

# INTERVENTION

- Environmental home assessment, asthma specific
- 2-prong approach, patient self management education and environmental asthma trigger reduction
- Provide practical low cost environmental remedies
- Free program for adults and children
- Services currently provided through local health departments.

Ledgelight Health District, New London

Milford Health Department, Milford

Naugatuck Valley Health District, Seymour

North Central Health District, Brooklyn

Central CT Health District, Rocky Hill



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# Indoor Asthma Triggers

- **Dust Mites**
- **Mold**
- **Cockroaches and Rodents**
- **Environmental Tobacco Smoke**
- **Pets**
- **Heating Systems**
- **Consumer Products**



# PARTICIPATING TOWNS

Central CT Health District	Northeast District Dept of Health	Naugatuck Valley Health District	Ledgelight Health District	Milford Health Department	Stratford Health Dept	
Avon	Andover	Ansonia	Bozrah	Bethany	Bethel	
Berlin	Ashford	Barkhamsted	Colchester	East Haven	Bridgeport	
Canton	Bolton	Beacon Falls	East Lyme	Hamden	Danbury	
East Granby	Brooklyn	Cheshire	Franklin	Meriden	Fairfield	
East Windsor	Canterbury	Colebrook	Griswold	Milford	Greenwich	
Enfield	Chaplin	Derby	Lebanon	New Haven	Monroe	
Farmington	Columbia	Hartland	Ledyard	North Branford	Stamford	
Granby	Coventry	Naugatuck	Lisbon	North Haven	Stratford	
Hartford	Eastford	New Hartford	Lyme	Orange	Trumbull	
New Britain	Ellington	New Milford	Montville	West Haven	Weston	
Newington	Hampton	Oxford	New London		Westport	
Plainville	Killingly	Prospect	North Stonington			
Rocky Hill	Mansfield	Seymour	Norwich			
Suffield	Plainfield	Shelton	Old Lyme			
Wethersfield	Pomfret	Southbury	Preston			
Windsor Locks	Scotland	Wolcott	Salem			
	Stafford	Woodbridge	Sprague			
	Vernon	Woodbury				
	Windham/Willimantic					

# AIRS COORDINATORS

Region	Contact Person	Phone #	E-mail	Address
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