted either individually or in groups with offenders who are within a year of discharge to the community. Topics include: ID procurement; community programs; and related matters.

***Facilities:***

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI*

***Auspices:***

As of :04/03/2024

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Programs & Treatment Unit*

***Treatment Types:***

*Reintegration Enhancement/Relapse Prevention (RERP)*

***Domains:***

*Education, Employment, and Financial Situation; Family and Social Support*

***Types:***

*Re-Entry*

***Program Status:***

*Active Program Category Level: 3*

---

**Compendium Program: Education Needs to be Identified by USD#1**

---

**Gender Specific for: BOTH; RT Program Code: E1**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

---

***Description:***

A transcript review of educational needs will be completed for inmates.

***Facilities:***

*BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI*

***Auspices:***

*Unknown*

***Treatment Types:***

*Education (Ed)*

***Domains:***

*Education, Employment, and Financial Situation*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level: 1*

---

**Compendium Program: Educational, Career Resources and Job Fairs**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

---

***Description:***

These types of Fairs are conducted in the form of a professional conference for students. The educational staff invite a keynote speaker and students proceed to attend individual workshops or resource stations that provide information about potential employment or post secondary educational opportunities. The goal of these Fairs is to assist inmates with their transition plans before they return to the community.

***Facilities:***

*CYBULSKI CI; MACDOUGALL CI; MANSON YI; OSBORN CI; WALKER RC; WILLARD CI; YORK CI*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

***Auspices:***

*Addiction Treatment Unit;USD#1*

***Treatment Types:***

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

***Domains:***

*Education;Education, Employment, and Financial Situation;Employment/Financial;Family;Mental Health;Parenting;Peer Associations;Relationships;Self Efficacy;Substance Abuse*

***Types:***

*Academic Education;Re-Entry*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Embracing Fatherhood**

---

**Gender Specific for:MALE; RT Program Code: 04**

---

**Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True**

---

***Description:***

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

***Facilities:***

*CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI*

***Auspices:***

*All Facility Staff;Programs & Treatment Unit*

***Treatment Types:***

*Family Support (FS)*

***Domains:***

*Family and Social Support*

***Types:***

*Family*

***Program Status:***

*Active Program Category Level:2*

---

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

---

**Compendium Program: Expressive Arts**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Expressive Arts is a process group that is facilitated by a Rehabilitation Therapist (Recreational Therapist) which focuses on visual arts. The expressive art group is a way to help individuals sense normalcy without judgement, while encouraging them to show their individual character. Expressive Art Groups promote healthy communication and encouragement between group members.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health;Programs & Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med);Mental Health (MH)

*Domains:*

Neighborhood Problems

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Facility Based Domestic Violence Program**

---

**Gender Specific for:MALE; RT Program Code: 02**

---

**Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:False**

---

*Description:*

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI

*Auspices:*

All Facility Staff;Programs & Treatment Unit

*Treatment Types:*

Aggression Replacement Training (ART);Victim Impact (VI)

*Domains:*

Criminal Attitudes and Behavioral Patterns

*Types:*

Domestic Violence;Family

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Program Status:*

*Active Program Category Level:1*

---

**Compendium Program: Game Changers**

---

**Gender Specific for:MALE; RT Program Code: GA**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Prerequisite: Mamba Mentality

Offenders complete MM and learn to identify those who have changed the world for the better and helped others along the way. This group also completes community service projects.

*Facilities:*

*MANSON YI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Behavior Modification (BM);Education (Ed)*

*Domains:*

*Criminal Attitudes and Behavioral Patterns*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Garden Program**

---

**Gender Specific for:MALE; RT Program Code: PG**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

The gardening program provides the young men with opportunities to learn foundational gardening skills through practical, reality-based learning led by correctional officers. The goal of the program is to provide opportunities for hands-on-learning of how to sow, grow, and harvest fruits and vegetables. The program supports the young men's need for practical life skills education to help them thrive in the real world. The harvested fruits and vegetables will be utilized by the facility culinary arts program and donated to local food banks in an effort to give back to local communities.

*Facilities:*

*MANSON YI*

*Auspices:*

*Programming Unit - Facility Staff*

*Treatment Types:*

*Education (Ed);Life Skills (LS)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Domains:*

*Education, Employment, and Financial Situation*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: General Referral for ASU (Addiction Services Unit) Program**

---

**Gender Specific for:BOTH; RT Program Code: A1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Substance Abuse (SA)*

*Domains:*

*Substance Abuse and Mental Health*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:1*

---

**Compendium Program: General Referral for Vocational Education**

---

**Gender Specific for:BOTH; RT Program Code: E2**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

A review of vocational education needs will be completed for inmates.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Education (Ed)*

*Domains:*

As of :04/03/2024

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Education, Employment, and Financial Situation*

*Types:*  
*Unknown*

*Program Status:*

*Active Program Category Level:1*

---

**Compendium Program: Getting Along and Keeping Cool**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 10, Evidence Based:True**

---

*Description:*

An evidence based manual-guided 10 session cognitive behavioral intervention designed for adolescents to learn anger management skills. This program was based on prior outcome research on Anger Management. This 10 week program includes skill building, cognitive techniques, relaxation training, and role play. The youth-specific version was developed in regards to principles of youth-specific programming for male youthful offenders. In addition an assessment tool is included to ensure fidelity to the treatment model. Baseline and follow-up information are collected for outcomes analysis, as well as, post-group participant interview satisfaction data.

*Facilities:*  
*MANSON YI*

*Auspices:*  
*Mental Health*

*Treatment Types:*  
*Cognitive Behavioral Therapy (CBT);Mental Health (MH)*

*Domains:*  
*Substance Abuse and Mental Health*

*Types:*  
*Unknown*

*Program Status:*

*Active Program Category Level:1*

---

**Compendium Program: Good Intentions - Bad Choices**

---

**Gender Specific for:BOTH; RT Program Code: CF**

---

**Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True**

---

*Description:*

This program features a three part DVD series that focuses on Relapse and Recidivism Prevention for addicts and offenders leaving treatment or an incarcerated setting re-entering society. This period of early reintegration is especially risky for addicts and offenders despite intentions of doing well and straightening out their lives because errors in thinking that are the result of years of an addictive and/or criminal lifestyle, and are not so easily or quickly resolved.

