

HEALTHY CONNECTICUT 2020: A CALL TO ACTION

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Association of State and Territorial Health Officials



ASTHO: From Micronesia to Alaska and Across the U.S. to the Virgin Islands



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Congratulations, Connecticut!



Healthy Connecticut 2020



2 State Health Improvement Plan

HP2020 Leading Health Indicators

- Maternal & Infant Health
- Environmental Determinants
- Chronic Disease
- Injury
- Mental Health
- Substance Abuse
- Tobacco
- Access to Care
- Quality of Care

- Healthy Behaviors
- Social Determinants
- Responsible Sexual Behavior

HP Connecticut Focus Areas

- ▶ Maternal, Infant and Child Health
- ▶ Environmental Risk Factors and Health
- ▶ Chronic Disease Prevention and Control
- ▶ Injury and Violence Prevention
- ▶ Mental Health, Alcohol and Substance Abuse
- ▶ Health Systems

- ▶ **Using a social determinants framework, adopting a health equity and healthy communities approach**

Healthy Connecticut 2020

Each workgroup was charge with developing objectives for:

- The General Population
- Reducing disparities for specific populations

WHO: Goodness and Fairness



From Planning to Action

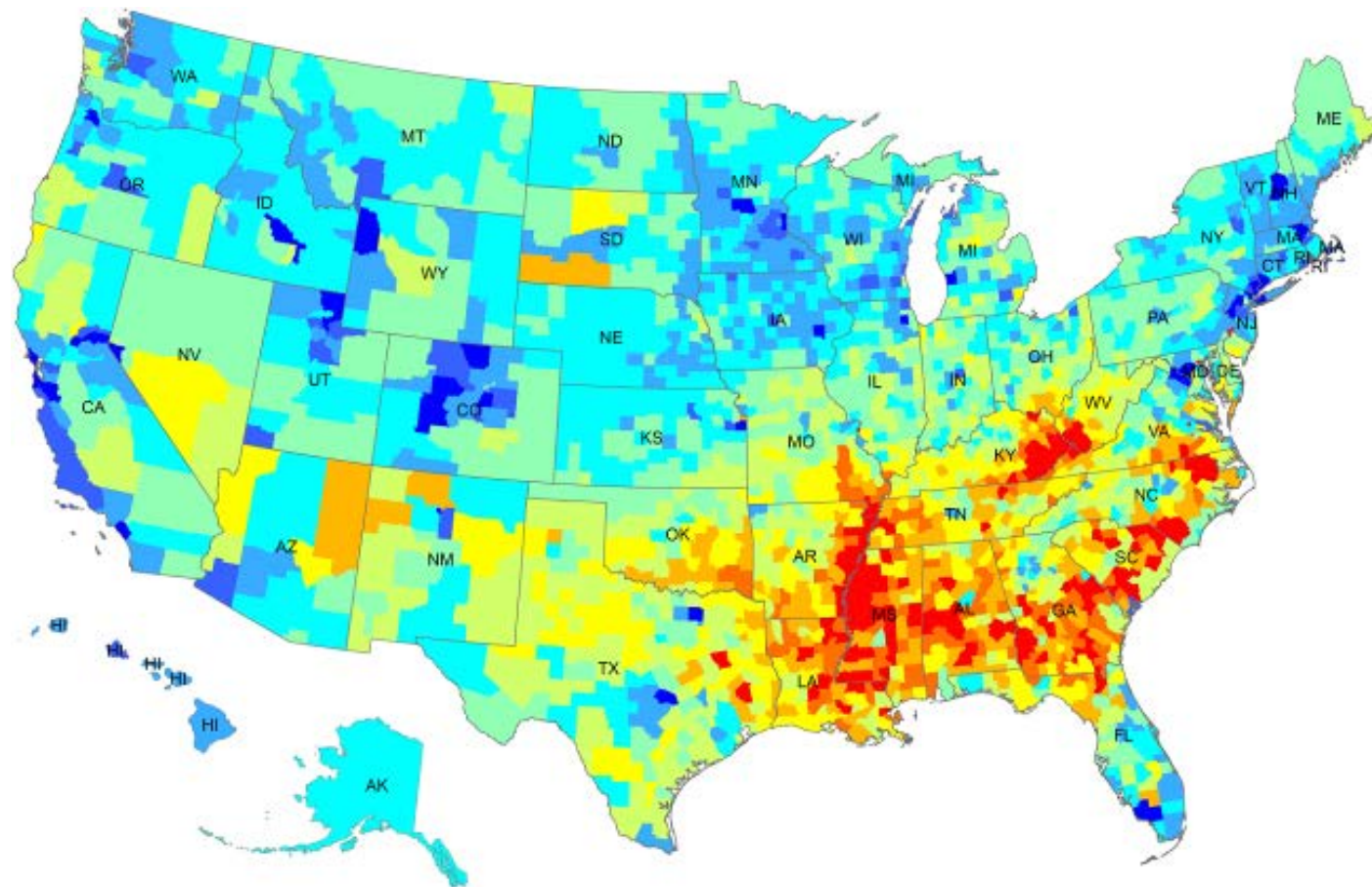


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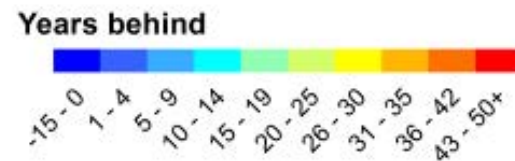


