

Inés Eaton, MS Department of Children and Families Melissa Sienna, MS, MPA UConn Health

SAFE Solution SAFE Solution SAFE Solution

healthy family | healthy kids

A 3-program approach to substance use

MDFR

RMS

SBIRT

Multidimensional Family Recovery (MDFR) empowers caregivers to provide a safe and healthy environment for their children by addressing their substance use and other factors that impact their parenting.

MDFR serves the whole family: parents and caregivers, affected child(ren), and other significant family members.



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SBIRT MDFR RMS

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Target Population

- Caregivers who are recommended for community-based substance use treatment
- Would benefit from services
- Court-involved care givers have priority access

Possible Activities

- Help clients get to recommended services
- Family education sessions that address DCF concerns
- **3** Recovery Support Plans
- 4 Advocate for and support caregiver recovery

Education and Family Sessions by non-clinical staff



*Based on recovery needs



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RMS

SBIRT MDFR

Recovery Monitoring and Support (RMS) starts after substance use treatment ends to help caregivers practice skills learned during treatment. Early detection of return to substance use and re-referral to treatment are key benefits of RMS.

RMS emphasizes pro-recovery activities, pro-recovery friends, using skills learned in treatment, goal setting & goal checks, and planning for high-risk situations.



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Target Population

- For those who would benefit from recovery supports and checkups
- AFTER substance use treatment
- Caregivers must have a history or indicators of substance use that may be impacting their parenting abilities

Continuity

RMS can stay working with caregivers who re-enter treatment to prevent dropout.

On-going Supports & Check-ins Early re-connection to treatment if caregiver returns to substance use.



Accomplished Through

- Regular contact with caregivers
- Early identification of return to use
- 3 Rapid reconnection to treatment
- 4 Motivate caregivers to work their recovery plan, and/or get treatment



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		PIE Data : 10/1/19-6/30/22
Performance Outcome Measures	Overall Rate	Median
% of parents/caregivers who complete MDFR/RMS	MDFR 58% n=164	65%
	RMS 76% n=152	74%
% of parents/caregivers who complete MDFR/RMS and (re)initiate substance use treatment	MDFR 73% n=120	79%
	RMS 60% n=24	68%
% of parents/caregivers who complete MDFR/RMS and (re)engage in substance use treatment	MDFR 93% n=111	94%
	RMS 94% n=21	100%

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		PIE Data : 10/1/19-6/30/22
Performance Outcome Measures	Overall Rate	Median
% of parents/caregivers who complete MDFR/RMS will have a child(ren) remaining home or have a permanency plan of reunification	RMS 83% n=99	78%
	RMS 83% n=99	78%
% of parents/caregivers who complete MDFR/RMS and are abstinent or have a reduction in substance use/misuse (data is based on abstinence 30 days prior to discharge-reduction was not able to be calculated)	MDFR 75% n=123	81%
	RMS 82% n=125	83%
% of parents/caregivers who complete MDFR/RMS and are connected to a community or natural recovery resource	MDFR 84% n=138	91%
	RMS 84% n=128	86%

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QUESTIONS

Inés Eaton, MS Department of Children and Families ines.eaton@ct.gov Melissa Sienna, MS, MPA UConn Health <u>Melissa.sienna@ct.gov</u>

THANK YOU!