ALCOHOL & DRUG POLICY COUNCIL (ADPC) Meeting of Tuesday, October 17, 2023 Legislative Office Building, Room 1D 10:00 a.m.

ATTENDANCE

- <u>Members/Designees</u>: Dr. Allen, Treatment Committee Co-chair; Rebecca Allen, Recovery Committee Co-chair; Luiza Barnat, Treatment Committee Representative; Maria Coutant-Skinner, McCall Center; Vanessa Dorantes, Commissioner, DCF; Sarah Eagan, Office of the Child Advocate; Danielle Ebrahimi, Criminal Justice Representative; Ines Eaton, Criminal Justice Representative; Katie Farrell, Criminal Justice Chair; Tammy Freeberg, The Village for Families & Children; Allison Fulton, Prevention Subcommittee Co-chair; Claudio Gualtieri, OPM; William Halsey, DSS; Mark Jenkins, CT Harm Reduction Alliance; Deborah Lake, Prevention Committee Chair; Cristin McCarthy Vahey, State Rep; Pamela Mulready, Recovery Committee Chair; Nancy Navarretta, Commissioner, DMHAS; Gerard O'Sullivan, DOI; Dr. Surita Rao, UCONN Medical; Gary Roberge, Judicial Designee; Chris Robles, DCF Designee; Sandra Violette, Criminal Justice Chair; Representative Toni Walker
- Visitors/Presenters: Robert Kanehl; Robert Lawlor; Alison Karimi; Keri Lloyd; Rodrick Marriott; Nicole Murowsky; Angela Duharme; John Lally; Elsa Ward; Kim Haugabesk; Michelene Longo; Renee Mateyov; Sabohat Khahloy; Kelly Sinko Steubar; Katie Ramos, David Kaplan
- Recorder: Karen Urciuoli

Committee (OSAC) Update Municipal Reporting Requirements In order to comply with the set advisory committee was estable settlement funds. As the commin information to and from the municipal manner. Consequently, this yes settlement proceeds to the Op		Action
Opioid Settlement Advisory Katie Ramos, Administrator of Opioid Settlement (OSAC) Update • In order to comply with the set advisory committee was estable settlement funds. As the committee funds. As the commitment funds. As the commitment funds and from the manner. Consequently, this yes settlement proceeds to the Opioid Settlement funds.	in attendance.	Noted
Committee (OSAC) Update Municipal Reporting Requirements In order to comply with the set advisory committee was estable settlement funds. As the commin information to and from the municipal manner. Consequently, this yes settlement proceeds to the Op	epted as written.	Noted
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advisory committee was estab settlement funds. As the comminformation to and from the mu manner. Consequently, this yes settlement proceeds to the Op		PowerPoint
settlement related to opioid liti proceeding fiscal year on a for the committee on or before Oc the municipalities has been ex submitted their report by Octol working on finalizing the repor Summary of the Municipal Reports 106 Municipalities Submitted t Successes Reported: Collaboration betwee services and schools Expansion of existin	en many towns and departments (police, fire, EMS, local health departments, human	presentation can be found on the DMHAS ADPC webpage.

The October 17, 2023 meeting of the Alcohol & Drug Policy Council (ADPC) was called to order at 10:00 a.m. by Commissioner Navarretta, DMHAS. The meeting was co-chaired by Commissioner Dorantes, DCF.