2 State Health Improvement Plan

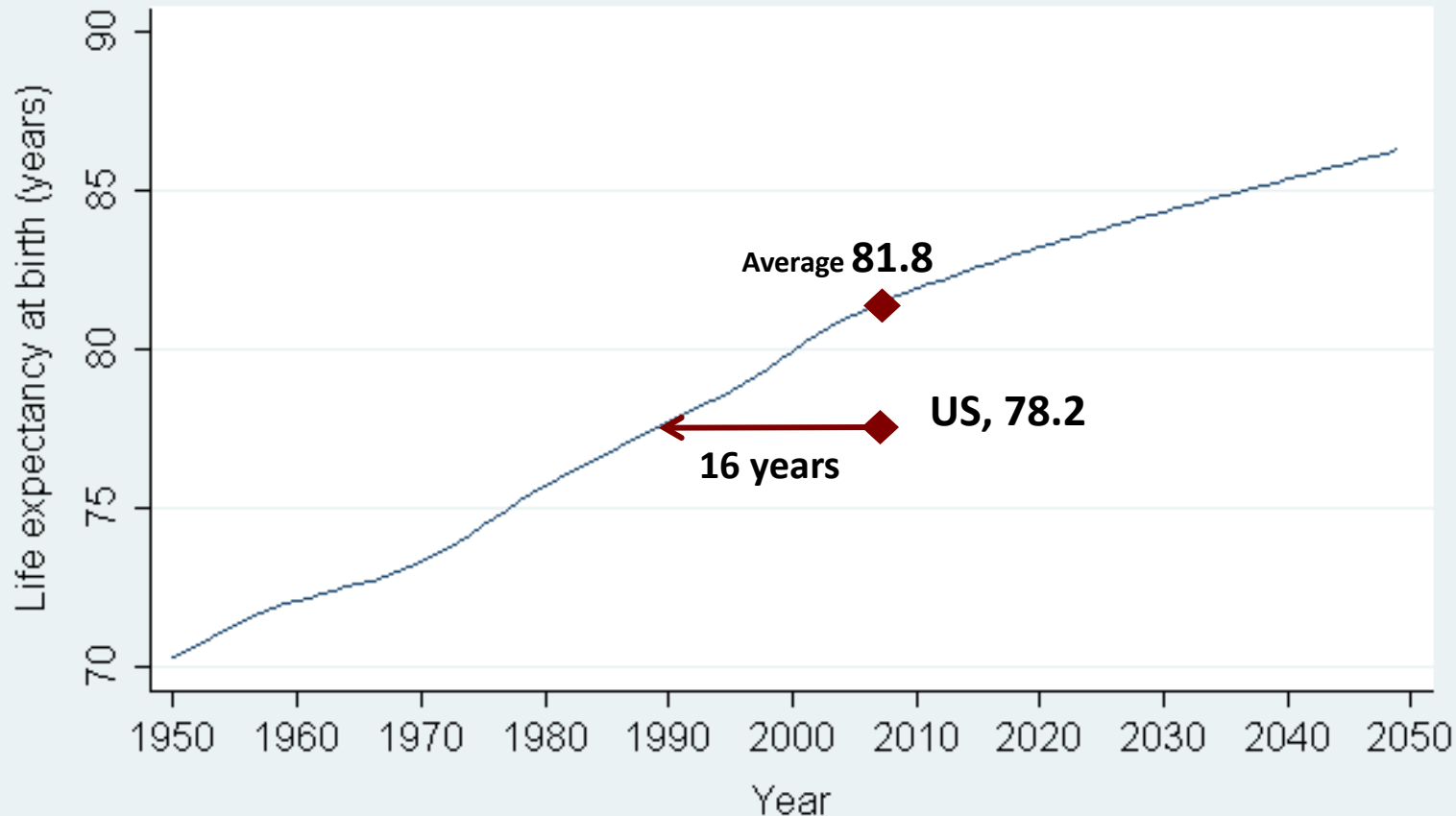
Life expectancy, by county, compared to the world's 10 best countries



Murray, C JL and Ezzati, M. "Falling behind: life expectancy in US counties from 2000 to 2007 in an international context," Population Health Metrics, June 2011



Historic and projected life expectancy of the longest-lived countries, by year, 1950 to 2050