*Facilities:*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**

Programming Unit - Facility Staff

**Treatment Types:**

Cognitive Behavioral Therapy (CBT)

**Domains:**

Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Relationships;Self Efficacy;Substance Abuse

**Types:**

Self Improvement

**Program Status:**

Active Program Category Level:1

---

**Compendium Program: Hepatitis B Vaccination Program**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

**Facilities:**

MANSON YI;YORK CI

**Auspices:**

Health Services

**Treatment Types:**

Medical (Med)

**Domains:**

Family and Social Support;Self Efficacy

**Types:**

Health Education;Medical;Mental Health

**Program Status:**

Active Program Category Level:3

---



*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types*

---

**Compendium Program: High School Diploma Programs**

---

**Gender Specific for: BOTH; RT Program Code: 86**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

---

*Description:*

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; YORK CI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education, Employment, and Financial Situation*

*Types:*

*Academic Education*

*Program Status:*

*Active Program Category Level: 1*

---

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types*

---

**Compendium Program: HIV Counseling, Testing & Risk Reduction Education**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

---

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; ROBINSON CI; WALKER RC; YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS); Medical (Med)

*Domains:*

Peer Associations

*Types:*

Health Education; Medical

*Program Status:*

Active Program Category Level: 3

---

**Compendium Program: HIV Support Services**

---

**Gender Specific for: BOTH; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

---

*Description:*

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

*Facilities:*

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;WALKER RC;WILLARD CI;YORK CI

**Auspices:**

Health Services;Volunteer Services

**Treatment Types:**

Family Support (FS);Life Skills (LS);Medical (Med)

**Domains:**

Peer Associations;Substance Abuse and Mental Health

**Types:**

Health Education;Medical;Mental Health

**Program Status:**

Active Program Category Level:3

---

**Compendium Program: Individual Native American Smudging**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

Native American individual Smudging is a physical, mental, emotional and spiritual cleansing, a purification ritual in which individuals connect themselves to the Creator, Mother Earth and the four main directions. This sacred ritual prepares each individual to face the day with hope, peace and tranquility.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

**Domains:**

Unknown

**Types:**

Religious

**Program Status:**

Active Program Category Level:1

---

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

---

**Compendium Program: Inmate Photo Program**

---

**Gender Specific for:MALE; RT Program Code: M8**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Inmates register each month to take photos for a small fee and these photos are sent home or otherwise kept for personal use. Proceeds that are generated are held in a Special Activity Fund. From this fund, thousands of dollars have been donated to local charitable organizations each year, e.g. women's shelters, children's hospitals, youth organizations, and youth at risk programs.

*Facilities:*

CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;ROBINSON CI;WALKER RC;WILLARD CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Family Support (FS)

*Domains:*

Family and Social Support

*Types:*

Community Service

*Program Status:*

Active Program Category Level:0

---

**Compendium Program: Invictus - DOMUS Kids**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Post release referral for sentenced male offenders aged 17-25 returning to Stamford and Norwalk within 6 - 12 months from end of sentence. Domus' workforce development team supports Stamford young people aged 17 to 26 who are unemployed by providing them with the supports and skills they need to gain employment. Referrals are made by designated reentry counselors.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Reintegration Enhancement/Relapse Prevention (RERP)*

***Domains:***

*Education, Employment, and Financial Situation;Employment/Financial;Family and Social Support;Housing  
Safety;Peer Associations;Self Efficacy*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Islamic Studies**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

***Facilities:***

*BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON  
YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

***Auspices:***

*Religious Services*

***Treatment Types:***

*Unknown*

***Domains:***

*Unknown*

***Types:***

*Religious*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Jehovah's Witness Bible Study**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

***Facilities:***

*CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI*

***Auspices:***

*Religious Services ;Volunteer Services*

***Treatment Types:***

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Jewish Worship and Study**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Jewish worship followed by study of the Hebrew Bible or Jewish history.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Jumah**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Unknown*

*Types:*  
*Worship Services*

*Program Status:*  
*Active Program Category Level:3*

---

**Compendium Program: Justice Dance Performance Project - MYI**

---

**Gender Specific for:MALE; RT Program Code: JD**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

*Description:*

JDPP - works with offenders who are fathers, teaching them ways to acclimate while overcoming obstacles of a less than receiving world, continue to persist and ultimately thrive. while teaching them to be vulnerable through performance art and building a bridge to their children.

*Facilities:*  
*MANSON YI*

*Auspices:*  
*Contracted Program;Social Reunification;Volunteer Services*

*Treatment Types:*  
*Education (Ed);Family Support (FS);Life Skills (LS)*

*Domains:*  
*Education;Family;Family and Social Support;Parenting*

*Types:*  
*Unknown*

*Program Status:*  
*Active Program Category Level:3*

---

**Compendium Program: Know Your Rights**

---

**Gender Specific for:MALE; RT Program Code: KR**

---

**Open Close:True, Session Group:False, Session Numbers: 2, Evidence Based:False**

*Description:*

The Know Your Rights program is coordinated by MYI facility staff and facilitated by The Center for Children's Advocacy. Participants learn about their rights with regard to their education, returning to their community, benefits, criminal conviction record, Youthful Offender status, applying for jobs, and attaining a driver's license.

*Facilities:*  
*MANSON YI*

*Auspices:*  
*Volunteer Services*

*Treatment Types:*  
*Education (Ed);Family Support (FS);Life Skills (LS)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

**Domains:**

*Criminal Attitudes and Behavioral Patterns; Education, Employment, and Financial Situation*

**Types:**

*Unknown*

**Program Status:**

*Active Program Category Level:3*

---

**Compendium Program: L.E.A.D. Delta Unit**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

LEAD program is to cultivate a restorative community within the prison, fostering growth and understanding among young adults through dialogue, guidance and empathy.