Торіс	Discussion	Action
	Provided Naloxone to First Responders	
	Training and Education	
	The Connecticut Opioid REsponse (CORE) Report	
	 Dr. Fiellin and the team at Yale reviewed the revised CORE report at the last OSAC meeting on September 12, 2023 	
	 The report is a preliminary set of recommendations to provide timely guidance to the Connecticut Opioid Settlement 	
	Advisory Committee (OSAC)	
	The strategies and tactics highlighted in the report align with guidance from the Opioid Litigation Settlement (Exhibit	
	E). The priorities aim to provide both general and specific guidance on potential funding initiatives	
	This early draft will allow for public and expert comment, and it is anticipated that a more detailed version of the report	
	will be available in February 2024	
	A 60-day public comment period is now open. The comment period will close on November 12, 2023	
	The public comment link is available on the OSAC website https://portal.ct.gov/COSAC and here:	
	https://yalesurvey.ca1.qualtrics.com/jfe/form/SV_d5SmccjWJAAAD7o	
	Opioid Settlement Advisory Committee (OSAC) Public Input	
	 To ensure robust public involvement, the OSAC is opening a link to receive input from diverse stakeholders regarding recommendations for funding of initiatives to combat the opinid arisis that are ovidence based or a promising practice. 	
	recommendations for funding of initiatives to combat the opioid crisis that are evidence-based or a promising practice	
	 Governmental and nonprofit nongovernmental entities shall be eligible to receive moneys from the fund for programs, services, supports and resources for prevention, treatment, recovery and harm reduction 	
	 Any member of the public (e.g., subject matter experts, individuals with lived experience, preventionists, academics, 	
	 Any member of the public (e.g., subject matter experts, individuals with nived experience, preventionists, academics, service providers, municipalities, policy makers, researchers) may submit an idea on how these funds could be used to 	
	help those most impacted by the opioid crisis	
	 The OSAC will follow the approved guidelines for processing recommendations 	
	 Submitting a recommendation does not guarantee funding 	
	 The Committee will review and make determinations on all recommendations 	
	Opioid Settlement Advisory Committee (OSAC)	
	For additional background, please refer to the webpage https://portal.ct.gov/COSAC	
	All documents related to the settlement dollars, the responsibility and scope of the OSAC, as well as permitted uses of	
	the funding (i.e., Exhibit E) are posted	
	Opioid Settlement Advisory Committee (OSAC) Public Input	
	• The link to submit a funding recommendation "How to Make a Funding Request to OSAC" will be active for a 30-day	
	period from October 17, 2023, through November 17, 2023	
	Opioid Settlement Advisory Committee (OSAC)	
	 Next OSAC meeting November 14, 2023, 10 am- 12 pm via TEAMS 	
	OSAC Subcommittees continue meeting monthly	
	Questions may be directed to <u>Katherine.Ramos@ct.gov</u>	
The DMHAS Regional Priority	Jennifer Sussman, DMHAS Center for Prevention Evaluation and Statistics (CPES), UCONN Health provided the following report:	Informational – The full
Setting Process: 2022-23 Results	The DMHAS Regional Priority Report Process	PowerPoint
and Recommendations	SAMHSA Substance Abuse Prevention and Treatment (SAPT) and Mental Health (MH) Block Grant funding requires that states	presentation can be
	annually:	found on the DMHAS
	 Assess needs, strengths and critical gaps in their service delivery systems 	ADPC webpage.
	Identify target populations, and priorities for those populations.	
	As strategic community partners, Regional Behavioral Health Action Organizations (RBHAOs) assist with this charge by:	
	 Assessing the needs for children, adolescents and adults across the regions and 	

