

Medical Food for Women[^]

Product Name	Company Package	Description	Indications for Use
Boost Original	Nestlé (6) 8 fl oz carton (12) 8 fl oz carton	Complete Nutritional Drink Meets 100% RDI for 24 key micronutrients in 1.185L Osmolarity 625 mOsm/kg water Free Water 89% Suitable for lactose intolerance, Gluten-free, Low-residue Kosher Flavors: Very Vanilla Rich Chocolate Creamy Strawberry Peaches & Cream 1 Calorie per milliliter	Inadequate oral intake Malnutrition General oral supplement needs Suitable for lactose intolerance Supplemental or interim sole source nutrition.
Boost Glucose Control	Nestlé (6) 8 fl oz carton (12) 8 fl oz carton	Complete Nutritional Drink Meets 100% RDI for 24 key micronutrients in 1.18 L Osmolarity 400 mOsm/kg water Free Water 84% Suitable for lactose intolerance Gluten-free, Low-residue Kosher Halal Flavors: Vanilla Delight, Chocolate Sensation, Strawberry Bliss Contains sucralose 1 Calorie per milliliter	Diabetes Carbohydrate Controlled diet General oral supplement needs for people with diabetes
Boost High Protein	Nestlé (6) 8 fl oz carton (12) 8 fl oz carton	Complete Nutritional Drink Meets 100% RDI for 24 micronutrients in 1.185 L Osmolarity 650 mOsm/kg water Suitable for lactose intolerance Gluten free, low residue Kosher Flavors: Creamy Strawberry Rich Chocolate Very Vanilla Café Mocha	Increased protein requirement Malnutrition Reduced appetite

Boost Plus	Nestlé (6) 8 fl oz carton (12) 8 fl oz carton	Nutritionally Complete Drink (interim sole-source nutrition) Meets 100% RDI for 24 micronutrients in 1.185 L Gluten-free Low residue Kosher Flavors: Creamy Strawberry, Rich Chocolate, Very Vanilla With prebiotics fiber (Gum Acacia, FOS, Inulin) 1.5 Calorie per milliliter	Malnutrition Inadequate Oral Intake Fluid Restriction Volume intolerance Weight maintenance Supplemental or interim sole source nutrition Suitable for lactose intolerance Not for individuals with galactosemia
Ensure	Abbott (6) 8 fl oz carton	Nutritionally complete Kosher Halal Gluten-free Suitable for lactose intolerance Flavors: Dark Chocolate, Milk Chocolate, Strawberry, Strawberry, Butter Pecan, Vanilla .9 Cal per milliliter	Malnourished or at risk of malnutrition Involuntary weight loss Oral use Not for individuals with galactosemia
Ensure High Protein Shake	Abbott (6) 8 fl oz carton	High protein supplemental nutrition Kosher Halal Gluten-free Suitable for lactose intolerance Contains sucralose and acesulfame potassium Flavors: Milk chocolate, Vanilla, Strawberry, Creamy Caramel .67 Calorie per milliliter	For individual that needs protein but may not require additional calories. For oral use For supplemental nutrition Not for people with galactosemia
Ensure Plus Nutrition Shake	Abbott (6) 8 fl oz carton	Nutritionally Complete Drink (interim sole-source nutrition) Kosher Halal Gluten-free Suitable for lactose intolerance Flavors: Dark Chocolate, Milk Chocolate, Vanilla, Creamy Strawberry Caramel 1.5 Calorie per milliliter	Malnutrition At Nutritional Risk For oral use Not for people with galactosemia