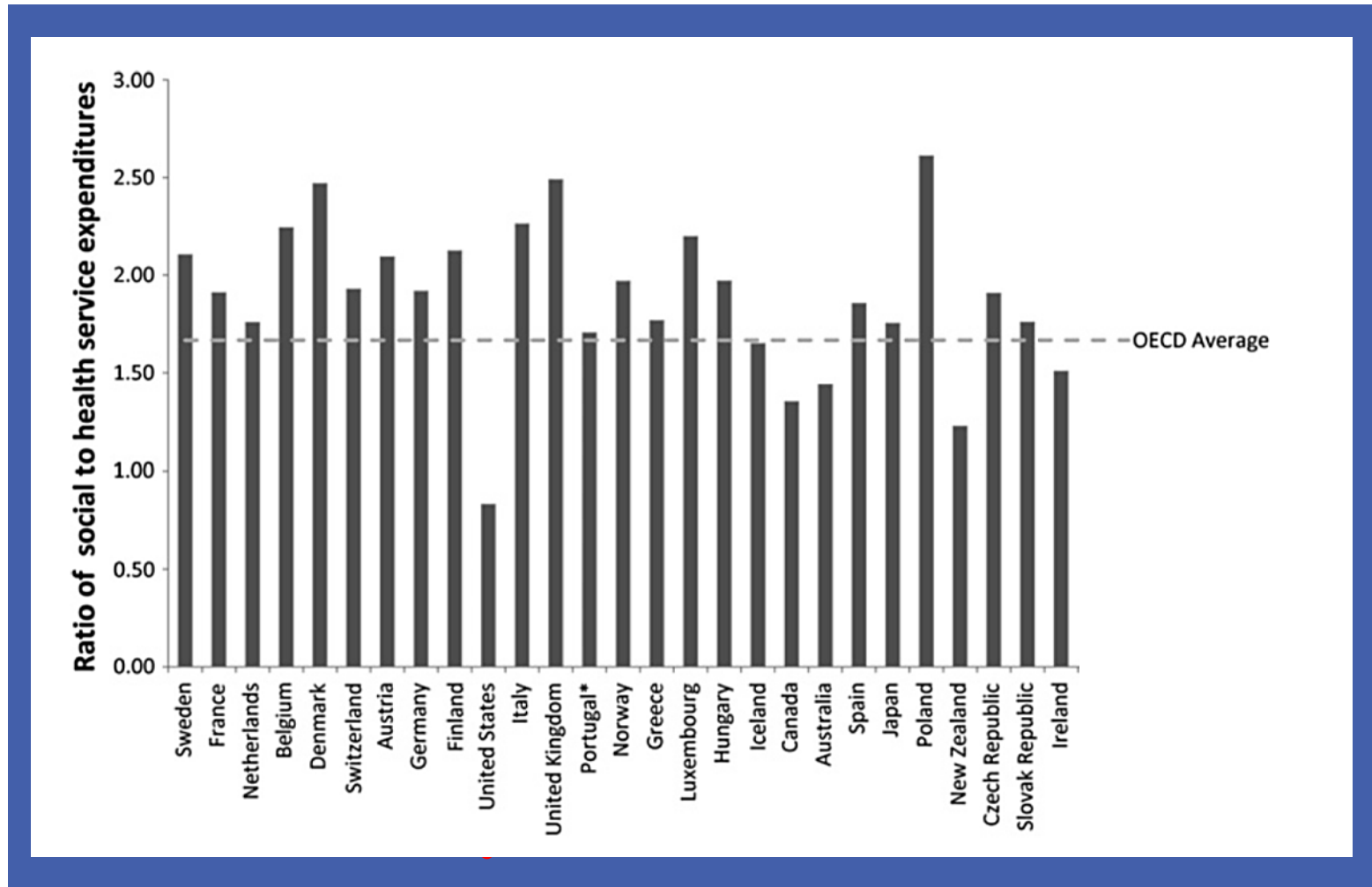


Source: Institute for Health Metrics and Evaluation, University of Washington and Public Health - Seattle & King County, APDE

Comparison group

Australia
Canada
Finland
France
Hong Kong
Iceland
Israel
Italy
Japan
Macao
Norway
Spain
Sweden
Switzerland

Ratio of social to health services spending by country



Source: *BMJ Quality & Safety*. Health and social services expenditures: associations with health outcomes. EH Bradley, BR Elkins, J Herrin, B Elbel, March 2011