Торіс	Discussion	Action
	Developing Regional Strategic Plans to include epidemiological profiles and priority recommendations for prevention,	
	treatment, and recovery services.	
	DMHAS Regional Behavioral Health Action Organizations (RBHAOs)	
	Region 1 – The HUB	
	Region 2 – Alliance for Prevention & Wellness	
	Region 3 – SERAC	
	Region 4 – Amplify, Inc.	
	Region 5 – Western CT Coalition	
	The Regional Process - The process of needs assessment is roughly a 6–9 month process.	
	 Identify regional behavioral health priority setting workgroup members 	
	Review and update process and content for focus groups and surveys	
	Administer provider/stakeholder surveys and implement focus groups;	
	4. Review and analyze data	
	5. Prepare epidemiological profiles by priority problem	
	6. Identify strengths, services and resources, gaps, and needs	
	7. Understand and utilize criteria for selecting priorities	
	8. Convene Workgroup and select priorities	
	9. Prepare comprehensive report, utilizing specified report template	
	10. Submit and disseminate report	
	A Data-Informed Process: Epidemiological Data State	
	 CT School Health Survey (CT's YRBSS) Behavioral Risk Factor Surveillance System Survey (BRFSS) 	
	 State Census/American Community Survey Accidental Drug Related Deaths 	
	 Accidental Drug Related Deaths CPMRS/prescription monitoring data 	
	 National Survey of Drug Use and Health (NSDUH) 	
	 2-1-1 Calls 	
	Drug seizure data – High Intensity Drug Trafficking Area (HIDTA) State Unistantianal Drug Overdees Reporting System (CUDORS)	
	 State Unintentional Drug Overdose Reporting System (SUDORS) Regional/Town 	
	Treatment admissions data	
	 Community Readiness Survey (CRS) regional reports 	
	 Retail registrations/license for alcohol, tobacco/ENDS sales 	
	 Regional youth and community surveys 	
	 Treatment admissions data 	
	 DataHaven Community Wellbeing Survey and Town Equity Profiles 	
	 DataFlaven Community Weilbeing Survey and Town Equity Fromes Hospital and ED/syndromic surveillance data 	
	 DUI motor vehicle crashes Overdose 	
	Local	
	EMS calls/Statewide Opioid Response (SWORD) and ODMap data	
	 Drug seizure data 	
	 Local youth and community surveys 	
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Торіс	Discussion	Action
	Stakeholder surveys	
	Community Health Needs Assessments	
	A Data-Informed Process: Local Qualitative Data	
	Focus Groups with:	
	 Catchment Area Councils (CACs); Regional Suicide Advisory Boards (RSABs) and Gambling Awareness Teams; Local Prevention Councils (LPCs); Community Care Teams, the recovery community, youth-serving providers, families, referral organizations, school representatives, and others 	
	Key Informant Interviews with:	
	 Behavioral health consumers and providers; DMHAS Tobacco Enforcement and Problem Gambling Services, Public health analysts, faith leadership, family members, loss survivors, community members, partner agencies, community leaders, and others 	
	Group Discussions at:	
	 LPC meetings, Subregional and coalition meetings 	
	Emerging Issues	
	 Xylazine (increasing prevalence), across all regions, emerging population: youth and young adults Zyn (oral nicotine pouches), in Regions 1 & 2, emerging population: youth and young adults 	
	Cannabis, across all regions, emerging population: youth and young adults	
	ENDS/Vaping, across all regions, emerging population: youth and young adults	
	Counterfeit Pills, in Regions 1, 2 & 3, emerging population: college students	
	Alcohol, Region 5, emerging population: women, teen girls, Latinx	
	Underserved Populations LGBTQ+ 	
	 Veterans/Military 	
	Young Adults	
	Older Adults	
	Undocumented Immigrants	
	 This with cultural and language differences 	
	Resource Gaps and Needs	
	 Funding, resources (human, staff, financial); 	
	 Resources to address language, cultural barriers, and stigma, and increase access to treatment for underserved 	
	populations.	
	 Transportation, childcare, other basic tx/prevention supports. 	
	 Behavioral health treatment for youth, adolescents, and young adults. 	
	 Interdisciplinary approaches, including integration of prevention/treatment across substances, co-occurring issues. 	
	 Education and awareness resources (schools, community). 	
	In-home and family-based treatment options.	
	Expanded crisis response services.	
	 Recovery support services (RFW, housing, etc.). 	
	Prevention recommendations focused on:	
	 Increases in funding support to specific prevention partners (e.g., Local Prevention Councils); 	
	 Education and awareness building (social marketing campaigns, educational resources for stakeholder groups, such as parents and youth); 	

