

2011
CONNECTICUT
SCHOOL HEALTH SURVEY
YOUTH TOBACCO COMPONENT

STUDENT SURVEY BOOKLET

This survey is about tobacco use and related health topics. This is NOT a test! It will help us **develop better tobacco education programs** for young people like you.

DO NOT WRITE YOUR NAME ON THE SURVEY. Your answers will be kept private. **No one will know what you write.** Answer the questions based on what you really know or do.

Taking part in this survey is voluntary. Your grades will not be affected, and no one will ever know your answers.

The questions about your background will only be used to describe the types of students completing this survey. **The information will not be used to find out your name.** No names will ever be reported.

Make sure you read every question on the survey. Be as honest as you can with your answers. **USE THE PENCIL PROVIDED.** **Be sure you fill in the circles completely.** When you are finished, sit quietly and wait for instructions from the person giving the survey.



START HERE

THE FIRST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOU.

1. **How old are you?**
 - 11 years old or younger
 - 12 years old
 - 13 years old
 - 14 years old
 - 15 years old
 - 16 years old
 - 17 years old
 - 18 years old or older

2. **What is your gender?**
 - Female
 - Male

3. **What grade are you in?**
 - 6th
 - 7th
 - 8th
 - 9th
 - 10th
 - 11th
 - 12th
 - Ungraded or other grade

4. **How do you describe yourself? (You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER)**
 - American Indian or Alaskan Native
 - Asian
 - Black or African American
 - Hispanic or Latino
 - Native Hawaiian or Other Pacific Islander
 - White

5. **Which one of these groups BEST describes you? (CHOOSE ONLY ONE ANSWER)**

- American Indian or Alaska Native
- Asian
- Black or African American
- Hispanic or Latino
- Native Hawaiian or Other Pacific Islander
- White

6. **During the last 4 weeks, about how much money did you have each week to spend any way you want to?**

- None
- Less than \$1
- \$1 to \$5
- \$6 to \$10
- \$11 to \$20
- \$21 to \$50
- More than \$50

THE NEXT GROUP OF QUESTIONS ASKS ABOUT TOBACCO USE.

Cigarette Smoking

7. **Have you ever tried cigarette smoking, even one or two puffs?**

- Yes
- No

8. **How old were you when you smoked a whole cigarette for the first time?**

- I have never smoked a whole cigarette
- 8 years old or younger
- 9 or 10 years old
- 11 or 12 years old
- 13 or 14 years old
- 15 or 16 years old
- 17 years old or older



9. About how many cigarettes have you smoked in your entire life?

- None
- 1 or more puffs but never a whole cigarette
- 1 cigarette
- 2 to 5 cigarettes
- 6 to 15 cigarettes (about 1/2 a pack total)
- 16 to 25 cigarettes (about 1 pack total)
- 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)
- 100 or more cigarettes (5 or more packs)

10. During the past 30 days, on how many days did you smoke cigarettes?

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

11. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- I did not smoke cigarettes during the past 30 days
- Less than 1 cigarette per day
- 1 cigarette per day
- 2 to 5 cigarettes per day
- 6 to 10 cigarettes per day
- 11 to 20 cigarettes per day
- More than 20 cigarettes per day

12. During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)

- I did not smoke cigarettes during the past 30 days
- I do not have a usual brand
- Camel
- Marlboro
- Newport
- Virginia Slims
- GPC, Basic, or Doral
- Some other brand

13. Where do you smoke cigarettes? (You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER)

- I do not smoke now
- At home
- At school
- At work
- In the car
- At friends' houses
- At sport events, parties, dances, raves, or other social events
- In public buildings (restaurants, fast food places, shopping malls, or other hangouts)
- Outdoors (sidewalks, parking lots, parks, or other places)

14. **During the past 30 days, how did you usually get your own cigarettes?**
(CHOOSE ONLY ONE ANSWER)
- I did not smoke cigarettes during the past 30 days
 - I bought them in a store such as a convenience store, supermarket, discount store, or gas station
 - I bought them from a vending machine
 - I gave someone else money to buy them for me
 - I borrowed (or bummed) them from someone else
 - A person 18 years old or older gave them to me
 - I took them from a store or family member
 - I got them some other way

15. **During the past 30 days, where did you buy the last pack of cigarettes you bought? (CHOOSE ONLY ONE ANSWER)**
- I did not buy a pack of cigarettes during the past 30 days
 - A gas station
 - A convenience store
 - A grocery store
 - A drugstore
 - A vending machine
 - I bought them over the Internet
 - Other

16. **Do you know that it is against the law in Connecticut for anyone under the age of 18 to possess tobacco of any kind?**
- Yes
 - No

17. **Do you know that it is against the law in Connecticut for anyone under the age of 18 to buy tobacco of any kind?**
- Yes
 - No

18. **Do you know that it is against the law in Connecticut to lie about your age in order to buy tobacco?**
- Yes
 - No

19. **When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?**
- I did not try to buy cigarettes in a store during the past 30 days
 - Yes, I was asked to show proof of age
 - No, I was not asked to show proof of age

