



# CT Pre-exposure Prophylaxis (PrEP)

## Local Medical Services

HIV PREVENTION PROGRAM • March, 2022

**If you believe you were exposed to HIV in the past 72 hours (3 days), go immediately to an emergency room or urgent care clinic and ask for HIV Post-Exposure Prophylaxis (PEP)**

### What is Pre-exposure Prophylaxis (PrEP)?

“PrEP” stands for **Pre-Exposure Prophylaxis**. The word “prophylaxis” means to prevent or control the spread of an infection or disease. Pre-exposure prophylaxis is the use of antiretroviral (ARV) medication by HIV-negative individuals at high risk of HIV infection to reduce their risk.

Pre-exposure prophylaxis (or PrEP) is a way for people who do not have HIV but who are at very high risk of getting HIV to prevent HIV infection by taking a pill every day. When someone is exposed to HIV through sex or injection drug use, these medicines can work to keep the virus from establishing a permanent infection.

### Why take PrEP?

With 50,000 new HIV infections each year in the United States, and no cure or vaccine available, prevention is key. When taken daily, PrEP is highly effective for preventing HIV. Studies have shown that PrEP reduces the risk of getting HIV from sex by about 99% when taken daily. Among people who inject drugs, PrEP reduces the risk of getting HIV by at least 74% when taken daily. PrEP is much less effective if it is not taken consistently.

PrEP is only available by prescription. If you are interested in PrEP and do not have somewhere you regularly receive medical care or have had difficulty discussing PrEP with your doctor or nurse practitioner, please refer to the following list. These facilities all have at least one provider experienced with PrEP and offer respectful medical care to populations including MSM, IDU, and LGBT individuals. Some providers have indicated they have weekend and evening hours.

### How do I pay for PrEP?

Connecticut Department of Public Health  
410 Capitol Avenue, Hartford, CT 06134  
[www.ct.gov/dph](http://www.ct.gov/dph)

- [Ready, set, PrEP program](#)
- [Gilead’s Co-payment assistance Program](#)
- [Form more on co-payment assistance programs visit NASTAD.](#)

As of December, 2019, all major health insurance companies and state-provided insurance in CT will cover PrEP medication at no cost. However, depending on your plan, you may be responsible for co-pays, co-insurance, and/or deductibles. A number of resources are available to help with these costs and can reduce or even eliminate what you pay out of pocket.

Many of the medical providers listed on the following page will be able to offer assistance in signing up for health insurance and applying for payment assistance programs. If a site convenient to you cannot offer you such assistance, or you have other questions about whether PrEP may be right for you, please contact Luis Diaz at the CT Department of Public Health @ 860-509-7418 or [Luis.Diaz@CT.Gov](mailto:Luis.Diaz@CT.Gov)

**More Information:**

- CDC Website: <http://www.cdc.gov/hiv/basics/prep.html>
- PrEPFacts consumer PrEP info: <http://men.prepfacts.org/the-basics/>
- Gilead Website: <https://start.truvada.com/>
- ViiV Healthcare Website: <https://apretude.com/ViiV HealthCare>
- How PrEP Works Video: <http://www.whatisprep.org/>
- DPH PrEP Provider List (This document, in case you’re looking at a printed copy): [http://www.ct.gov/dph/lib/dph/aids\\_and\\_chronic/prevention/pdf/prep\\_services.pdf](http://www.ct.gov/dph/lib/dph/aids_and_chronic/prevention/pdf/prep_services.pdf)

PrEP Program	Address	Telephone	Program Contact	Program Email	Additional Information
Community Health Center, Inc.	5 North Main Street Enfield, CT 06082	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site