Торіс	Discussion	Action
	Enhanced focus on co-occurring disorders, underlying causes (e.g., risk factors) and contextual factors (e.g., social	
	determinants of health, health disparities, and systems conditions).	
	Treatment recommendations focused on:	
	 Increases in specific treatment resources (e.g., harm reduction and crisis/sobering centers); 	
	 Increasing ease of access to needed services, through community connections, warm handoffs, and linkages from 	
	emergency services and emergency departments to treatment;	
	• Expansion of culturally-informed and sensitive treatment through workforce development and community outreach.	
	Recovery recommendations also focused on expansion of resources and improvement of access across populations.	
	Improvement of recovery support resources;	
	Non-faith-based, science driven support groups;	
	 Increased cultural inclusivity in existing faith-based support groups; 	
	Expansion of recovery centers;	
	Improvement of post-treatment follow up;	
	 Increased use of recovery coaches and family recovery coaches; 	
	Expansion of pro-social recovery activities in the community.	
	State/Systems Recommendations	
	Workforce Development	
	 Review statewide CCB certification program requirements for mental health, addiction, and suicide prevention to expedite the process, expand the workforce; 	
	 Provide increased funding, systematic cultural competence training, and burnout prevention resources for behavioral 	
	health providers, especially in underserved areas;	
	 Identify and implement innovative strategies that will grow and sustain a pipeline of prevention professionals to meet the 	
	future needs of the state;	
	 Facilitate second language learning for providers to address client language barrier; 	
	 Provide incentives to build the clinical workforce from the ground up (HS job shadowing, tuition reimbursement, student 	
	debt forgiveness).	
	Awareness/Education	
	 Educate policy leaders and treatment providers on harm reduction models; 	
	 Develop a statewide education plan for youth, parents, and businesses (seller/servers) to address UAD and DUI; 	
	Develop statewide awareness plans/campaigns:	
	 Nicotine use vs. ENDS as a delivery system; 	
	 Educating primary care networks about RBHAO/vaping resources; 	
	Recovery Friendly Workplace initiative;	
	 Increase training and education to providers on trauma/PTSD and its relation to other behavioral health issues. 	
	Cultural Competence/Inclusion	
	 Increase state funding for culturally-specific behavioral health centers; 	
	 Address housing disparities and transportation barriers to improve access to/engagement with resources; 	
	 Increase participation of people with lived experience in local coalitions and state-level decision-making; 	
	 include "persons affected" in recovery planning/ supports. 	
	 Increase cultural-competence training of behavioral health providers; 	
	 Build capacity and readiness among underserved populations of youth, young adults and older adults 65+; 	
	Apply non-stigmatizing language to all public facing content.	

Торіс	Discussion	Action
Topic Enhancing Safety Guidance for Families with Substance Use Concerns	 Discussion Policy/Advocacy Legislation/policies that restrict ads targeting youth; hold social media accountable for targeting youth; Review policies and eligibility requirements for in-home treatment to facilitate access, especially for parents with substance use issues; Develop policy to sustain coverage of telehealth long-term; Advocate for comprehensive standardized field sobriety test for cannabis; Promote/implement recommendations of the ADPC Prevention Subcommittee Cannabis Workgroup. Kris Robles, Clinical Behavioral Health Director and Keri Lloyd, Behavioral Health Program Manager provided the following report: Commissioner Dorantes was interviewed by NBC Nighly News, Lester Holt in February 2023 regarding Child Welfare Response to Accidental Poisonings, a portion of that interview was shown. Chris Robles reported the following: Overdoes deaths remain a leading cause of injury deaths in the United States, according to the CDC the majority of overdoes deaths involving synthetics opiods largely illicit made fentanyl and stimulants such as cocaine and methamphetamines. Having increased in recent years, in addition, overdose deaths accelerated during the COVID 19 pandemic. For every drug overdose that results in an overdose death, there are many non-fatal overdose, acounted in one wind to sonomic toll. This fast-moving epidemic does not distinguish among age, gender, religion, economic status or state or county lines. People who have and a least one overdose are more likely to have another according to the CDC. CT overdose deaths. In CT, the five most frequently occurring opioids and stimulants, alone or in combination accounted for 82% of overdose deaths. In CT, the five most frequently occurring opioids and stimulants, alone or in combination accounted for 82% of overdose deaths. In CT, the five most frequently occurring opioids and stimulants, alone or in combinat	Action Informational – the full PowerPoint presentation can be found on the DMHAS ADPC webpage.
	professionals are committed to assisting local communities to effectively and efficiently identify and protect children at risk of impact.	