Glucerna Shake	Abbott (6) 8 fl oz carton	Supplemental Nutrition Gluten-free Kosher Halal Suitable for lactose intolerance Contains Acesulfame potassium, sucralose Flavors: Butter Pecan, Creamy chocolate, Chocolate caramel Strawberry & Cream, Vanilla .76 Cal per milliliter	For diabetes type 1 or type 2, or abnormal glucose response. For oral use Not for people with galactosemia
Novasource Renal	Nestlé 8 fl oz carton	Nutritionally complete formula In 1 carton (237mL): 21.6 Oz Protein (18%) 23.8 g Fat Osmolarity 800 mOsm/kg Free Water 72% Suitable for: Lactose intolerance, Gluten-free Low residue Kosher Flavors: Vanilla, Café Mocha, Strawberry 2 Cal per milliliter	Chronic kidney disease on Dialysis (CKD) Acute kidney injury (AKI) Electrolyte restriction or fluid restriction due to AKI or CKD For Oral supplementation or tube feeding Malnutrition Not for people with galactosemia
Peptamen	Nestlé 8.45 fl oz (250 ml)	Peptide - Based Complete Nutrition MCT oil 70% Meets 100% RDI for 23 key micronutrients in 1.5 L Suitable for lactose intolerance Gluten-free Low Residue 100% Whey protein Unflavored 1.0 Cal per milliliter	Impaired GI function: <ul style="list-style-type: none"> • Malabsorption • Pancreatitis • Short bowel syndrome • Chronic diarrhea, • Crohn's disease/IBD • Cystic fibrosis • Delayed gastric emptying • Cerebral palsy • Malnutrition • Malabsorption related to cancer treatment • Celiac disease with malabsorption • Transition from or dual feeding with TPN For tube feeding
Peptamen 1.5 Cal	Nestlé 8.46 fl oz tetra	Peptide Based MCT oil 70 % 100% whey protein Meets 100% RDI for 23 key micronutrients in 1 L Gluten-free Low residue Contains sucralose 1.5 Cal per milliliter	Impaired GI function: Shortened feeding schedules, Elevated protein requirements, Fluid/volume restrictions, Malabsorption, Pancreatitis, Short bowel syndrome, Chronic Diarrhea, Cystic fibrosis, Cerebral palsy, Crohn's disease/IBD For tube feeding or oral supplementation

Peptamen AF with Prebiotics	Nestlé 8.45 fl oz cartons	Peptide-Based Complete Nutrition MCT oil 50% EPA and DHA (omega 3 fatty acids) Antioxidants (Vit C, E, Selenium) Prebiotics Soluble Fibers (FOS, Inulin) Meets 100% RDI for 24 key micronutrients in 1.25 L Osmolality 390 mOsm/kg Free Water 81% Suitable for: Lactose intolerance, Gluten-free Low residue 1.2 Cal per milliliter	Impaired GI function Critical illness with GI dysfunction <ul style="list-style-type: none"> • ARDS/ALI • Sepsis • Inflammatory conditions Early enteral feeding Short bowel syndrome Transition from TPN
Vivonex RTF	Nestlé 8.45 fl oz tetra	Amino acid-based Complete elemental nutrition Meets 100% RDI for 24 key micronutrients in 1.5 L 10% of from fat^^ Osmolarity 630 mOsm/kg water Suitable for: Lactose-free Gluten-free Low residue Kosher Unflavored 1.0 Cal per milliliter	Severe impaired GI function <ul style="list-style-type: none"> • Severe protein and fat malabsorption • Transitional feeding • Extensive bowel resection • Malabsorption syndrome • Select trauma/surgery • Early post-operative feeding • Intestinal failure • Pancreatitis • Chylothorax • TPN alternative • Dual feeding with TPN Stressed catabolic patients Tube feeding

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BCAD2	Mead Johnson Powder 16 oz can	Free of the branched chain amino acids: isoleucine, leucine, and valine. Provides other essential amino acids, nonessential amino acids, carbohydrates, fats, essential fatty acids, vitamins and minerals Lactose-free Vanilla scent	Maple syrup urine disease (MSUD) Other inborn errors of branched chain amino acid metabolism Use under direct and continuing supervision of a doctor For children and adults
HCY2	Mead Johnson Powder 16 oz can	Methionine-free Provides other essential amino acids Provides non-essential amino acids, carbohydrates, fats, essential fatty acids, vitamins and minerals Lactose-free Vanilla scent	Homocystinuria Use under direct and continuing supervision of a doctor For children and adults

Lophlex Powder	Nutricia Powder Box (30 Sachets X 14.3g)	10 g Protein equivalent per sachet 2.5 Fl Oz dilution per sachet Phenylalanine-free Low volume Low calorie (42 Calories per sachet) Flavors: Orange, Berry Not intended as a sole source of nutrition.	Phenylketonuria (PKU) Must be given under strict medical supervision in individuals with a proven metabolic disorder. For older children and adults, including pregnant women and women in child-bearing age.
Monogen with DHA	Nutricia Powder 14.1 oz	Milk protein based. Fat 24% of calories MCT oil 80% Complete profile of vitamins and minerals, trace elements Osmolarity: 22 Kcal/fl Oz: 250 mOsm/kg 30 Kcal/fl Oz: 370 mOsm/kg Not intended as a sole source of nutrition.	Long chain fatty acid oxidation disorder Hyperlipoproteinemia type 1 Chylothorax Intestinal lymphangiectasia Intractable malabsorption with steatorrhea Post-operative feeding in short bowel syndrome Other lipid and lymphatic disorders where a low fat, high MCT diet is indicated. For oral or tube feeding For individuals over 1 year of age
Phenex-2	Abbott Powder 14.1 oz can	Phenylalanine-free Provides L-tyrosine, L-carnitine, taurine Fat 30% Provides adequate amount of all nutrients considering Abbott protocols Flavors: Vanilla Unflavored Lactose-free Gluten-free Halal	For phenylketonuria (PKU) or hyperphenylalaninemia For children and adults
Phenyl-free2	Mead Johnson Powder 16 oz can	Phenylalanine-free Provides other essential amino acids Provides non-essential amino acids, carbohydrates, fats, essential fatty acids, vitamins and minerals	Phenylketonuria (PKU) Use under direct and continuing supervision of a doctor For children and adults
Phenyl-free 2HP	Mead Johnson Powder 16 oz can	Phenylalanine-free Higher in protein equivalents and most vitamin and minerals than Phenyl-free2.	Phenylketonuria (PKU) For women with maternal PKU Use under direct and continuing supervision of a doctor For children and adults who requires fewer calories than provided by Phenyl-free2