Planned Parenthood of Southern New England (PPSNE)	111 Hazard Avenue, Enfield, CT 06082	860-741-2197	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	WWW.PPSNE.ORG OR ZIPPER® in APP Store lists all services, locations & appointments
Community Health & Wellness Center	469 Migeon Avenue, Torrington, CT 06790	860-489-0931	Provider: Paul Anthony, MD	N/A	Primary care available on site Open Weekdays 7:30am- 6:00 pm
Planned Parenthood of Southern New England (PPSNE)	249 Winsted Road, Torrington, CT 06790	860-489-5500	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	WWW.PPSNE.ORG OR ZIPPER® in APP Store lists all services, locations & appointments
University of Connecticut Health Center	263 Farmington Avenue, Farmington, CT 06032	860-679-4225	Juliana Mantey, RN	<a href="mailto:mantey@uchc.edu">mantey@uchc.edu</a>	
CCMC/UCONN Pediatric, Youth + Family HIV Program	CT Children's Medical Center 282 Washington St., 2L Hartford, CT 06106	860-545-9490, option 3	Gail Karas, RN	<a href="mailto:Gkaras@connecticutchildrens.org">Gkaras@connecticutchildrens.org</a>	Youth 14 and up
Community Health Services	500 Albany Avenue Hartford, CT 06120	860-808-8749	TBD	TBD	Primary care available on site

Planned Parenthood of Southern New England (PPSNE)	1229 Albany Avenue, Hartford, CT 06112	860-728-0203	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Burgdorf Clinic at City of Hartford Health Department	131 Coventry Street Hartford, CT 06105	(860) 714-2813 (860) 714-2862	Seja Jackson, APRN-BC Bridget B. Kelly PA-C	N/A	Mon.-Fri. 8:00am-4:00pm
Planned Parenthood of Southern New England (PPSNE)	1030 New Britain Avenue, West Hartford, CT 06110	860-953-6201	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
First Choice Health Center	94 Connecticut Blvd. East Hartford, CT 06108	860-528-1359	Haimavathi Bhat, DO	N/A	Primary care available Saturday Hours: 8am-1:30pm <a href="http://www.ehchc.org">www.ehchc.org</a>
Planned Parenthood of Southern New England (PPSNE)	319 Main Street, Manchester, CT 06040	860-643-1607	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Planned Parenthood of Southern New England (PPSNE)	1548 West Main Street, Willimantic, CT 06226	860-423-8426	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments

Community Health Center, Inc.	51 North Elm Street Waterbury, CT 06702	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site
Planned Parenthood of Southern New England (PPSNE)	617 Watertown Ave, Waterbury, CT 06708	203-753-2119	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Community Health Center, Inc.	675 Main Street Middletown, CT 06457	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site Open until 7pm M-Th, Open Saturday
Planned Parenthood of Southern New England (PPSNE)	26 Woman's Way, Meriden, CT 06451	203-238-0542	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Community Health Center, Inc.	134 State Street Meriden, CT 06450	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site Open until 7pm M-Th, Open Saturday
Community Health Center, Inc.	85 Lafayette St. New Britain, CT 06450	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site Open until 7pm M-Th, Open Saturday
Planned Parenthood of Southern New England (PPSNE)	100 Grand Street, New Britain, CT 06052	203-238-8097	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services,

					locations & appointments
Community Health Center, Inc.	395 North Main Street Bristol, CT 06010	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site Open until 7pm M-Th, Open Saturday
STD/Infectious Disease Clinic of Norwich	107 Lafayette St. Norwich, CT 06360	860-823-6545	Ann Hartman, RN, BSN Provider: Clifford Stirba, MD	<a href="mailto:Ann.hartman@hhchealth.org">Ann.hartman@hhchealth.org</a>	
Planned Parenthood of Southern New England (PPSNE)	12 Case Street, Norwich, CT 06360	860-889-5211	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Community Health Center, Inc.	481 Gold Star Hwy, Suite 100 Groton, CT 06340	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site Open until 7pm M-Th, Open Saturday
Community Health Center, Inc.	1 Shaws Cove New London, CT 06320	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site
Planned Parenthood of Southern New England (PPSNE)	45 Franklin Street, New London, CT 06320	860-443-5820	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Community Health Center, Inc.	263 Main St. #202 Old Saybrook, CT 06475	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site Open until 7pm M-Th, Open Saturday