20. **During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?**
- I did not try to buy cigarettes in a store during the past 30 days
 - Yes, someone refused to sell me cigarettes because of my age
 - No, no one refused to sell me cigarettes because of my age

21. **In the area where you live, do you know of any places that sell single or loose cigarettes?**
- Yes
 - No

22. **During the past 30 days, on how many days did you smoke cigarettes on school property?**
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days



23. When was the last time you smoked a cigarette, even one or two puffs?

- I have never smoked even one or two puffs
- Earlier today
- Not today but sometime during the past 7 days
- Not during the past 7 days but sometime during the past 30 days
- Not during the past 30 days but sometime during the past 6 months
- Not during the past 6 months but sometime during the past year
- 1 to 4 years ago
- 5 or more years ago

24. Do you want to stop smoking cigarettes?

- I do not smoke now
- Yes
- No

25. During the past 12 months, did any doctor, dentist, nurse, or other health professional ask you if you smoke?

- Yes
- No
- Don't know / not sure

26. During the past 12 months, did any doctor, dentist, nurse, or other health professional advise you not to smoke?

- Yes
- No
- Don't know / not sure

27. During the past 12 months, have you had an episode of asthma or an asthma attack?

- Yes
- No

28. During the past 12 months, did you ever try to quit smoking cigarettes?

- I did not smoke during the past 12 months
- Yes
- No

29. How many times during the past 12 months have you stopped smoking for one day or longer because you were trying to quit smoking?

- I have not smoked in the past 12 months
- I have not tried to quit
- 1 time
- 2 times
- 3 to 5 times
- 6 to 9 times
- 10 or more times

30. When you last tried to quit, how long did you stay off cigarettes?

- I have never smoked cigarettes
- I have never tried to quit
- Less than a day
- 1 to 7 days
- More than 7 days but less than 30 days
- 30 days or more but less than 6 months
- 6 months or more but less than a year
- 1 year or more



31. In the past 12 months, did you do any of the following to help you quit using tobacco of any kind for good? (You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER)

- I have not used any tobacco of any kind in the past 12 months
- Attended a program in my school
- Attended a program in the community
- Called a telephone help line or telephone quit line
- Used nicotine gum
- Used nicotine patch
- Used nicotine lozenge
- Used any medicine to help quit
- Visited an Internet quit site
- Got help from family or friends
- Used another method, such as hypnosis or acupuncture
- Tried to quit on my own or quit "cold turkey"
- Did not try to quit in the past 12 months

Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip

32. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

- Yes
- No

33. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

34. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

Cigars

35. Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?

- Yes
- No

36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

Pipes

37. During the past 30 days, on how many days did you smoke tobacco in a pipe?

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days



Bidis and Kreteks

THE NEXT QUESTIONS ARE ABOUT BIDIS (OR “BEEDIES”) AND KRETEKS (ALSO CALLED “CLOVE CIGARETTES”). BIDIS ARE SMALL BROWN CIGARETTES FROM INDIA CONSISTING OF TOBACCO WRAPPED IN A LEAF TIED WITH A THREAD. KRETEKS ARE CIGARETTES CONTAINING TOBACCO AND CLOVE EXTRACT.

- 38. Have you ever tried smoking any of the following:**
- Bidis
 - Kreteks
 - I have tried both bidis and kreteks
 - I have never smoked bidis or kreteks
- 39. During the past 30 days, on how many days did you smoke bidis?**
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days

Other Tobacco Products

- 40. Have you ever tried any of the following tobacco products, even just one time? (You can CHOOSE ONE ANSWER or MORE THAN ONE ANSWER)**
- Roll-your-own cigarettes
 - Flavored cigarettes, such as Camel Crush
 - Clove cigars
 - Flavored little cigars
 - Smoking tobacco from a hookah or a waterpipe
 - Snus, such as Camel or Marlboro Snus
 - Dissolvable tobacco products, such as Ariva, Stonewall, Camel orbs, Camel sticks, or Camel strips
 - Electronic cigarettes or E-cigarettes, such as Ruyan or NJOY
 - I have never tried any of the tobacco products listed above

41. In the past 30 days, which of the following tobacco products have you used on at least one day? (You can **CHOOSE ONE ANSWER** or **MORE THAN ONE ANSWER**)

- Roll-your-own cigarettes
- Flavored cigarettes, such as Camel Crush
- Clove cigars
- Flavored little cigars
- Smoking tobacco from a hookah or a waterpipe
- Snus, such as Camel or Marlboro Snus
- Dissolvable tobacco products, such as Ariva, Stonewall, Camel orbs, Camel sticks, or Camel strips
- Electronic cigarettes or E-cigarettes, such as Ruyan or NJOY
- I did not use any of the tobacco products listed above in the past 30 days

THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.