**Facilities:**

*MANSON YI*

**Auspices:**

*Programming Unit - Facility Staff*

**Treatment Types:**

*Family Support (FS);Life Skills (LS)*

**Domains:**

*Criminal Attitudes and Behavioral Patterns;Family and Social Support;Neighborhood Problems*

**Types:**

*Unknown*

**Program Status:**

*Active Program Category Level:3*

---

**Compendium Program: Life Skills - A New Freedom**

---

**Gender Specific for:BOTH; RT Program Code: LS**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

This program is offered to the youth population at MYI and York. A New Freedom is a 24 hour curriculum specific to juvenile offenders that will discuss educational subject matter in nutrition and better hygiene, managing money as well as social/behavioral subjects such as criminal values, friends and peers, use of leisure time and how to connect to your community. The program will explore anger management skill building and stress management while teaching coping skills to the participants.

**Facilities:**

*MANSON YI;YORK CI*

**Auspices:**

*All Facility Staff*



*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

***Treatment Types:***

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

***Domains:***

*Anger/Hostility;Antisocial Attitudes;Antisocial Friends;Education, Employment, and Financial Situation;Employment/Financial;Mental Health;Relationships*

***Types:***

*Self Improvement*

***Program Status:***

*Active Program Category Level:1*

---

**Compendium Program: Mamba Mentality**

---

**Gender Specific for:MALE; RT Program Code: KB**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

Offenders identify a sports figure, entertainer or popular figure who endured tragedy and triumphed. They overcame their adversities, sacrifices, missed opportunities and failures to become an inspiration.

***Facilities:***

*MANSON YI*

***Auspices:***

*Programs & Treatment Unit*

***Treatment Types:***

*Education (Ed);Life Skills (LS)*

***Domains:***

*Criminal Attitudes and Behavioral Patterns;Peer Associations;Self Efficacy*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Manson Youth Council Podcast**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:True, Session Numbers: 5, Evidence Based:False**

---

***Description:***

MYI Podcast will allow the population to empower each other and develop skill sets for effective communication and interpersonal skills. This is a 10-week series and will teach the population to have an understanding of podcasting methods of communication and its positive influence.

***Facilities:***

*MANSON YI*

***Auspices:***

*Programs & Treatment Unit*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

***Treatment Types:***

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

***Domains:***

*Education;Peer Associations*

***Types:***

*Community Work Group;Social Rehabilitation*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Medication Assisted Treatment - MAT**

---

**Gender Specific for:BOTH; RT Program Code: A3**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

***Facilities:***

*BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI*

***Auspices:***

*Contracted Program*

***Treatment Types:***

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)*

***Domains:***

*Substance Abuse and Mental Health*

***Types:***

*Substance Abuse Services/Treatment*

***Program Status:***

*Active Program Category Level:2*

---

**Compendium Program: Mental Health Relaxation Group**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:True**

---

***Description:***

A mindfulness based group approach to teach youth to use a variety of DBT and mindfulness skills, such as meditation, grounding, progressive music relaxation, and deep breathing to deal with anxiety, stress and trauma. Appropriate for all age groups and skill levels.

***Facilities:***

*MANSON YI*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Auspices:*

*Mental Health*

*Treatment Types:*

*Mental Health (MH)*

*Domains:*

*Substance Abuse and Mental Health*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:2*

---

**Compendium Program: Mental Health Social Skills Group**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

---

*Description:*

A group approach to teaching youth basic skills regarding emotional regulation, communication, self esteem, anger management and coping skills. This group is for Mental Health level inmates.

*Facilities:*

*MANSON YI*

*Auspices:*

*Mental Health*

*Treatment Types:*

*Mental Health (MH)*

*Domains:*

*Substance Abuse*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:2*

---

**Compendium Program: Mindfulness (MH)**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 22, Evidence Based:True**

---

*Description:*

Group therapy to teach mindfulness strategies and enhance self-regulation and improve coping skills.

*Facilities:*

*GARNER CI;MANSON YI*

*Auspices:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Mental Health*

*Treatment Types:*  
*Mental Health (MH)*

*Domains:*  
*Substance Abuse and Mental Health*

*Types:*  
*Unknown*

*Program Status:*  
*Active Program Category Level:3*

---

**Compendium Program: Mood Disorders Group**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This 12-week specialized program is a cognitive-behavioral program designed to address the needs of offenders diagnosed with a depressive disorder. The program addresses the common cognitive errors associated with depression and facilitates the development of a more rational self statement within a supportive context of group therapy.

*Facilities:*  
*MANSON YI*

*Auspices:*  
*Health Services*

*Treatment Types:*  
*Mental Health (MH)*

*Domains:*  
*Substance Abuse and Mental Health*

*Types:*  
*Mental Health*

*Program Status:*  
*Active Program Category Level:0*

---

**Compendium Program: Music Therapy: Intro**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

---

*Description:*

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive changes in the youths' self image, emotion regulation and interpersonal relationships. During the intro program, youth will gain basic knowledge of recording equipment, music structure, music instruments and will begin to create music through the use of recordings and/or playing instruments.

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Facilities:*

MANSON YI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

*Domains:*

Substance Abuse and Mental Health

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Music Therapy: Music Legends**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False**

---

*Description:*

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive changes in the youths' self- image, emotion regulation, and interpersonal relationships. During the Music Legends program, youth will gain advanced knowledge of mixing and producing music as well as learning to play instruments. Youth will be given more advanced writing topics to utilize in group to help with continuing to gain insight and promoting health self- expression. Youth in this program will have the opportunity to be mentors to lower levels of the music therapy program.

*Facilities:*

MANSON YI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

*Domains:*

Substance Abuse and Mental Health

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

---

**Compendium Program: Music Therapy: Rising Stars**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False**

---

*Description:*

Music Therapy is a process group that is facilitated by a Rehabilitation Therapist (Music) which utilizes the medium of music to bring about positive change in the youths' self- image, emotion, regulation and interpersonal relationships. During the Rising Stars program youth will gain more in depth knowledge of beat making, recording original songs, and learning to play instruments. Youth will also begin to analyze lyrics and musical components of songs. Youth will begin to expand song topics that are utilized to help gain insight and promote healthy self- expression.