CT in America's Health Ranking



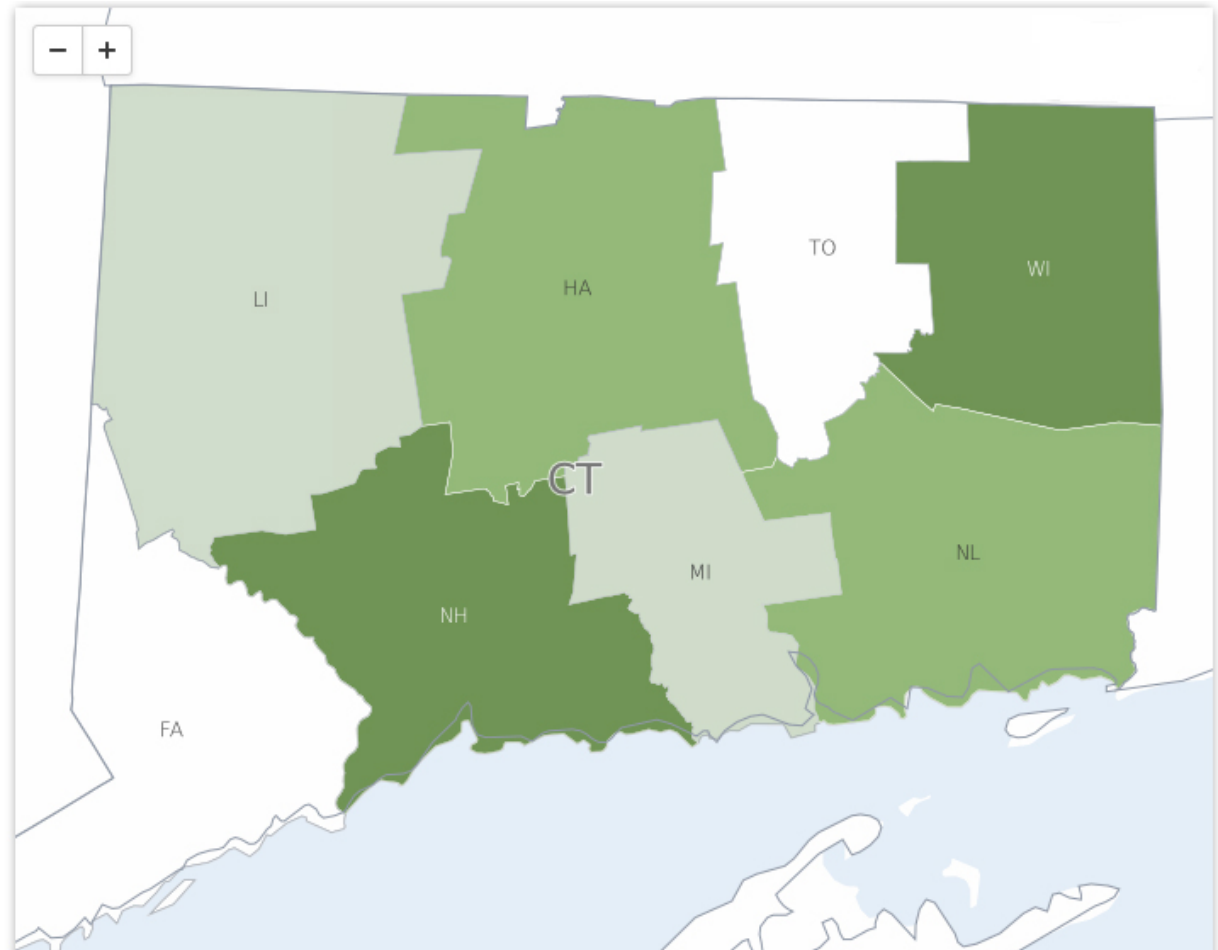
America's Health Rankings – Disparities

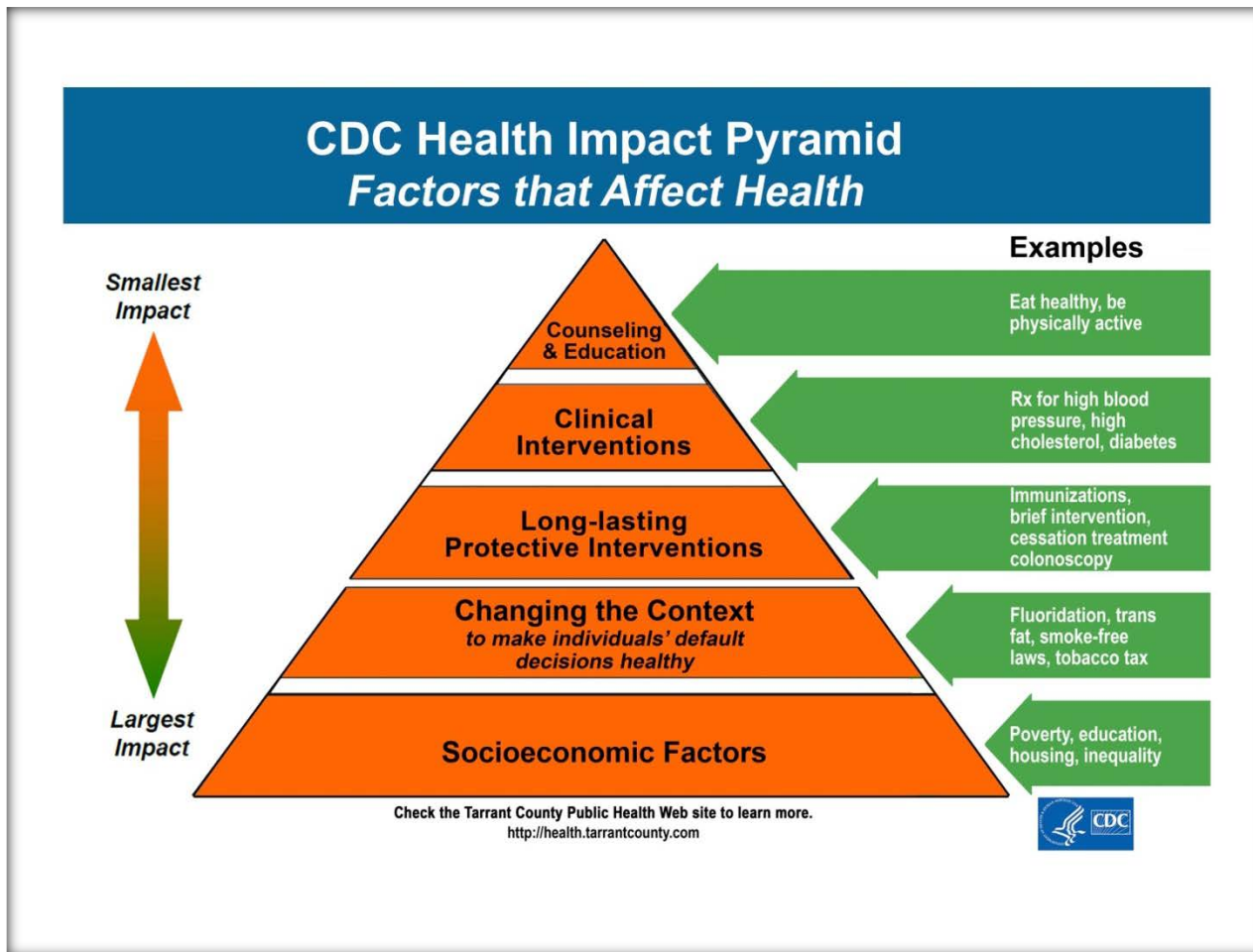
- ▶ Percent of adults over age 25 who report their health is very good or excellent:
 - At least a high school education: 60.3%
 - Less than a high school education: 26.9%
 - Gap of 33.4%
 - Connecticut Ranked 43rd among states

CT County Health Rankings

Health Outcomes
Overall Rank

Rank	County
1	Tolland (TO)
2	Fairfield (FA)
3	Middlesex (MI)
4	Litchfield (LI)
5	New London (NL)
6	Hartford (HA)
7	Windham (WI)
8	New Haven (NH)





Health Begins where people live, learn, work, and play.