42. Do you think that you will try a cigarette soon?

- I have already tried smoking cigarettes
- Yes
- No

43. Do you think you will smoke a cigarette at anytime during the next year?

- Definitely yes
- Probably yes
- Probably not
- Definitely not

44. If one of your best friends offered you a cigarette, would you smoke it?

- Definitely yes
- Probably yes
- Probably not
- Definitely not

45. In the past 12 months, how often have your parents or guardians discussed the dangers of tobacco use with you?

- Never
- Rarely
- Sometimes
- Often
- Very often

46. Do you think young people who smoke cigarettes have more friends?

- Definitely yes
- Probably yes
- Probably not
- Definitely not

47. Do you think smoking cigarettes makes young people look cool or fit in?

- Definitely yes
- Probably yes
- Probably not
- Definitely not

48. Do you think you would be able to quit smoking cigarettes now if you wanted to?

- I do not smoke now
- Yes
- No

49. During this school year, were you taught in any of your classes about the dangers of tobacco use?

- Yes
- No
- Not sure



50. During this school year, did you practice ways to say NO to tobacco in any of your classes (for example by role-playing)?
- Yes
 - No
 - Not sure

THE NEXT QUESTIONS ASK ABOUT DIFFERENT ISSUES RELATED TO TOBACCO.

51. During the past 12 months, have you participated in any community activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?
- Yes
 - No
 - I did not know about any activities

52. During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?
- Not in the past 30 days
 - 1-3 times in the past 30 days
 - 1-3 times per week
 - Daily or almost daily
 - More than once a day

53. When you go to a convenience store, supermarket, or gas station, how often do you see ads or promotions for cigarettes and other tobacco products?
- Never
 - Rarely
 - Sometimes
 - Most of the time
 - Always
 - I never go to a convenience store, supermarket, or gas station

54. How easy would it be for you to get tobacco products if you wanted some?
- Very easy
 - Somewhat easy
 - Not easy at all

55. During the past 12 months, did you read, hear, or watch any advertisements about the prevention of substance abuse, including tobacco?
- Yes
 - No
 - Don't know / not sure

SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.

56. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?
- Definitely yes
 - Probably yes
 - Probably not
 - Definitely not

THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE.

57. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?
- 0 days
 - 1 or 2 days
 - 3 or 4 days
 - 5 or 6 days
 - 7 days



58. Which of these best describes the rules about smoking inside the house where you live? Smoking is...
- Never allowed inside my home
 - Allowed only at some times or in some places
 - Always allowed inside my home
59. Which of the following best describes the rules about smoking in the vehicle you drive or ride in the most? Smoking is ...
- Never allowed inside the vehicle
 - Sometimes allowed inside the vehicle
 - Always allowed inside the vehicle
60. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?
- 0 days
 - 1 or 2 days
 - 3 or 4 days
 - 5 or 6 days
 - 7 days
61. What do you think employers should do about smoking in indoor areas in places where people work? Employers should...
- Never allow smoking in places where people work
 - Allow smoking only at some times or in some places
 - Always allow smoking in places where people work
62. Which of these best describes smoking where you work? Smoking is...
- I do not have a job
 - Never allowed where I work
 - Allowed but only at some times or in some places
 - Always allowed where I work

63. On how many of the past 7 days did you breathe the smoke from someone who was smoking in the place where you work?
- I do not have a job
 - I have a job but did not work in the past 7 days.
 - 0 days
 - 1 to 3 days
 - 4 to 6 days
 - All 7 days
64. Now think about indoor public places such as malls, movie theaters, clubs or restaurants. Which of these best describes what you think about smoking in indoor public places? Smoking should...
- Never be allowed in indoor public places
 - Be allowed in indoor public places but only at some times or in some areas
 - Always be allowed in indoor public places
65. During the past 7 days, on how many days did you breathe the smoke from someone who was smoking a tobacco product in an indoor or outdoor public place? *Examples of indoor public places are school buildings, stores, restaurants, and sports arenas. Examples of outdoor public places are school grounds, parking lots, stadiums, and parks.*
- 0 days
 - 1 or 2 days
 - 3 or 4 days
 - 5 or 6 days
 - 7 days



66. **During the past 7 days, on how many days did you breathe the smoke from someone who was smoking a tobacco product at your school, including school buildings, school grounds, and school parking lots?**

- 0 days
- 1 or 2 days
- 3 or 4 days
- 5 or 6 days
- 7 days

67. **Do you think the smoke from other people's cigarettes is harmful to you?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

68. **Does anyone who lives with you now...? (CHECK ALL THAT APPLY)**

- Smoke cigarettes
- Use chewing tobacco, snuff, or dip
- Use snus
- Smoke cigars, cigarillos, or little cigars
- Smoke tobacco using a hookah or waterpipe
- Smoke tobacco out of a pipe other than a hookah or waterpipe
- Smoke bidis (small brown cigarettes wrapped in a leaf)
- Smoke clove cigarettes (kreteks)
- Smoke or use any other form of tobacco
- No one who lives with me now smokes or uses any form of tobacco

69. **During the past 7 days, on how many days did someone smoke a tobacco product in your home while you were there?**

- 0 days
- 1 or 2 days
- 3 or 4 days
- 5 or 6 days
- 7 days

70. **During the past 30 days, how many days did you miss at least one class period because you skipped or "cut" or just did not want to be there?**

- 0 days
- 1 day
- 2 to 5 days
- 6 to 10 days
- 11 or more days

**Thank you for participating
in this survey!**