*Facilities:*

MANSON YI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

*Domains:*

Substance Abuse and Mental Health

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: MYI Community Council**

---

**Gender Specific for:MALE; RT Program Code: CC**

---

**Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False**

---

*Description:*

Selected participants are led by staff in the discussion of issues that concern the Manson Youth Institution (MYI) community. The young men will have the opportunity to talk about what is on their mind.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Life Skills (LS)

*Domains:*

Peer Associations

*Types:*

Unknown

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Native American Worship**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services ;Volunteer Services

*Treatment Types:*

Unknown

*Domains:*

Unknown

*Types:*

Religious;Worship Services

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Non-credit Certificate Programs**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Non-credit certificate programs provide opportunities for acquiring skills and credentials in various trades and/or subject areas. Activities may take the form of correspondence courses, self-study, and/or active class participation. Some examples include The Connecticut Career Certificate, Automotive Service Excellence Certification, and the national ServSafe Certification.

*Facilities:*

MANSON YI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed);Life Skills (LS)

*Domains:*

Education, Employment, and Financial Situation

*Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Academic Education;Career Technical Education*

*Program Status:*

*Active Program Category Level:1*

---

**Compendium Program: Our Piece of the Pie, Behind the Walls**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Post Release referral for sentenced males and females aged 16-25 returning to Hartford. To be referred Offenders must be within 120 days to end of sentence. OPP is a nonprofit organization dedicated to empowering youth with the key competencies needed to overcome barriers and succeed in education and employment. The OPP path to success is achieved through Personal Development, Academic Achievement, and Workforce Readiness. Referrals are made by designated Reentry counselors.

*Facilities:*

*CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI*

*Auspices:*

*Support Services*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*

*Education, Employment, and Financial Situation;Employment/Financial;Family and Social Support;Housing Safety;Mental Health;Self Efficacy*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Outside Clearance**

---

**Gender Specific for:BOTH; RT Program Code: L4**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*



*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

***Domains:***

*Education, Employment, and Financial Situation;Employment/Financial*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Peer Mentorship - MYI**

---

**Gender Specific for:MALE; RT Program Code: PF**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

Offenders learn how to facilitate groups for one another. Participants identify leadership and mentorship skills. Participants focus on positive peer interventions and creating safe environments to communicate effectively.

***Facilities:***

*MANSON YI*

***Auspices:***

*Programs & Treatment Unit*

***Treatment Types:***

*Behavior Modification (BM);Education (Ed)*

***Domains:***

*Criminal Attitudes and Behavioral Patterns;Peer Associations*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Poetry in Motion**

---

**Gender Specific for:MALE; RT Program Code: PO**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

Exploration of poetry and Song lyrics across different genres that participants identify as conveying movement or beauty in motion. Participants identify and relate meaning to others in the group.

***Facilities:***

*MANSON YI*

***Auspices:***

*Programs & Treatment Unit*

***Treatment Types:***

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Education (Ed);Life Skills (LS)*

***Domains:***

*Criminal Attitudes and Behavioral Patterns;Education;Peer Associations*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Project Reentry**

---

**Gender Specific for:MALE; RT Program Code: RE**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

In collaboration with the Northwest Regional Workforce Investment Board, the population will participate in vocational training, earn certificates or credentials and engage in soft skills training in an effort to be best prepared for reentry. Participants will explore various careers, complete interest inventories, and skills assessments.

***Facilities:***

*MANSON YI*

***Auspices:***

*Contracted Program*

***Treatment Types:***

*Education (Ed);Life Skills (LS)*

***Domains:***

*Education, Employment, and Financial Situation*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Protestant Bible Study**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

***Facilities:***

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI*

***Auspices:***

*Religious Services ;Volunteer Services*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Treatment Types:*  
*Unknown*

*Domains:*  
*Unknown*

*Types:*  
*Religious*

*Program Status:*  
*Active Program Category Level:3*

---

**Compendium Program: Protestant Service**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This is the weekly Protestant worship service.

*Facilities:*  
*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*  
*Religious Services ;Volunteer Services*

*Treatment Types:*  
*Unknown*

*Domains:*  
*Unknown*

*Types:*  
*Worship Services*

*Program Status:*  
*Active Program Category Level:3*

---

**Compendium Program: Protestant Service (Spanish)**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This is the weekly Protestant worship service conducted in Spanish.

*Facilities:*  
*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI*

*Auspices:*  
*Religious Services ;Volunteer Services*

*Treatment Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Worship Services*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Religiously Required Observations (Annual)

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD  
CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD  
CI;YORK CI

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Religious*

*Program Status:*

*Active Program Category Level:3*

---

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

---

**Compendium Program: RAMP- Restorative Justice Program**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 6, Evidence Based:False**

---

*Description:*

RAMP is a 3 phase restorative justice program that utilizes restorative practices in order to repair the relationship that have been negatively impacted as a result of an incident through reflection, accountability, and mediation. Participants will reflect: The juvenile will complete an assignment that forms the foundation of all forms of restorative practices and aims to discover the root cause (s) of challenging behavior, determine impact, repair harm, and restore relationships and the community. Accountability: The juvenile will speak with staff to focus on repairing the harm that was done to the individuals involved in the incident. An additional assignment will be completed that addresses his disciplinary behavior with a focus on anger management, victimization, and the importance of following rules. Mediation: The juvenile will complete an assignment in order to prepare for the mediation process with the impacted parties. The participant will then focus on the continued repair of the community that includes scenarios that may present future conflict. The goal is for the juvenile to apply what he has learned in future situations to avoid conflict.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Behavior Modification (BM);Life Skills (LS)

*Domains:*

Criminal Attitudes and Behavioral Patterns;Peer Associations

*Types:*

Unknown

*Program Status:*

Active Program Category Level:1

---

**Compendium Program: Recreation Leaders**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:True**

---

*Description:*

Process group that is facilitated by a Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional and social approach to improve the quality of life and well-being of you. Activity-based interventions often include but not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. Youth will gain advanced knowledge of leisure management, healthy communication through leadership, positive coping techniques to encourage self-efficacy, and relationship building through team collaboration.