In Aug memo DCF o quickl identif	loyd reported the following: gust of 2023 DCF released a memorandum that went out to all department staff on the enhanced safety guidance. The o was issued in response to the ongoing overdose concerns and particular parental overdose concerns and child safety. continues to focus on early identification of substance use in the home and supporting individuals and accessing services ly to assist in ensuring children safety. Screening parents and caregivers for substance use concerns helps with early fication of substance use concerns which can lead to a more expeditious engagement in initiation into treatment services r other support services, it can also reduce the progression of a substance use disorder and any medical complications that be exacerbated or initiated as a result of ongoing use. Early identification and engagement in services help with keeping	
may b familie outline and a proba to mal asses (Struc Parad lookin emphi create UNCC staff o Septe The tr	es together, minimizing impact to the family system and ultimately saves lives. Effective October 2023 the memorandum ed that the UNCOPE screening tool would be utilized by department staff at the time of intake during an initial home visit s needed during the pendency of the case. The UNCOPE screening tool is a validated measure that helps with identifying bible substance use concerns, it is not intended to diagnose an individual with a substance use disorder and is not intended ke treatment recommendations but helps to give a window into the potential for a concern and the need for an additional sisment. The UNCOPE screening tool which is used by the staff with a parent or caregiver is used in conjunction with SDM stured Decision Making) tool that is already being utilized as part of the intake assessment and is informed by the ABCD ligm to help make decisions about next steps. The ABCD Paradigm is a safety and risk model that informs child safety by ig at adults' protective capacities, behaviors that are harmful, child vulnerabilities and dangerous conditions. It is asized that the tool should be administered in a sensitive manner using family centered engagement strategies. A video ad by National center on Substance Abuse and Child Welfare, which depicts a child welfare worker administering the DPE screening tool in a situation involving suspected substance use has been embedded by the DCF Academy in the new orientation to help enhance their understanding and confidence in administering the UNCOPE screening tool. Between ember 12 th and October 2 nd DCF staff were busy with conducting 34 skills enhancement training sessions across the state. raining consisted of the following: Understanding stigma and implicit bias and how these can impact the engagement and work DCF does with families, and included talks about Language Matters and utilizing the Language Matters resource developed by the ADPC and gave that as a resource for staff to continue to refer to in terms of the language that they	

Торіс	Discussion	Action
	 Family Care Plan training with the Academy on Family Care Plans. Making Naloxone available, a project plan has been developed to make the Naloxone available within the area offices as well as accessible to DCF staff and will be brought forward to the Senior Advisory Group for consideration. Working towards becoming Recovery Friendly Workplace and is working with the DMHAS on this initiative. Continue tracking child welfare trends across the region and country. 	
Sub-committee Reports		
Prevention, Screening and Early Intervention	 Allison Fulton provided the following update: This committee was provided with a presentation from Jennifer Sussman and an OSAC presentation from Katie Ramos. During September they had a quarterly grant update from Colleen Violette of DPH, regarding the 5th year enhancement to the CDC Overdose to Action Grant with additional funding to provide bio surveillance. They also are participating with UCONN to train clinicians on screening, diagnosis, and linkage to care, and will be working with CCAR to facilitate this process as well. Stephanie Welch provided an update on Strategic Prevention Framework funding from SAMHSA for a total of 1.92 million, which runs through 2026. The funding is directed at reducing the non-medical use of prescription drugs and reduce overdoses. She also provide and update to the State Opioid Response Prevention Initiative, also from SAMHSA, which intends to provide education, Naloxone training, workforce development and outreach to populations of concern. Stephanie also informed the group the Fatherhood Initiative, which will be working with dads as they transition out of incarceration. She also reported on the grant progress of the PFS Initiative totaling 6.25 million, which also another SAMHSA opportunity. The purpose is to reduce underage drinking among 12 to 17 year-olds, will building community readiness and capacity, raise awareness among the general populations and reduce retain access to alcohol among this age group. The Naloxone workgroup has completed their draft recommendations and will be presenting them to this council in December. 	Informational
Recovery and Health Management	 Rebecca Allen provided the following update: On September 14th they had a presentation from DOC Addiction Services staff on the recovery services offered at Manson Youth Institute, they discussed the Tier 1 and Tier 2 programs, SMART Recovery, alternative peer groups as well as increasing the family involvement both in SMART Recovery groups and care coordination. Met on October 12th and had 2 presentations. One was from the Yale School of Law and Public Health on the workshop the held over the summer, Where is the Gender in Harm Reduction, and discussed their upcoming report on that workshop and if there are any opportunities to support their findings. The 2nd presentation was an overview on sober housing from DMHAS and ABH staff. They discussed the expansion of eligibility for sober housing vouchers through basic needs and the addition of case management services. They welcomed Voluntown first selectman Tracy Hansen as the OSAC representative to this committee. They are updated regularly on OSAC progress and have reviewed the core report and highlighted areas where they can make potential recommendations. Recovery Friendly Campus and School workgroup - members from this group attended the CT State University System JED campus convening on Tuesday, October 3rd. The 4 state colleges and community college system learned about the Recovery Friendly Community and Workplace Initiatives and were introduced to the work of the Recovery Friendly Campus and Education workgroup. The campuses were invited to participate in the process of enacting a recovery friendly campus a, attending the workgroup, taking the recovery friendly campus survey when it is released through the CT Healthy Campus Initiative or contributing suggestions or resources to enhance the future tool kit. A draft of the recovery friendly campus survey will be distributed to a select number of campuses this month for final revisions and suggestions prior to statewide distribution. 	Informational