County Health Rankings

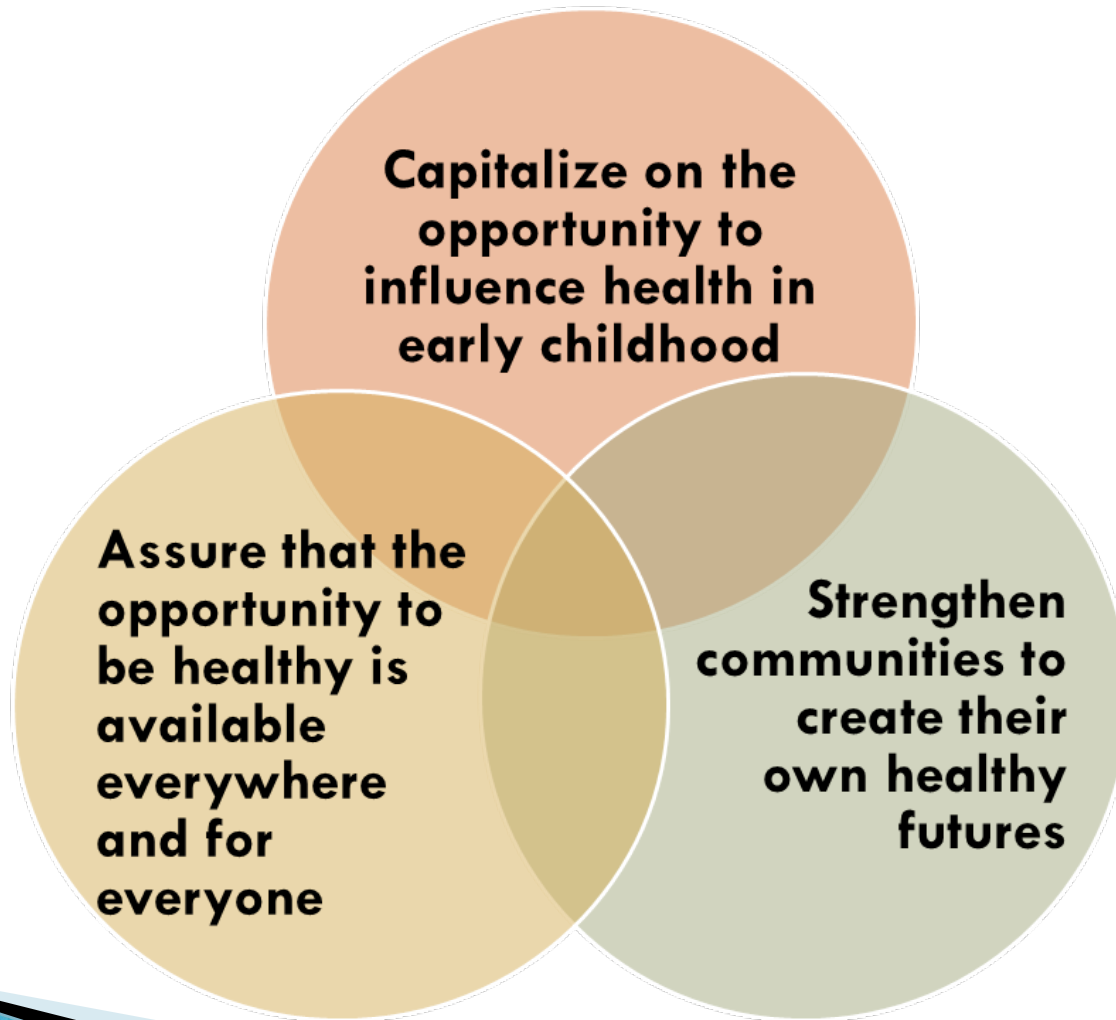


Healthy Minnesota 2020 Vision

**All people in Minnesota
enjoy healthy lives and
healthy communities.**

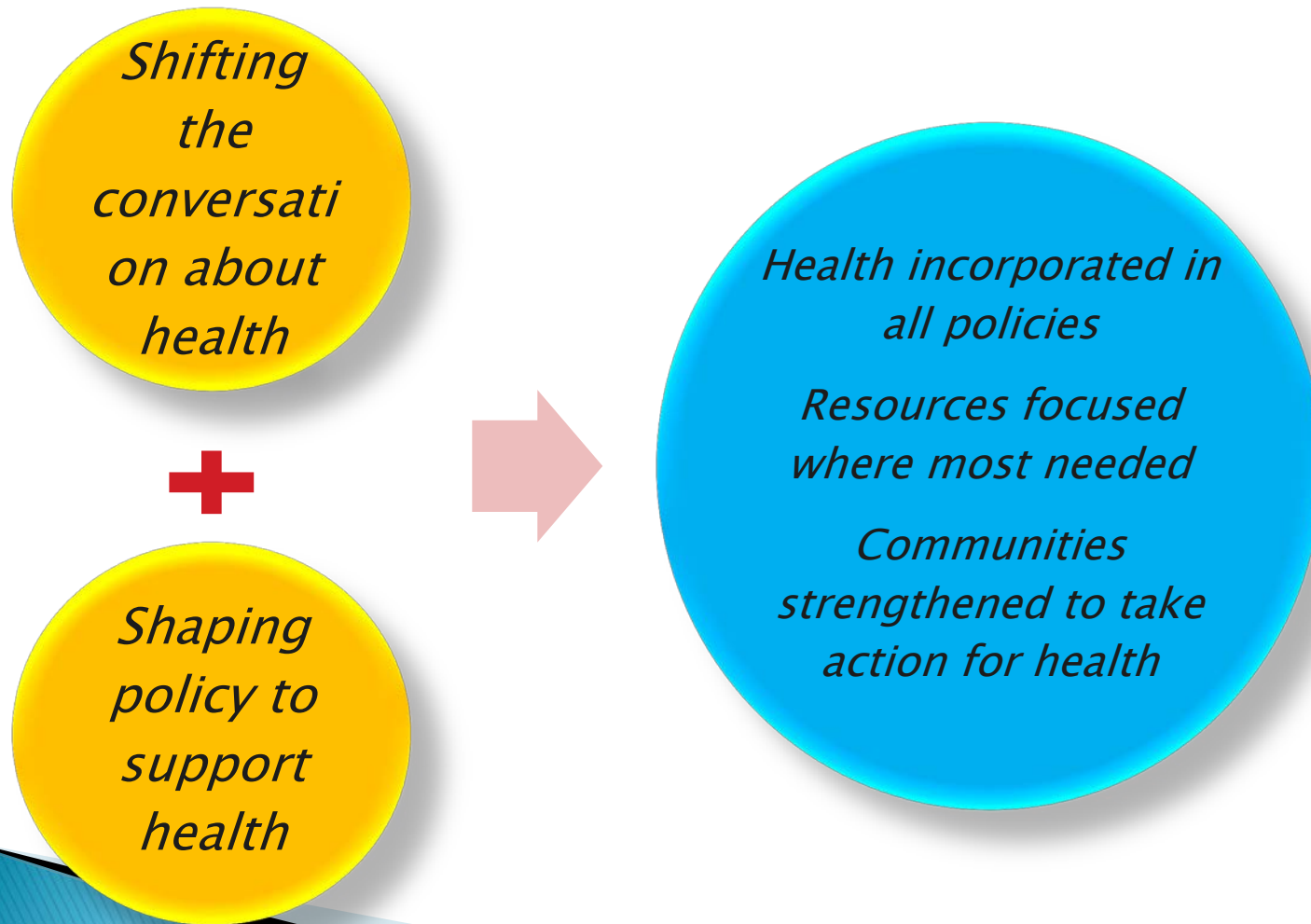


Healthy Minnesota 2020 Themes

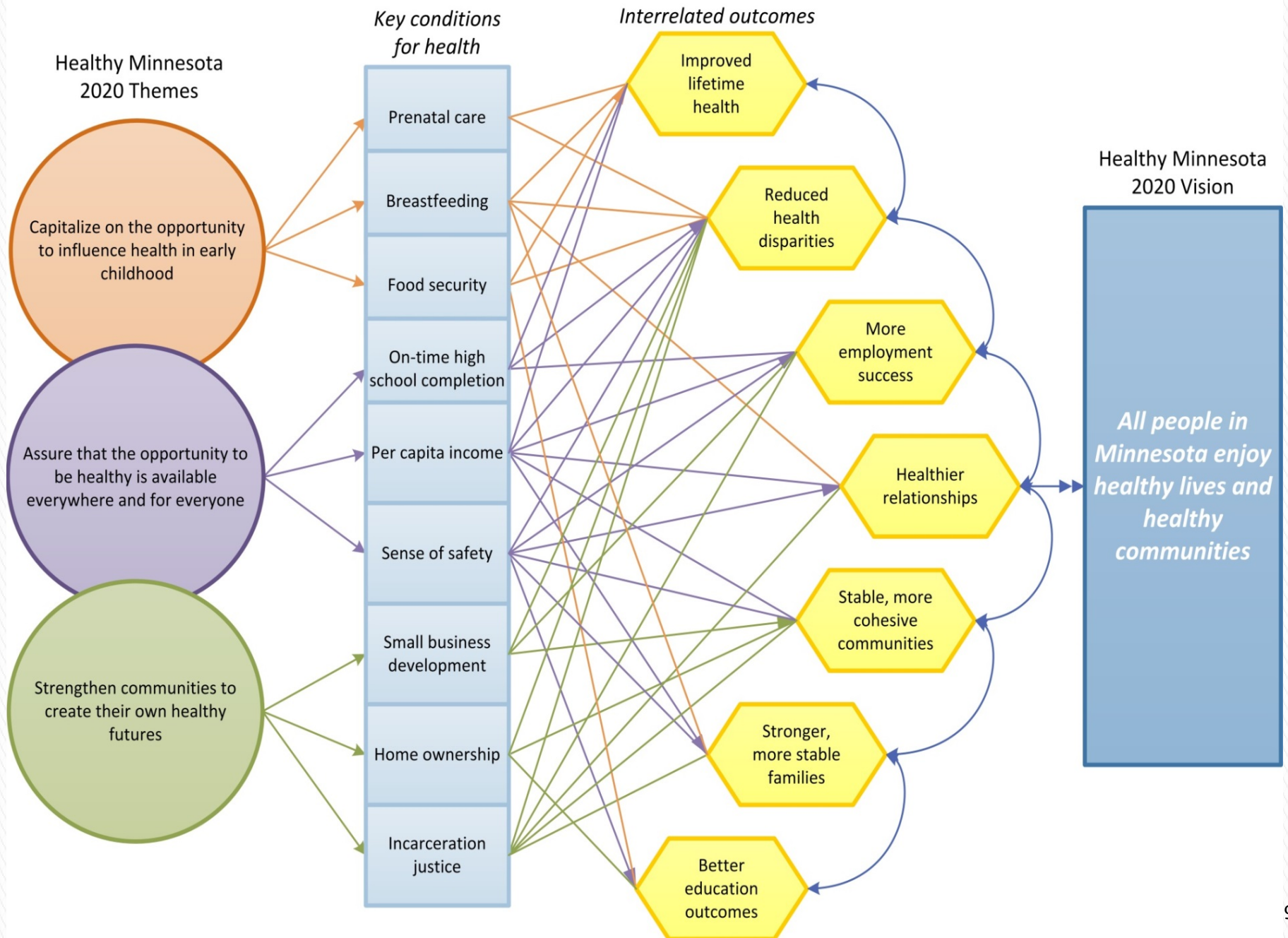


Healthy Minnesota 2020

Strategic Approach



Healthy Minnesota 2020