*Facilities:*

MANSON YI

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Auspices:*

*Behavioral Health;Programs & Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med)*

*Domains:*

*Family and Social Support;Neighborhood Problems*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Recreation Therapy: Intro**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:True, Session Numbers: 8, Evidence Based:True**

---

*Description:*

Recreation Therapy is a process group that is facilitated by Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional, and social approach to improve the quality of life and well-being of youth. Activity-based interventions often include but not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. During the intro program, youth will gain awareness of leisure skills, healthy decision making through autonomy, positive coping techniques to support emotional and self-regulation and constructive relationship building.

*Facilities:*

*MANSON YI*

*Auspices:*

*Behavioral Health;Programs & Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)*

*Domains:*

*Neighborhood Problems;Self Efficacy*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

---

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

---

**Compendium Program: Recreation Therapy-Re-Creators**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:True**

---

*Description:*

This is a process group that is facilitated by a Rehabilitation Therapist (Therapeutic Recreation) which cultivates a physical, cognitive, emotional and social approach but are not limited to: expressive arts, sports, games, exercise, life skills, coping techniques and relaxation therapy. During this program you will gain increased knowledge of applied leisure education, healthy communication styles, positive coping techniques to encourage self-expression, and relationship building through peer-to-peer support.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health;Programs & Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med);Mental Health (MH)

*Domains:*

Family and Social Support;Neighborhood Problems

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Re-Entry and Discharge Planning**

---

**Gender Specific for:BOTH; RT Program Code: M1**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Education;Education, Employment, and Financial Situation;Employment/Financial;Housing Safety;Substance Abuse

*Types:*

Unknown

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Program Status:*

*Active Program Category Level:2*

---

**Compendium Program: Reentry Services and Identification Procurement**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:False, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Reentry counselors at all facilities assist offenders in obtaining various forms of identification prior to release. This includes the following:

Certified Birth Certificates or Registration of Birth (US only)

Social Security Cards (Social Security Administration)

State of CT Photo ID (CT DMV)

ID and Drivers License Renewals (CT DMV)

Husky D - inquiries and activation (DSS)

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;Outside PCS Generic Locations;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Unknown*

*Domains:*

*Unknown*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Reentry Welcome Centers**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Post Release Referral for male and female offenders returning to specified catchment areas 30 -60 days prior to end of sentence. Individuals returning from incarceration receive support. Centers provide services such as: basic needs; housing; substance abuse/mental health; medical; employment; identification etc. Referrals are done by designated Reentry Staff Welcome Centers are located in Hartford, New Haven, Waterbury and New Britain

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI



*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Auspices:*  
*Support Services*

*Treatment Types:*  
*Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*  
*Education, Employment, and Financial Situation;Employment/Financial;Family and Social Support;Housing Safety;Mental Health*

*Types:*  
*Unknown*

*Program Status:*  
*Active Program Category Level:3*

---

**Compendium Program: Reflections**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This program is a two hour weekly program in an open format. Designed to have attendees reflect and understand the negative impact crimes and violence have on families and communities. Attendees will gain a sense of empathy and responsibility for the families and communities they come from. Attendees will also gain greater understanding of their values, self-concept and constructive self-disclosure with hopes of reducing crime and recidivism by becoming productive members of their communities and realizing that the man in the mirror is not the best reflection of themselves.

*Facilities:*  
*MANSON YI*

*Auspices:*  
*Programming Unit - Facility Staff*

*Treatment Types:*  
*Life Skills (LS)*

*Domains:*  
*Criminal Attitudes and Behavioral Patterns;Family and Social Support*

*Types:*  
*Unknown*

*Program Status:*  
*Active Program Category Level:3*

---

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

---

**Compendium Program: Rehab Therapy for Juvenile Offenders ( MH 3&4)**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False**

---

*Description:*

Rehab Therapy Juvenile offender groups are process groups that are facilitated by a Rehabilitation Therapist (Recreational Therapist) which promote physical and mental health that encourage positive changes in the individual's emotional regulation, and physical wellness. Therapy groups focus on physical activities where the youths are working in teams to create healthy communication and team building techniques, to promote healthy relationships within the unit. during the program, individuals will also gain knowledge of weight training equipment, to promote healthy ways to relieve stress.

*Facilities:*

MANSON YI

*Auspices:*

Behavioral Health;Programs & Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Medical (Med)

*Domains:*

Neighborhood Problems

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Restorative Justice Circles**

---

**Gender Specific for:MALE; RT Program Code: RJ**

---

**Open Close:True, Session Group:True, Session Numbers: 1, Evidence Based:False**

---

*Description:*

Restorative Justice Circles is a community based group focused on building peer relations, group cohesiveness, and better understanding of one another. The topics for the group are issues that affect their daily lives while incarcerated and in the community. Group topics may include healthy relationships, coping skills, current events, emotion regulation/ expression. youth are encouraged to express their individuality and have their voices heard in a safe milieu. At times youth have the opportunity to choose group topics and lead the group.

*Facilities:*

MANSON YI

*Auspices:*

Mental Health

*Treatment Types:*

Life Skills (LS)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

**Domains:**

*Criminal Attitudes and Behavioral Patterns;Peer Associations*

**Types:**

*Unknown*

**Program Status:**

*Active Program Category Level:2*

---

**Compendium Program: Sacramental Preparation- Catholic**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

**Facilities:**

*CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI*

**Auspices:**

*Religious Services ;Volunteer Services*

**Treatment Types:**

*Unknown*

**Domains:**

*Unknown*

**Types:**

*Religious*

**Program Status:**

*Active Program Category Level:3*

---

**Compendium Program: School Record / Transcript**

---

**Gender Specific for:BOTH; RT Program Code: I4**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

\*\*\*\*

**Facilities:**

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI*

**Auspices:**

*Programs & Treatment Unit*

**Treatment Types:**

*Reintegration Enhancement/Relapse Prevention (RERP)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Domains:*

*Education; Education, Employment, and Financial Situation*

*Types:*

*Re-Entry*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Second Act**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

The group is a process group that allows members to share any struggles or concerns with trained psychotherapists and utilize the opportunity to receive group support, feedback, and perspectives in a therapeutically safe environment.