Community Health Center, Inc.	114 East Main Street Clinton, CT 06413	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site
Anchor Health Initiative	2200 Whitney Ave., Suite 290 Hamden, CT 06518	203-903-8308	Christopher Adams	<a href="mailto:cadams@ahicorp.org">cadams@ahicorp.org</a>	Tuesday, Wed 9-5; Thu 12-7 <a href="http://www.anchorhealthinitiative.org">www.anchorhealthinitiative.org</a>
Yale New Haven Hospital (YNHH)- PrEP Services	20 York Street, CB84 New Haven, CT 06510	203-688-3184	Kelly Moore and	<a href="mailto:Kelly.Moore@ynhh.org">Kelly.Moore@ynhh.org</a> &	
Planned Parenthood of Southern New England (PPSNE)	345 Whitney Avenue, New Haven 06511	203-503-0450	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Nathan Smith Clinic-YNHH PrEP Services	15 York Street, New Haven, CT 06510	203-688-3184 203-688-5303	Kelly Moore Provider: Dr. Onyema Ogbuagu	<a href="mailto:Kelly.Moore@ynhh.org">Kelly.Moore@ynhh.org</a> <a href="mailto:Onyema.ogbuagu@yale.edu">Onyema.ogbuagu@yale.edu</a>	
Haelen Infectious Disease/YNHH PrEP Services	1450 Chapel Street New Haven, CT 06511	203-688-3184 203-789-4135	Kelly Moore Provider: Dr. Michael Virata	<a href="mailto:Kelly.Moore@ynhh.org">Kelly.Moore@ynhh.org</a> <a href="mailto:Michael.virata@ynhh.org">Michael.virata@ynhh.org</a>	
Cornell Scott Hill Health Corp	428 Columbus Avenue New Haven, CT 06519	203-503-3550	Provider: Dr. Ashley Maugh	<a href="mailto:kPeterson@cornellscott.org">kPeterson@cornellscott.org</a>	Open until 8pm M-F, 8:30a-12:30p Saturday

Yale University AIDS Program-Community Health Care Van	270 Congress Avenue New Haven, CT 06519	203-996-0161	Rodolfo Lopez Jr.	<a href="mailto:angel.ojeda@yale.edu">angel.ojeda@yale.edu</a>	
Fair Haven Community Health Care (FHCHC)	374 Grand Ave. New Haven, CT 06513	203-777-7411 X5005	Andrea Lombard	N/A	Primary care available on site
Community Health Center, Inc.	8 Delay Street Danbury, CT 06810	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site
Planned Parenthood of Southern New England (PPSNE)	44 Main Street, Danbury, CT 06810	203-743-2446	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Planned Parenthood of Southern New England (PPSNE)	4697 Main St. Bridgeport, CT 06606	203-366-0664	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Southwest Community Health Clinic (SCHC)	46 Albion Street Bridgeport, CT 06605	203-332-3518	Luis Magana Provider: Gary Spinner, PA	<a href="mailto:Imagana@swchc.org">Imagana@swchc.org</a>	Primary care available on site
Southwest Community Health Clinic (SCHC)	968 Fairfield Avenue Bridgeport, CT 06605	203-332-3518	Luis Magana, Deanne Walsh, APRN	<a href="mailto:Imagana@swchc.org">Imagana@swchc.org</a>	Primary care available on site