Торіс	Discussion	Action
	 Special Populations Workgroup – they are meeting every month and were in the process of drafting a recommendation for a special needs gap analysis but learned that partnering state agencies are in a similar process. To avoid being duplicative, they are pulling their recommendation back at this but, but remain willing to support the effort in any way they can. This workgroup will work with Yale Law once the Where is the Gender in Harm Reduction is out and will see if there is anything this group can do to lift up to the full committee as a recommendation. Recovery Housing Workgroup – currently meeting every 2 weeks. Discussed the challenges for individuals seeking or residing in sober or recovery housing and the lack of flexibility and choice in some of the HUD supported vouchers, and the funding not being adequate or long enough to set people up for success. Will continue to meet and look at way they can make recommendations as appropriate. 	
• Treatment	 Maria Coutant Skinner and Dr. Allen provided the following update: Continue to focus on the best practice concepts so they can build a list of recommendations and are reviewing the Core report and looking forward to submitting comments. This has been the focus of a lot of their meetings. Have brought on a new member to their committee, Tammy Freeberg, Vice President of Strategy and Planning with Village for Families and Children. Continue to discuss high quality treatment for individuals who have co-occurring diagnoses. They did a deep dive into our current service system and had an excellent presentation by Julienne Giard around all of the efforts to date especially in the adult service system. Julienne highlighted the SAMHSA COSIG grant and work being done through that. That lead them to think about the workforce, policy and infrastructure changes and how they can continue to do this work especially with a lot of new and young individuals providing those services. Dr. Allen notes that there is still an ongoing reluctance to utilize medication for opioid use disorder in the medical community, and the lifting of the data waiver, the requirement to complete 8 hours of training before you can prescribe a buprenorphine-based medication to treat opioid use disorder, was hopefully going to lead to more medical providers writing those prescriptions and treating patients really hasn't happened. What was put in place was a requirement for medical providers to get training in order to renew their DEA license, that was an upside and an opportunity. This committee is wondering what medical schools are doing, there are 3 in this state, and are they adequately providing education around substance use disorders and co-occurring disorders so that when they move on to their specialty areas of care, they will have that background and comfort level. Greg Williams from the Alliance of Addiction Payment Reform, he discussed the financing of behavioral health compared to medical	Informational
Criminal Justice	Theatre in Torrington. Katie Farrell provided the following report: Has a presentation at one of their meetings on Xylazine by the Opioid Response Network. Mike Hines from the CSSD presented on the Treatment Pathways programs that has been in existence for a few years. Spent time with Rudy Marconi from the OSAC and discussed recommendations. Katie Ramos also joined them at their last meeting. Recovery Coaches workgroup is meeting, they invited the DMHAS Director of Recovery Community Affairs to work with	Informational

Торіс	Discussion	Action
	 them on mapping. They are specifically looking at access for individuals with criminal justice involvement to try to share resources and information. Currently working on a recommendation for the December ADPC meeting for shared resources and periodic review of minimum training requirements, standards and training coordination for substance use trainings for the criminal justice professionals. 	
Other Business		

<u>NEXT MEETING</u> – Tuesday, December 19, 2023 – Virtual <u>ADJOURNMENT</u> – October 17, 2023 meeting of the Alcohol and Drug Policy Council adjourned at 11:30am.