*Facilities:*

*MANSON YI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Mental Health (MH)*

*Domains:*

*Mental Health*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Skills of socialization**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False**

---

*Description:*

The Skills of Socialization program is a 12 week program utilizing skills from Addiction Services, Mental Health, Religious Services, Reentry Education Services, Inmate input and outside speakers. Skills of Socialization facilitates change in male inmates to work on character development and positive peer pressure to get offenders to consider the impact of their crime on family, community, victims, and self.

*Facilities:*

*MANSON YI*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Auspices:*  
*Volunteer Services*

*Treatment Types:*  
*Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*  
*Criminal Attitudes and Behavioral Patterns;Family and Social Support*

*Types:*  
*Unknown*

*Program Status:*  
*Active Program Category Level:0*

---

**Compendium Program: SMART Recovery**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 20, Evidence Based:True**

---

*Description:*

SMART Recovery is a voluntary group with two specific components; a recovery group and a pro-social activity group meeting weekly. SMART Recovery use variety of tools and techniques are employed for each of SMART's 4 points, including the Cost/Benefit Analysis; Change Plan Worksheet; Hierarchy of Values; ABSs of Rational- Emotive Behavioral Therapy (for both urge-coping and emotional upsets); DISARM (Destructive Imagery and Self- talk Awareness and Refusal Method); Brainstorming; and Role playing/ Rehearsing. The pro-social component is comprised of different activities geared toward building supportive peer relationships based in commonalities, trust and mutual caring. Activities include but are not limited to team building games, music, and mindfulness and meditative practices.

*Facilities:*  
*BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MANSON YI;WILLARD CI;YORK CI*

*Auspices:*  
*Addiction Treatment Unit*

*Treatment Types:*  
*Substance Abuse (SA)*

*Domains:*  
*Family and Social Support;Substance Abuse*

*Types:*  
*Unknown*

*Program Status:*  
*Active Program Category Level:3*

---

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types*

---

**Compendium Program: Special Education and Pupil Services**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

---

**Compendium Program: Stress Management- MYI**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 8, Evidence Based:False**

---

*Description:*

This is an eight week group that meets once a week for an hour. The purpose of this group is to teach the group members what causes stress and the negative effects stress has on their daily lives. The group is CBT based where the group members will be taught various stress management skills and gain a better understanding of how stress affects their thoughts, feelings and behavior. The group members will learn the importance of time management, mindfulness, exercise, sleep, diet and relaxation in managing their stress.

*Facilities:*

MANSON YI

*Auspices:*

Mental Health

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Treatment Types:*

*Mental Health (MH);Substance Abuse (SA)*

*Domains:*

*Substance Abuse and Mental Health*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:2*

---

**Compendium Program: Three Rivers Community College, TRCC**

---

**Gender Specific for:BOTH; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

TRCC is a community college in Norwich, CT., it offers associate degree and certificate programs as well as healthcare certificate programs and business and industry programming.

*Facilities:*

*MANSON YI;YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Education (Ed);Life Skills (LS)*

*Domains:*

*Education;Employment/Financial*

*Types:*

*Unknown*

*Program Status:*

*Active Program Category Level:3*

---

**Compendium Program: Thresholds**

---

**Gender Specific for:BOTH; RT Program Code: 95**

---

**Open Close:True, Session Group:False, Session Numbers: 16, Evidence Based:False**

---

*Description:*

This is a community-based therapeutic counseling system specifically designed for delivery by trained volunteers. It focuses on developing decision-making and problems-solving skills.

*Facilities:*

*CHESHIRE CI;GARNER CI;MANSON YI*

*Auspices:*

*All Facility Staff;Contracted Program;Volunteer Services*

*Treatment Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)*

***Domains:***

*Anger/Hostility;Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Self Efficacy*

***Types:***

*Anger Management;Self Improvement*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: Tier I - Addiction Services - Brief Substance Abuse Education Program**

---

**Gender Specific for:BOTH; RT Program Code: 13**

---

**Open Close:True, Session Group:False, Session Numbers: 9, Evidence Based:False**

---

***Description:***

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

***Facilities:***

*HARTFORD CC;MANSON YI;NEW HAVEN CC;YORK CI*

***Auspices:***

*Addiction Treatment Unit*

***Treatment Types:***

*Substance Abuse (SA)*

***Domains:***

*Substance Abuse and Mental Health*

***Types:***

*Addiction;Re-Entry*

***Program Status:***

*Active Program Category Level:1*

---

**Compendium Program: Tier II Addiction Services Intensive Outpatient Program**

---

**Gender Specific for:BOTH; RT Program Code: 14**

---

**Open Close:True, Session Group:False, Session Numbers: 30, Evidence Based:False**

---

***Description:***

The Tier II Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

***Facilities:***



Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

Addiction Treatment Unit

**Treatment Types:**

Cognitive Behavioral Therapy (CBT);Substance Abuse (SA)

**Domains:**

Criminal Attitudes and Behavioral Patterns;Substance Abuse;Substance Abuse and Mental Health

**Types:**

Addiction

**Program Status:**

Active Program Category Level:1

---

**Compendium Program: Unlock your Thinking: Open your Mind**

---

**Gender Specific for:MALE; RT Program Code: 99**

---

**Open Close:True, Session Group:False, Session Numbers: 4, Evidence Based:False**

---

**Description:**

This four session program is designed as a brief intervention for those offenders who are serving short periods of incarceration. Participants are encouraged to think about how they know the difference between what they are feeling and thinking, and how feeling based distortions can get in the way of productive communications. Participants are introduced to common thinking patterns that lead to frustration, distortion and avoidance of personal responsibility.

