



# Diagnosed Diabetes Connecticut Adults (18+ Years)

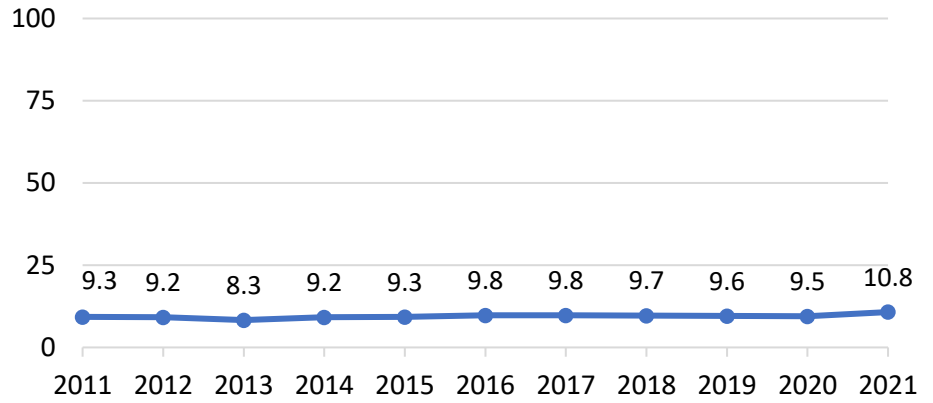
2021 Behavioral Risk Factor Surveillance System Data



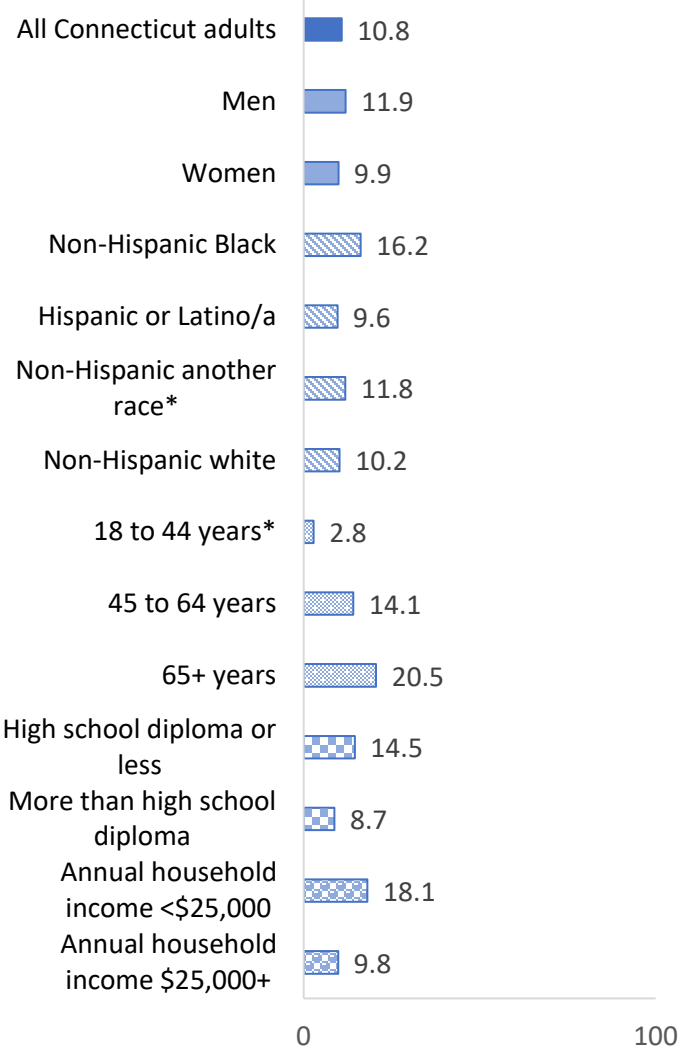
## Community, Family Health and Prevention Section • June 2023

An estimated 10.8% of Connecticut adults (18+ years), or 312,000 adults, have been told by a health care professional that they have diabetes (either type 1 or type 2). This estimate does not include adults with prediabetes or gestational diabetes.

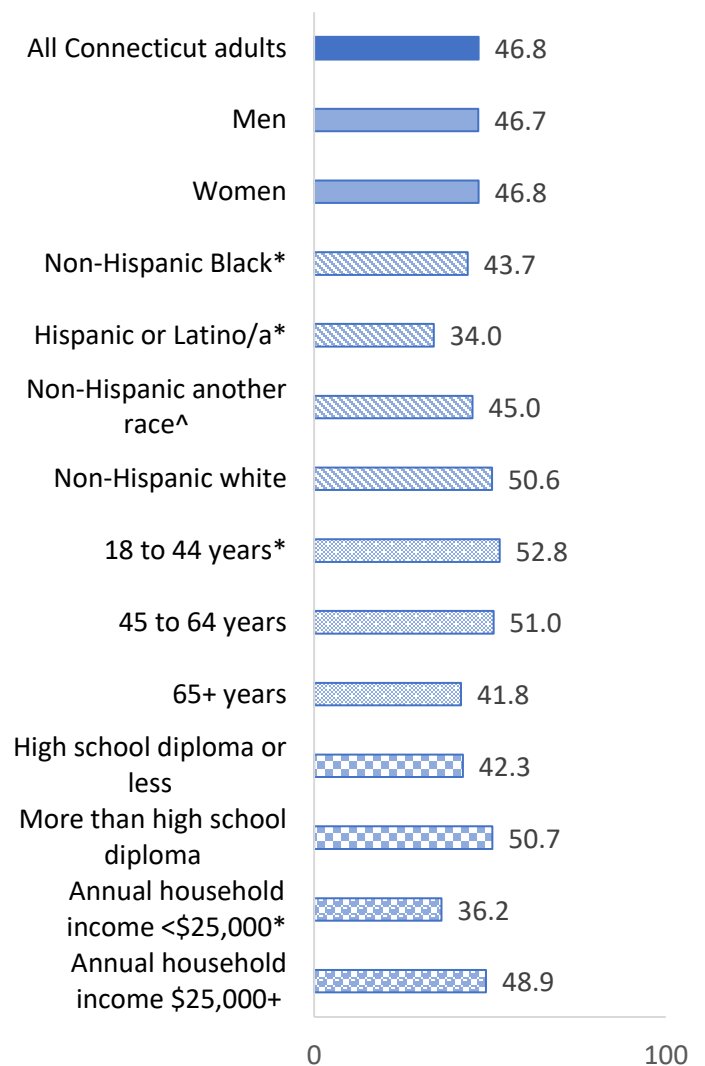
The prevalence of diagnosed diabetes has changed little since 2011.



The percent of Connecticut adults (18+ years) who have diagnosed diabetes varies by race and ethnicity, age, educational attainment, and annual household income.



The percent of Connecticut adults (18+ years) with diagnosed diabetes who have ever taken a class to manage diabetes themselves varies little by demographic groups.



\*Caution should be exercised when interpreting these estimates because the coefficient of variation is 15% to 20.0%.

^The estimate is rounded to the nearest 5 because the coefficient of variation is 20.1% or greater.