### FACT SHEET

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# **Potential Environmental Hazards** in Day Care Facilities



### Why should I be concerned about environmental hazards inside and outside of the day care facility?

- Very young children spend most of their time near the ground where environmental hazards may exist.
- Children crawl and put things in their mouths.
- Illness and disease may be caused by contact with environmental hazards.
- Children are still developing and are more vulnerable to many environmental pollutants.

## What are some common environmental hazards that may be present in the day care setting?

- Carbon monoxide Dust/dirt Craft supplies
- Mold Cleaning products Lead paint
- Chemicals in soil Arsenic in pressure-treated wood Radon gas
- Second-hand tobacco smoke Pesticides/insect repellants

#### What can I do to reduce environmental hazards?

#### Mold

- Repair leaky plumbing and clean up standing water promptly to prevent bacteria & mold growth.
- Scrub mold off hard surfaces with detergent and water, and dry completely.
- Remove and discard carpets/rugs if they have been wet more than 24 hours; do not let children play or sleep in/near the area.

#### Carbon Monoxide

- Install at least one carbon monoxide detector on each occupied level of the facility and maintain it properly.
- Maintain fuel-burning appliances with a yearly checkup and cleaning.

#### **Chemicals in Soil**

- Cover bare soil with grass or mulch.
- Keep children's play area away from the building foundation.
- Have children wash their hands and face after playing outdoors.

#### **Second Hand Smoke**

• Never allow smoking anywhere in the building/home or grounds.

#### Dirt/Dust

- Keep carpets clean.
- Use a vacuum cleaner with a HEPA filter and vacuum only when children are not present.
- Use barrier mats at each entrance.

#### **Cleaning Products**

- Avoid using cleaning products around children.
- Store cleaning products in a separate locked area.
- Switch to products that contain less toxic chemicals ("green" products).

#### Arsenic in Pressure-treated wood

- Seal decks and playscapes with a weather-resistant coating such as a penetrating, oil-based stain.
- Keep children out from under the deck area.
- Put a fresh layer of sand or wood chips under playscapes after sealing.

#### **Pesticides/Insect Repellants**

- Empty garbage frequently, at least daily, to an exterior location.
- Store food in closed containers.
- Consider non-chemical options to control weeds and pests.
- Use insect repellants with no more that 10% DEET (do not use on infants).
- Remove standing water after rainfall to prevent mosquito breeding.

#### **Craft Supplies**

• Buy ACMI (Art & Creative Materials Institute) approved products labeled "A" for use by young children.

#### **Lead Paint**

- Wash children's hands often, especially before eating or napping.
- Keep play area clean: wash bottles, pacifiers, toys and stuffed animals regularly.
  - Test for lead in homes built before 1978.

More information about lead regulations can be found at: www.ct.gov/dph/lead or 860-509-7299.

#### Radon

- Test for radon between the months of November and April as required for daycare centers and group daycare homes that use the 1st floor or basement.
- Reduce high levels of radon, when found.

More information about radon regulations can be found at: www.ct.gov/dph/radon or 860-509-7367.

More information about environmental hazards can be found on the CTDPH web site: <a href="www.ct.gov/dph/ieq">www.ct.gov/dph/ieq</a> or by contacting the Environmental and Occupational Health Assessment Program at 860-509-7740.

State statutes and regulations regarding the environment in child day care facilities can be found in Section 19a-79-7 (centers and group homes) and in Section 19a-87b-9 (family day care homes) of the Connecticut General Statutes.

#### **Additional Resources**:

Connecticut Department of Public Health Day Care Regulations Unit: www.ct.gov/dph/daycare

Environmental Protection Agency: www.epa.gov/iaq

Children's Health Environmental Coalition: www.checnet.org/healthehouse

Art and Creative Materials Institute: www.acminet.org

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