**Facilities:**

MANSON YI

**Auspices:**

Programming Unit - Facility Staff

**Treatment Types:**

Cognitive Behavioral Therapy (CBT);Reintegration Enhancement/Relapse Prevention (RERP)

**Domains:**

Criminal Attitudes and Behavioral Patterns

**Types:**

Re-Entry

**Program Status:**

Active Program Category Level:2

---

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

---

**Compendium Program: USD #1 Voc. Ed: Cosmetology/Barbering**

---

**Gender Specific for:BOTH; RT Program Code: 69**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This program prepares students to become licensed barbers and cosmetologists. Course requirements are 1500 hours(Barbering = 1000 hours) of theory and practical experience to qualify for licensure. The barbering program provides experience in the areas of hair cutting and treatment, styling and shaving, human anatomy and physiology; and business practices. A rigorous set of criteria is required for entrance into the program. The classroom is set up to simulate an actual salon environment including appropriate business behavior. Upon completion students receive information about receiving a grant from the Department of Labor to take the state examination when they discharge from the facility. Approval for licensure is determined through the State Board of Health and Addiction Services.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;MANSON YI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation;Employment/Financial

*Types:*

Career Technical Education;Re-Entry

*Program Status:*

Active Program Category Level:1

---

**Compendium Program: USD #1 Voc. Ed: Culinary Arts**

---

**Gender Specific for:BOTH; RT Program Code: 70**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This course stresses safety and sanitation as well as tool and equipment usage. Through practice and discussion, students are taught skills in basic cooking, methods, culinary techniques, weights, measures and recipe conversions. Participants earn a Safe Serve Certificate after passing a test administered by the National Restaurant Association. This program is an apprenticeship approved through the CT State Department of Labor.

*Facilities:*

CORRIGAN CI;GARNER CI;MANSON YI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

**Domains:**

*Education; Education, Employment, and Financial Situation; Employment/Financial*

**Types:**

*Career Technical Education; Re-Entry*

**Program Status:**

*Active Program Category Level: 1*

---

**Compendium Program: USD#1 - Voc. Ed: Graphic & Printing Technology**

---

**Gender Specific for: MALE; RT Program Code: 75**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

---

**Description:**

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding. Students concentrate on proper shop safety procedures, and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color presses, paper cutters and bindery equipment. Class theory work includes learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

**Facilities:**

*MACDOUGALL CI; MANSON YI; ROBINSON CI*

**Auspices:**

*USD#1*

**Treatment Types:**

*Education (Ed)*

**Domains:**

*Education, Employment, and Financial Situation*

**Types:**

*Career Technical Education; Community Service; Re-Entry*

**Program Status:**

*Active Program Category Level: 1*

---

**Compendium Program: USD#1 Adult Basic Education (GL 5-8)**

---

**Gender Specific for: BOTH; RT Program Code: 51**

---

**Open Close: True, Session Group: False, Session Numbers: 1, Evidence Based: False**

---

**Description:**

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

**Facilities:**

Connecticut Department of Correction

PROGRAMS & TREATMENT UNIT

**Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed)

**Domains:**

Education;Education, Employment, and Financial Situation

**Types:**

Academic Education

**Program Status:**

Active Program Category Level:1

---

**Compendium Program: USD#1 Adult Basic Education (GL 9-12)**

---

**Gender Specific for:BOTH; RT Program Code: 52**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

**Facilities:**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Auspices:**

USD#1

**Treatment Types:**

Education (Ed)

**Domains:**

Education;Education, Employment, and Financial Situation

**Types:**

Academic Education

**Program Status:**

Active Program Category Level:1

---

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

---

**Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)**

---

**Gender Specific for:BOTH; RT Program Code: 53**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

Academic Education

*Program Status:*

Active Program Category Level:1

---

**Compendium Program: USD#1 GED/High School Diploma**

---

**Gender Specific for:BOTH; RT Program Code: 86**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

*Domains:*

Education;Education, Employment, and Financial Situation

*Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Academic Education*

*Program Status:*

*Active Program Category Level:1*

---

**Compendium Program: USD#1 Voc. Ed: Auto Body Technology**

---

**Gender Specific for:MALE; RT Program Code: 59**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This program emphasizes the fundamentals of safety, welding, straightening, refinishing, mechanical principles, manual skills, framework and good work habits. Students complete 300 hours of theory and 600 hours of shop practice. The program includes safety, metalworking, surface preparation, painting, glass and estimating. This vocational training prepares inmates to acquire a skilled, well-paying job in the community.

*Facilities:*

*MANSON YI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Domains:*

*Education, Employment, and Financial Situation*

*Types:*

*Career Technical Education;Community Service;Re-Entry*

*Program Status:*

*Active Program Category Level:1*

---

**Compendium Program: USD#1 Voc. Ed: Automotive Technology**

---

**Gender Specific for:MALE; RT Program Code: 60**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This is a technical program designed for students that wish to make a career as an automotive technician. Theory and practical applications of automotive systems and components are studied in detail. Instruction in diagnostic testing, precision measuring tools, and troubleshooting of the automobile are emphasized. This vocational training positions inmates to acquire a skilled, high-paying job in the community.

*Facilities:*

*MANSON YI*

*Auspices:*

*USD#1*

*Treatment Types:*

*Education (Ed)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

**Domains:**

*Education, Employment, and Financial Situation*

**Types:**

*Career Technical Education;Community Service;Re-Entry*

**Program Status:**

*Active Program Category Level:1*

---

**Compendium Program: Vocies Of Our Sons**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

Group encourages and promotes self-advocacy and awareness. Empowers youth to use their voices in decision making and conflict resolution.