Portagen	Mead Johnson Powder 14.46 oz can	Milk based (Contains milk protein) MCT oil 87% Corn oil provides linoleic acid Not nutritionally complete If used long term, supplementation of essential fatty acids and ultra-trace minerals should be considered	Defects in the intraluminal hydrolysis <ul style="list-style-type: none"> Decreased pancreatic lipase Decreased bile salt Defective mucosal fat absorption <ul style="list-style-type: none"> Decreased mucosal permeability Decreased absorptive surface Defective lymphatic transport of fat <ul style="list-style-type: none"> Intestinal lymphatic obstruction For children and adults
Propimex-2	Abbott Powder 14.1 oz	Amino Acid-Modified Medical Food Methionine-free Valine-free Low in isoleucine and threonine Provides L-carnitine and Taurine Fat 30% Provides adequate amount of all nutrients considering Abbott protocols Lactose-free Gluten-free Halal	For propionic or methylmalonic acidemia Precaution: Must be supplemented with protein and fluid in prescribed amounts to completely meet isoleucine, methionine, threonine, valine and water equivalents For children and adults
Tyros 2	Mead Johnson Powder 16 oz can	Phenylalanine-free Tyrosine-free Provides other essentials amino-acids and non-essential amino acids Lactose-free Vanilla scent Vitamins and minerals appropriate for children and adults	Inborn errors of tyrosine metabolism Tyrosinemia type II For children and adults
WND2	Mead Johnson Powder 16 oz can	Provides essential amino acids, carbohydrates, fat, essential fatty acids, vitamins and minerals. Free of non-essential amino acids Lactose-free Vanilla scent Vitamins and minerals appropriate for children and adults	Inborn errors of the urea cycle (Waste nitrogen disorder) Use under direct and continuing supervision of a doctor For children and adults
Xleu Maxamum	Nutricia Powder 454g (1 LB)	Leucine-free medical food Balanced mixtures of all other essential and non-essential amino acids, carbohydrates, vitamins, minerals and trace elements (including iron, selenium and chromium) Contain <1g fat per 10g PE 40 gram of protein equivalent per 100g of powder Flavor: Orange	For isovaleric acidemia Other proven disorders of leucine metabolism For children and adults

Xmet Maxamum	Nutricia Powder 454g (1 LB)	Methionine-free medical food Balanced mixtures of all other essential and non-essential amino acids, carbohydrates, vitamins, minerals and trace elements Contain <1g fat per 10g PE 40 gram of protein equivalent per 100g of powder Flavor: Orange	Vitamin B-6 non-responsive homocystinuria Hypermethioninemia For older children and adults including pregnant women and women of child-bearing age
XMTVI Maxamum	Nutricia Powder 454g (1 LB)	Methionine-free Valine-free Threonine-free Isoleucine-low Balanced mixtures of all other essential and non-essential amino acids, carbohydrates, vitamins, minerals and trace elements Contain <1g fat per 10g PE 40 gram of protein equivalent per 100g of powder	Vitamin B12 non-responsive methylmalonic acidemia Propionic acidemia For older children and adults including pregnant women and women of child-bearing age
Xphe Maxamum	Nutricia Powder 454g (1 LB)	Phenylalanine-free Balanced mixtures of all other essential and non-essential amino acids, carbohydrates, vitamins, minerals and trace elements Contain <1g fat per 10g PE 40 gram of protein equivalent per 100g of powder Flavors: Orange Unflavored	Phenylketonuria (PKU) For older children and adults including pregnant women and women of child-bearing age
^ Use under medical supervision.			
^^ Under some circumstances, low quantities of fats, may be insufficient to meet the essential fatty acids requirements of the patient. Vivonex RTF should be utilized only under medical supervision.			
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