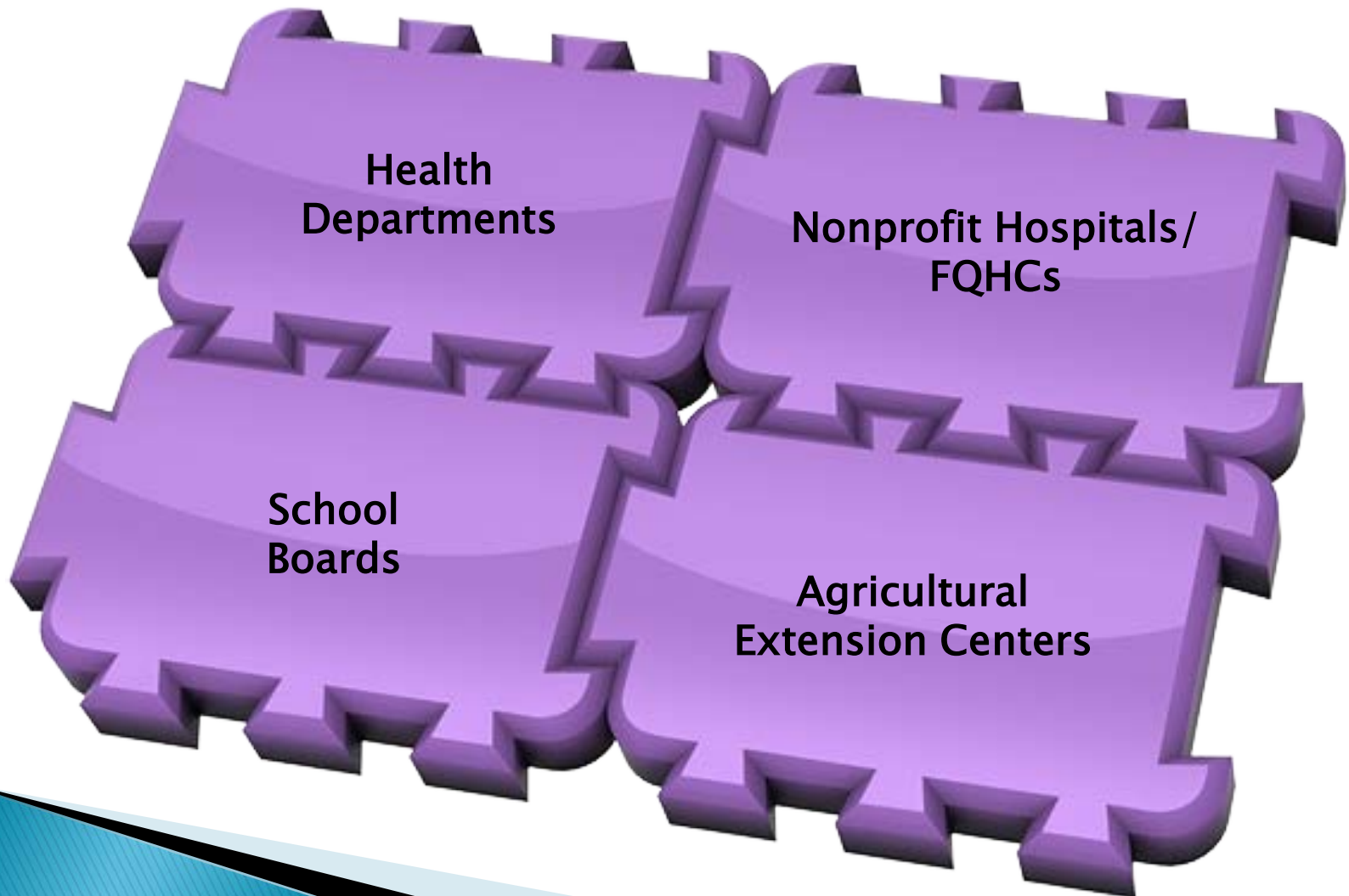


Lessons from the Minnesota Experience

- ▶ Capitalize on momentum
- ▶ Get the right people on the bus
- ▶ Create Strategy teams: Break the job down into actions
- ▶ Diverse input– include the “**absent narratives**”
- ▶ Share your experience and learn from others

“The Partnership has a sense that they are on the leading edge of something; it is new, innovative and we are finding our way by practicing as we go. The strategic approach of developing a new public narrative about health and promoting the adoption of health in all policies makes it possible to invite many people to join our work.”

Aligning Different Sectors



Start a Movement!



Healthy Connecticut 2020



2 State Health Improvement Plan