**Facilities:**

*MANSON YI*

**Auspices:**

*Programs & Treatment Unit*

**Treatment Types:**

*Education (Ed);Family Support (FS);Life Skills (LS)*

**Domains:**

*Family and Social Support;Neighborhood Problems;Parenting*

**Types:**

*Unknown*

**Program Status:**

*Active Program Category Level:3*

---

**Compendium Program: Voice of the Youth Council**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

**Description:**

The Voice of the Youth Council is composed of the youth population (under 18) and facilitated by unit staff to support communication and self-advocacy in an effort to keep the youth informed and to have their voice heard.

**Facilities:**

*MANSON YI*

**Auspices:**

*Programming Unit - Facility Staff*

**Treatment Types:**

*Life Skills (LS)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

***Domains:***

*Family and Social Support;Peer Associations*

***Types:***

*Unknown*

***Program Status:***

*Active Program Category Level:3*

---

**Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

---

**Gender Specific for:BOTH; RT Program Code: 03**

---

**Open Close:True, Session Group:False, Session Numbers: 15, Evidence Based:True**

---

***Description:***

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

***Facilities:***

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI*

***Auspices:***

*All Facility Staff;Contracted Program;Programs & Treatment Unit;Safe Passage;Volunteer Services*

***Treatment Types:***

*Victim Impact (VI)*

***Domains:***

*Anger/Hostility;Antisocial Attitudes;Criminal Attitudes and Behavioral Patterns*

***Types:***

*Anger Management;Family;Victim*

***Program Status:***

*Active Program Category Level:2*

---

**Compendium Program: Workforce Re-Entry**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

***Description:***

This group will focus on life skills and professional development of individuals to enhance their confidence and improve their employment opportunities. Get a smooth transition into the community and workforce. Connect with a skilled support system, learn money management skills. Supports for technology, work clothing, housing, transportation and childcare.

***Facilities:***

*MANSON YI*

***Auspices:***

*Programs & Treatment Unit*



*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Treatment Types:*  
*Family Support (FS);Life Skills (LS)*

*Domains:*  
*Neighborhood Problems*

*Types:*  
*Unknown*

*Program Status:*  
*Active Program Category Level:3*

---

**Compendium Program: Young Father's Program**

---

**Gender Specific for:MALE; RT Program Code: 0**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This program is designed to promote responsible fatherhood while emphasizing the development of parenting and co-parenting skills. The parenting skills promoted will exist within the context of a strength based reentry plan that will address the criminogenic needs and responsivity of each young father. Post release comprehensive case management, children and family reunification, family and co-parent assessments will also be provided. This group will be managed by Family Reentry for offenders living in and around the Bridgeport Parole area.

*Facilities:*  
*MANSON YI*

*Auspices:*  
*Volunteer Services*

*Treatment Types:*  
*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

*Domains:*  
*Family and Social Support*

*Types:*  
*Unknown*

*Program Status:*  
*Active Program Category Level:3*

---

**Compendium Program: Young Men's Group- A New Path**

---

**Gender Specific for:MALE; RT Program Code: MG**

---

**Open Close:True, Session Group:False, Session Numbers: 12, Evidence Based:False**

---

*Description:*

The Young Men's Group is a twelve session program that will expose participants to various elements related to becoming a "young man". This will be accomplished by exploring life skills, self-esteem, communication skills, relationships, fashions and etiquette along with the practical application of those skills personally and in social settings.

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff; Volunteer Services

*Treatment Types:*

Behavior Modification (BM); Life Skills (LS)

*Domains:*

Criminal Attitudes and Behavioral Patterns; Peer Associations

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

**Compendium Program: Young Men's Group: Showing the Way**

---

**Gender Specific for: MALE; RT Program Code: 0**

---

**Open Close: True, Session Group: False, Session Numbers: 12, Evidence Based: False**

---

*Description:*

The Young Men's Group is a twelve session program that will expose participants to various elements related to becoming a "young man". This will be accomplished by exploring life skills, self esteem, communication skills, relationships, fashions and etiquette along with the practical application of those skills personally and in social settings. In the second cycle for participants who previously completed "A New Path", participants act as a positive role models for their peers starting their journey on a new path.

*Facilities:*

MANSON YI

*Auspices:*

Programming Unit - Facility Staff; Volunteer Services

*Treatment Types:*

Behavior Modification (BM); Life Skills (LS)

*Domains:*

Criminal Attitudes and Behavioral Patterns; Peer Associations

*Types:*

Unknown

*Program Status:*

Active Program Category Level:3

---

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

---

**Compendium Program: Youth Specific Facility Based Domestic Violence Program**

---

**Gender Specific for:MALE; RT Program Code: N/A**

---

**Open Close:True, Session Group:False, Session Numbers: 1, Evidence Based:False**

---

*Description:*

This group is designed for inmates who have committed a domestic violence offense. Successful completion of this program is a requirement for those inmates who enter into the department's community-based transitional supervision program for domestic violence offenders. The youth specific version was developed in regards to the principles of youth specific programming for male youthful offenders.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff

*Treatment Types:*

Aggression Replacement Training (ART);Behavior Modification (BM)

*Domains:*

Criminal Attitudes and Behavioral Patterns

*Types:*

Domestic Violence

*Program Status:*

Active Program Category Level:

---

**Compendium Program: Youthful Offender Mentoring Program**

---

**Gender Specific for:BOTH; RT Program Code: 24**

---

**Open Close:False, Session Group:True, Session Numbers: 12, Evidence Based:False**

---

*Description:*

A contract agency, Family ReEntry, Inc., conducts this program. Mentoring is a positive and supportive relationship with a responsible and dependable adult volunteer. Mentors are committed and caring individuals who assist inmates and their family with transition back to the community.

*Facilities:*

MANSON YI

*Auspices:*

All Facility Staff;Contracted Program

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

*Domains:*

Antisocial Friends;Criminal Attitudes and Behavioral Patterns;Family;Family and Social Support;Peer Associations;Relationships

*Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
***Alphabetic Listing of Programs for MANSON YI, All Auspices, All Types***

*Family;Re-Entry;Self Improvement*

*Program Status:*

*Active Program Category Level:2*

---