

CONNECTICUT HOME CARE PROGRAM FOR ELDERERS

Can Home Care Help You?



The Connecticut Home Care Program for Elders helps individuals to stay at home instead of going to a nursing home. Many people in nursing homes might have been able to stay in their homes if they had assistance with personal care, cooking and cleaning. This brochure will explain the program, how to apply and qualify.

Referral Process

The process starts by making a referral by either calling or applying online. Callers should be prepared with information about what kind of help the applicant needs, health conditions and financial information. A nurse or social worker will take the information and determine if the applicant appears to be eligible. A referral will be made for a care manager to come to the home and do an assessment of needs and explain how the program works. The client and the care manager will decide what services are needed. Clients may choose from an array of home care providers to meet their needs.



Services may include:

- Care Management Services
- Adult Day Health Services
- Companion Services
- Home Delivered Meals
- Homemaker Services
- Assisted Living Services
- Personal Care Attendant
- Chore Assistance
- Adult Family Living
- Emergency Response System
- Respite
- Mental Health Counseling
- Transportation
- Assistive Technology
- Bill Payer
- Chronic Disease Self Management Program
- Environmental Accessibility Adaptations
- Recovery Assistant
- Care Transitions
- Highly Skilled Chore
- Independent Support Broker

There are limits on how much the state can pay for home care services depending on your needs. The care manager will explain the cost limits in more detail. If the services you need are within the cost limits and available nearby, the care manager will offer you the option of receiving home care once you are determined to be eligible for the program. You are not required to accept the plan of care offered to you. If you are dissatisfied with the kind or amount of services offered, the care manager must review your needs and options with you. If you are still dissatisfied, you can appeal the decision to the Department.

If you accept home care services, the care manager will arrange for you to receive them. A care manager will monitor and coordinate your care unless it is determined that you or a family member are able to coordinate and monitor your services.

Who Qualifies for the Home Care Program for Elders?

You may qualify if....

- You are 65 or older,
- You are a Connecticut resident,
- You meet the program's functional criteria and/or
- you are at risk of nursing home placement, and
- You meet the program's income and asset guidelines.

You must meet all of these requirements to qualify.

How Do I Qualify?

Applicants must require assistance with activities of daily living such as bathing, dressing, preparing meals, walking, and taking medications.

Applicants must also meet financial eligibility requirements.

Financial Eligibility

Applicants who are not on Medicaid are required to apply. Applicants who are not eligible for Medicaid can choose to be on the State Funded program. Current income and asset limits can be found at www.ct.gov/dss, select Programs and Services, Elders, Community Options Unit. Clients who are on the state-funded portion of the program are required to pay a 9% copay. Your care manager will tell you if you have to contribute and how much. In some cases, the Department may pursue a legally liable relative contribution from spouses of recipients receiving services under this program.

The State also has the right to recover monies from the estates of individuals who receive services from this program, including any private insurance premiums paid on behalf of the individual.

The State of Connecticut wants to give you an opportunity to stay home instead of going to a nursing home. Nursing Home care is very expensive, often costing more than \$60,000 a year. Medicare does not usually pay for nursing facility care. Frequently, people who enter a nursing facility spend all their savings to pay for their care.

Is the Home Care Program For Elders for you?

..... the decision is yours.