Optimus Health Care, Inc.-PrEP Services	471 Barnum Ave Bridgeport, CT 06608	203-696-3260 X3435	Raphael Muniz RW Programs Administrator/ Coordinator	<a href="mailto:rmuniz@opthc.org">rmuniz@opthc.org</a>	
Circle Care Center, World Health Clinicians, Inc.	618 West Avenue, Norwalk, CT 06850	203-852-9525 Ext. 309	Trish Garton	<a href="mailto:TGarton@whcccc.org">TGarton@whcccc.org</a>	Primary care available on site
Community Health Center, Inc.	49 Day Street Norwalk, CT 06854	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site
Stamford Infectious Diseases	166 W Broad St Suite 202, Stamford, CT 06902	203-353-1427	Lori Conklin Providers: Lynda S. Streett, M.D. Ashah Shah, M.D.	<a href="mailto:LStreett@stamhealth.org">LStreett@stamhealth.org</a> g <a href="mailto:AShah1@shipmds.org">AShah1@shipmds.org</a>	
Anchor Health Initiative	30 Myano Lane, Suite 16 Stamford, CT 06902	203-674-1102	Christopher Adams	<a href="mailto:cadams@ahicorp.org">cadams@ahicorp.org</a>	<a href="http://www.anchorhealthinitiative.org">www.anchorhealthinitiative.org</a>
Planned Parenthood of Southern New England (PPSNE)	35 Sixth Street, Stamford, CT 06905	203-327-2722	Front Desk Staff	<a href="mailto:PrEPnowPP@ppsne.org">PrEPnowPP@ppsne.org</a>	<a href="http://www.ppsne.org">www.ppsne.org</a> or ZIPPER® in APP Store lists all services, locations & appointments
Community Health Center, Inc.	141 Franklin St. Stamford, CT 06901	860-266-0257	Lizbeth Vazquez Or Nicole Morgan, LPN	<a href="mailto:Vazqueli@chc1.com">Vazqueli@chc1.com</a> Or <a href="mailto:MorganN@chc1.com">MorganN@chc1.com</a>	Primary care available on site Open until 7pm M-Th, Open Saturday

Stamford Hospital	166 W Broad St #202, Stamford, CT 06905	203-276-5510	Brenice Duroseau, Provider	<a href="mailto:BDuroseau@stamhealth.org">BDuroseau@stamhealth.org</a>	
StayWell Health Center	80 Phoenix Ave Waterbury, CT 06702	203-756-8021	Kathy Pitner Or Keith Taylor	<a href="mailto:Kpitner@StayWellhealth.org">Kpitner@StayWellhealth.org</a> <a href="mailto:ktaylor@staywellhealth.org">ktaylor@staywellhealth.org</a>	
APNH	1302 Chapel St. New Haven, CT 06511	475-441-7020	Mike McGowan	<a href="mailto:Mike.Mcgowan@APNH.org">Mike.Mcgowan@APNH.org</a>	
Waterbury Health Department	185 S Main St. Waterbury, CT 06706	203-574-6883 ext. 7216	Jackie Robertson	<a href="mailto:Jrobertson@waterburyct.org">Jrobertson@waterburyct.org</a>	
APEX Community Care	85 West St. Danbury, CT 06810	203-778-2437	Jason Egbert	<a href="mailto:jegbert@apexcc.org">jegbert@apexcc.org</a>	
Family Centers	888 Washington Blvd 8 <sup>th</sup> Floor Stamford, CT 06901	203-977-5296	Manuel Orellana	<a href="mailto:morellana@stamfordct.gov">morellana@stamfordct.gov</a>	
Perceptions Programs, Inc.	109 Valley St. Willimantic, CT 06226	860-208-5971	Fernando Morales	<a href="mailto:Fernando.morales@perceptionprograms.org">Fernando.morales@perceptionprograms.org</a>	

GBAPP, Inc.	1470 Barnum Ave. Bridgeport, CT 06610	203-366-8255	LeJeune Pollard	<a href="mailto:lpollard@gbapp.org">lpollard@gbapp.org</a>	
ACT	110 Bartholomew Ave. Hartford, CT 06106	860-247-2437	TBD	TBD	
Norwalk Community Health Center, Inc.	120 Connecticut Avenue Norwalk, CT 06854	203-899-1770 Ext. 4020	Orlando Aquino Provider: Barbara Mueller-Marquez	TBD	Hours: Monday- Friday from 8AM to 5PM
Hartford Gay and Lesbian Health Collective	1841 Broad St. Hartford, CT 06114	860-278-4163 X113	Miguel Gonzales	<a href="mailto:Miguelg@HGLHC.org">Miguelg@HGLHC.org</a>	

For more information or if you have questions about PrEP or other high impact prevention programs please contact Marianne Buchelli, Health Program Supervisor at 860-509-8053 or [marianne.buchelli@ct.gov](mailto:marianne.buchelli@ct.gov).